



## Ace Aquatics Group Move-up Policy

At the end of seasons, coaches promote a group of swimmers to new practice groups. Before each "move-up" period, coaches will evaluate current Ace Aquatics team members for possible promotion. The following is a rough outline of factors the coaches use when determining practice group "move-ups."

- For a swimmer to advance to the next practice group, there must be space available in the next group. However, coaches will make sure swimmers are challenged regardless of their group placement.
- For swimmers to be eligible for a group promotion, they must have been swimming with the team in the two months prior to the evaluation period.
- Lane leadership experience in the current practice group is a key consideration in group promotion.
- Swimmers attending the expected number of practice sessions for their group will be considered for promotion.
- Swimmers consistently completing all practice sets on the prescribed intervals will be considered for promotion.
- A swimmer's behavior at practice is considered when determining move-ups. Swimmers listening to the coach's instructions, not disrupting practice, behaving maturely, encouraging their teammates, and giving appropriate effort during practice will be considered for promotion.
- A swimmer's age will be considered. When possible, an attempt will be made to keep swimmers of similar ages in the same practice groups.
- A swimmer's participation in Ace Aquatics attended meets will be considered.

**\*End of season time-frames do not apply to Bronze and Silver group swimmers\***

**\*\* Whether or not an athlete is promoted to a new group is solely the coaching staff's decision.** Many factors are evaluated in making these decisions. Understand that coaches want to set swimmers up for success by placing them in a group that appropriately challenges their current skill set. \*\*