

FINA Artistic Swimming Development School for Judges – Beginner Level Programme

Day 1 Morning session

Introduction FINA Handbook and the FINA AS Judges

Manual (30')

A Module Basic positions and basic movements (1h30)

A Module 2 FINA AG 12 & Under Figures (1h30)

Afternoon session

B Module 1 Introduction to Technical Components of AS

Routines (1h30)

B Module 4 Introduction to Artistic Components of AS Routines

(1h30)

Day 2 Morning session

C Module 1 Basics for figures scoring. Elementals of scale for

figures (1h30)

C Module 2 Use of expanded marking scale and height charts

in figures (1h30)

Afternoon session

C Module 3 Free routine scoring basics: the categories (3 h)

Day 3 Morning session

E Ethics (1 h)

Practice More video refreshing - Figures and routines

Questions (1-2 h)

Afternoon session Examination

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