

RECORDS CISC

LC Meters-Women

11-12	50 Free	27.41	1-Jul-96	PUR	Vanessa M. Garcia
	100 Free	1:00.26	29-Jun-16	JAM	Emily MacDonald at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSH
	200 Free	2:13.90	1-Jul-84	PUR	Rita Garay
	400 Free	4:40.40	26-Jun-12	BAR	Hannah Gill
	50 Back	31.98	29-Jun-16	SUR	Sade Simons at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSHIP
	100 Back	1:08.65	28-Jun-14	BAR	Danielle Titus at XX CARIBBEAN ISLANDS SWIMMING CHAMPIONSHIP
	200 Back	2:30.31	28-Jun-10	TRI	Tyla Martin
	50 Breast	34.92	28-Jun-14	CUR	Chade Nersicio at XX CARIBBEAN ISLANDS SWIMMING CHAMPIONSHI
	100 Breast	1:17.13	28-Jun-14	CUR	Chade Nersicio at XX CARIBBEAN ISLANDS SWIMMING CHAMPIONSHI
	200 Breast	2:50.23	21-Jul-00	PUR	Isvia Cruz
	50 Fly	29.59	29-Jun-16	SUR	Sade Simons at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSHIP
	100 Fly	1:06.05	28-Jun-10	TRI	Tyla Martin
	200 Fly	2:28.22	27-Jun-06	PUR	Emily A Ramirez
	200 IM	2:31.20	18-Jul-08	PUR	Barbara Caraballo
	400 Free Relay	4:12.76	1-Jul-96	PUR	V. Garcia, S. Mojica, E. Lopez, L. Catala
	800 Free Relay	9:23.72	29-Jun-16	PUR	PUERTO RICO C. Villarini, A. Molina, M. Guzmán, A. Vega
	400 Medley Relay	4:47.32	1-Jul-96	PUR	E. Lopez, C. Fodor, L. Catala, V. Garcia
13-14	50 Free	26.56	29-Jun-16	CUR	Chade Nersicio at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSH
	100 Free	58.45	29-Jun-16	CUR	Chade Nersicio at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSH
	200 Free	2:10.12	29-Jun-16	ARU	Elisabeth Timmer at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONS
	400 Free	4:30.99	28-Jun-14	BAR	Hannah Gill at XX CARIBBEAN ISLANDS SWIMMING CHAMPIONSHIPS
	800 Free	9:13.49	28-Jun-14	BAR	Hannah Gill at XX CARIBBEAN ISLANDS SWIMMING CHAMPIONSHIPS
	50 Back	30.12	29-Jun-16	BERAG	Emma Harvey at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSHI
	100 Back	1:05.92	29-Jun-16	BERAG	Emma Harvey at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSHI
	200 Back	2:25.18	1-Jul-86	PUR	Rita Garay
	50 Breast	34.14	29-Jun-16	CUR	Chade Nersicio at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSH
	100 Breast	1:14.61	29-Jun-16	CUR	Chade Nersicio at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSH
	200 Breast	2:42.74	28-Jun-14	BAH	Albury Higgs at XX CARIBBEAN ISLANDS SWIMMING CHAMPIONSHIP
	50 Fly	28.55	29-Jun-16	BERAG	Emma Harvey at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSHI
	100 Fly	1:04.20	29-Jun-16	BERAG	Emma Harvey at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSHI
	200 Fly	2:24.26	28-Jun-10	BAR	Zabrina Holder
	200 IM	2:26.07	28-Jun-14	BAH	Albury Higgs at XX CARIBBEAN ISLANDS SWIMMING CHAMPIONSHIP
	400 IM	5:17.98	28-Jun-10	BAR	Zabrina Holder
	400 Free Relay	4:06.66	28-Jun-10	ARU	D. van den Berg, C. Maduro, G. Ponson, A. Ponson
	800 Free Relay	8:59.32	28-Jun-14	BAR	Barbados M. Treasure, R. Lashley, K. Bynoe, H. Gill
	400 Medley Relay	4:39.33	29-Jun-16	TTO	Trinidad & Tobago J. Harley, G. Donahue, J. Chai, D. Williams
15-17	50 Free	25.91	1-Jul-96	BAR	Leah Martindale
	100 Free	56.74	1-Jul-96	BAR	Leah Martindale
	200 Free	2:06.68	1-Jul-98	JAM	Janelle Atkinson
	400 Free	4:24.59	1-Jul-98	JAM	Janelle Atkinson
	800 Free	8:56.76	1-Jul-98	JAM	Janelle Atkinson
	50 Back	29.81	28-Jun-14	TTO	Kristin Julien at XX CARIBBEAN ISLANDS SWIMMING CHAMPIONSHIP
	100 Back	1:05.22	28-Jun-14	TTO	Kristin Julien at XX CARIBBEAN ISLANDS SWIMMING CHAMPIONSHIP
	200 Back	2:20.38	5-Jul-04	DOM	Laura A Rodriguez
	50 Breast	33.43	5-Jul-04	JAM	Alia Atkinson
	100 Breast	1:13.24	6-Jul-04	JAM	Alia Atkinson
	200 Breast	2:36.83	29-Jun-16	BAH	Albury Higgs at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSHIP
	50 Fly	28.44	29-Jun-16	PUR	Celismar Guzman at XXI CARIBBEAN ISLANDS SWIMMING CHAMPION

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15-17	100 Fly	1:03.48	29-Jun-16	JAM	Kelsie Campbell at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSHI
	200 Fly	2:22.94	28-Jun-14	PUR	Marines Rosario at XX CARIBBEAN ISLANDS SWIMMING CHAMPIONSH
	200 IM	2:23.57	6-Jul-04	JAM	Alia Atkinson
	400 IM	5:05.59	29-Jun-16	BAH	Albury Higgs at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSHIP
	400 Free Relay	4:00.25	29-Jun-16	ARU	Aruba A. Schreuders, K. Maduro, R. Maduro, F. Kock
	800 Free Relay	8:47.43	29-Jun-16	PUR	PUERTO RICO J. DE Jesus, M. Lugo, L. Figueroa, C. Guzman
	400 Medley Relay	4:29.98	29-Jun-16	PUR	PUERTO RICO C. Guzman, J. Pérez, G. Gonzalez, L. Figueroa
18 & O	50 Free	25.90	29-Jun-16	TTO	Cherelle A. Thompson at XXI CARIBBEAN ISLANDS SWIMMING CHAMPI
	100 Free	56.74	29-Jun-16	BAH	Joanna Evans at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSHIP
	200 Free	2:02.95	29-Jun-16	BAH	Joanna Evans at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSHIP
	400 Free	4:14.11	29-Jun-16	BAH	Joanna Evans at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSHIP
	800 Free	8:40.68	29-Jun-16	BAH	Joanna Evans at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSHIP
	50 Back	29.61	28-Jun-10	BER	Kiera Aitken
	100 Back	1:04.23	28-Jun-10	BER	Kiera Aitken
	200 Back	2:19.89	5-Jul-04	PUR	Gretchen Gotay
	50 Breast	32.44	29-Jun-16	SUR	Evita Leter at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSHIP
	100 Breast	1:12.01	27-Jun-12	BER	Lisa Blackburn
	200 Breast	2:38.13	3-Jul-04	ISV	Jane M Copland
	50 Fly	26.79	29-Jun-16	BAH	Arianna F. Vanderpool-Wallace at XXI CARIBBEAN ISLANDS SWIMMING (
	100 Fly	1:00.01	29-Jun-16	BAH	Arianna F. Vanderpool-Wallace at XXI CARIBBEAN ISLANDS SWIMMING (
	200 Fly	2:19.79	28-Jun-10	CUB	Yumileysis Morales
	200 IM	2:20.94	28-Jun-14	PUR	Barbara Caraballo at XX CARIBBEAN ISLANDS SWIMMING CHAMPIONS
	400 IM	5:03.37	4-Jul-02	PUR	Sonia Alvarez
	400 Free Relay	3:58.12	29-Jun-16	BAH	Bahamas J. Evans, B. Deveaux, L. Morley, A. Vanderpool-Wal
	800 Free Relay	8:41.81	4-Jul-04	JAM	J. Atkinson, T. Swaby, A. Thomson, A. Chuck
	400 Medley Relay	4:28.73	4-Jul-04	PUR	G. Gotay, A. Gonzalez, V. Martinez, S. Mojica
	800 Free Relay	8:41.81	4-Jul-04	JAM	JAM J. Atkinson, T. Swaby, A. Thomson, A. Chuck

RECORDS CISC

LC Meters-Men

11-12	50 Free	25.53	27-Jun-12	BER	Jesse Washington
	100 Free	56.36	23-Jun-12	BER	Jesse Washington
	200 Free	2:03.32	1-Jul-86	PUR	Jose M. Santa
	400 Free	4:26.17	28-Jun-14	SUR	Yael Touw Ngie Tjouw at XX CARIBBEAN ISLANDS SWIMMING CHAMPI
	50 Back	29.63	28-Jun-14	SUR	Yael Touw Ngie Tjouw at XX CARIBBEAN ISLANDS SWIMMING CHAMPI
	100 Back	1:03.07	28-Jun-14	SUR	Yael Touw Ngie Tjouw at XX CARIBBEAN ISLANDS SWIMMING CHAMPI
	200 Back	2:22.08	28-Jun-14	SUR	Yael Touw Ngie Tjouw at XX CARIBBEAN ISLANDS SWIMMING CHAMPI
	50 Breast	33.29	29-Jun-16	BAR	McCallum Clarke at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONS
	100 Breast	1:10.94	28-Jun-14	PUR	Daniel Chevere at XX CARIBBEAN ISLANDS SWIMMING CHAMPIONSHI
	200 Breast	2:36.83	29-Jun-16	BAR	McCallum Clarke at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONS
	50 Fly	27.80	28-Jun-14	SUR	Yael Touw Ngie Tjouw at XX CARIBBEAN ISLANDS SWIMMING CHAMPI
	100 Fly	1:00.29	1-Jul-92	TRI	Franz Huggins
	200 Fly	2:22.85	28-Jun-10	CUB	Huberto Del Rio
	200 IM	2:19.22	28-Jun-14	SUR	Yael Touw Ngie Tjouw at XX CARIBBEAN ISLANDS SWIMMING CHAMPI
	400 Free Relay	3:59.57	1-Jul-92	PUR	C. Ramos, A. Lopez, I. Octaviana, J. Seda
	800 Free Relay	8:56.87	29-Jun-16	PUR	PUERTO RICO E. Rivera, C. Paris, M. Lebron, D. Correa
	400 Medley Relay	4:30.01	1-Jul-86	PUR	J. Santa, J. Gonzalez, M. Santiago, R. Caragol
13-14	50 Free	24.05	28-Jun-10	TRI	Joshua Romany
	100 Free	53.03	28-Jun-10	TRI	Joshua Romany
	200 Free	1:56.49	1-Aug-88	PUR	Jose M. Santa
	400 Free	4:07.25	1-Jul-98	BAR	Damien Alleyne
	1500 Free	16:40.26	1-Jul-98	TRI	George Bovell
	50 Back	27.87	25-Jun-12	BAH	Dionisio Carey
	100 Back	58.89	29-Jun-16	PUR	Jarod A. Arroyo at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSH
	200 Back	2:08.44	29-Jun-16	PUR	Jarod A. Arroyo at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSH
	50 Breast	29.68	29-Jun-16	BAH	Izaak Z. Bastian at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSF
	100 Breast	1:06.24	29-Jun-16	BAH	Izaak Z. Bastian at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSF
	200 Breast	2:23.43	29-Jun-16	BAH	Izaak Z. Bastian at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSF
	50 Fly	25.75	29-Jun-16	SUR	Yael Touw Ngie Tjouw at XXI CARIBBEAN ISLANDS SWIMMING CHAMP
	100 Fly	57.40	24-Jun-12	SUR	Zuhayr Pigot
	200 Fly	2:10.38	25-Jun-12	PUR	Andres Solivan
	200 IM	2:07.59	29-Jun-16	PUR	Jarod A. Arroyo at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSH
	400 IM	4:30.23	29-Jun-16	PUR	Jarod A. Arroyo at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSH
	400 Free Relay	3:44.06	28-Jun-10	TRI	D. Carter, K. Boisson-Yates, B.Sobrian, J. Romany
	800 Free Relay	8:13.99	28-Jun-14	PUR	Puerto Rico L. Ortiz, F. Sedano, M. Cancel, E. Vasquez
	400 Medley Relay	4:05.85	29-Jun-16	PUR	PUERTO RICO J. Arroyo, D. Chevere, G. Melendez, J. Collazo
15-17	50 Free	23.39	25-Jun-12	TRI	Dylan Carter
	100 Free	51.07	29-Jun-16	ARU	Mikel Schreuders at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONS
	200 Free	1:53.62	29-Jun-16	ARU	Mikel Schreuders at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONS
	400 Free	3:57.30	29-Jun-16	BAR	Alex Sobers at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSHIP
	1500 Free	15:58.66	1-Aug-88	PUR	Jorge Herrera
	50 Back	26.96	28-Jun-14	TTO	David Mc Leod at XX CARIBBEAN ISLANDS SWIMMING CHAMPIONSHI
	100 Back	57.46	29-Jun-16	JAM	Keanan Dols at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSHIP
	200 Back	2:03.05	29-Jun-16	JAM	Keanan Dols at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSHIP
	50 Breast	29.00	29-Jun-16	TTO	Jeron Thompson at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSI
	100 Breast	1:04.82	29-Jun-16	TTO	Jeron Thompson at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSI
	200 Breast	2:19.50	29-Jun-16	ISV	Adriel Sanes at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSHIP
	50 Fly	24.53	23-Jun-12	TRI	Dylan Carter

RECORDS CISC

15-17	100 Fly	55.41	28-Jun-10	TRI	Cadell Lyons
	200 Fly	2:03.31	1-Apr-82	PUR	Filiberto Colon
	200 IM	2:06.19	29-Jun-16	ARU	Patrick G. Groters at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONS
	400 IM	4:34.99	1-Jul-96	PUR	Arsenio Lopez
	400 Free Relay	3:32.12	29-Jun-16	BAH	Bahamas J. Fitzgerald, M. Albury, N. Fernander, G. Greene
	800 Free Relay	7:55.80	29-Jun-16	ARU	Aruba D. Jacobs, J. Winterdal, P. Groters, M. Schreuders
	400 Medley Relay	3:54.79	29-Jun-16	ARU	Aruba P. Groters, M. Schreuders, J. Winterdal, D. Jacobs
18 & O	50 Free	22.54	29-Jun-16	SUR	Renzo Tjon A Joe at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONS
	100 Free	49.33	29-Jun-16	TTO	Dylan Carter at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSHIP
	200 Free	1:48.44	29-Jun-16	TTO	Dylan Carter at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSHIP
	400 Free	4:01.07	29-Jun-16	BAH	Matthew D. Lowe at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONS
	1500 Free	16:22.01	29-Jun-16	BAH	Matthew D. Lowe at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONS
	50 Back	26.39	4-Jul-04	TRI	George Bovell
	100 Back	56.05	29-Jun-16	TTO	Dylan Carter at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSHIP
	200 Back	2:03.37	28-Jun-10	CUB	Pedro Medel
	50 Breast	28.18	29-Jun-16	BAH	Dustin E. Tynes at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSH
	100 Breast	1:02.55	29-Jun-16	BAH	Dustin E. Tynes at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSH
	200 Breast	2:20.39	29-Jun-16	ARU	Jordy A. Groters at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONS
	50 Fly	24.21	29-Jun-16	JAM	Justin Plaschka at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSH
	100 Fly	53.86	29-Jun-16	SUR	Zuhayr Pigot at XXI CARIBBEAN ISLANDS SWIMMING CHAMPIONSHIP
	200 Fly	2:07.01	4-Jul-04	TRI	Matthew Houllier
	200 IM	2:08.79	27-Jun-12	DOM	Jean Luis Gomez
	400 IM	4:37.97	23-Jun-12	DOM	Jean Luis Gomez
	400 Free Relay	3:27.09	29-Jun-16	TTO	Trinidad & Tobago J. Baptiste, C. Blondell, D. Carter, J. MC Leod
	800 Free Relay	7:54.27	29-Jun-16	TTO	Trinidad & Tobago D. Carter, J. Baptiste, J. Chee Foon, D. Mc Leod
	400 Medley Relay	3:49.83	29-Jun-16	BAH	Bahamas M. Lowe, D. Tynes, V. Burrows, A. Moss