



**CENTRAL AMERICAN AND CARIBBEAN AMATEUR  
SWIMMING CONFEDERATION (C.C.C.A.N.)**

**SUMMONS FOR THE CENTRAL AMERICAN AND  
CARIBBEAN CHAMPIONSHIPS**

**XXXVIII  
DIVING**

**CUBA  
MARCH 28 – 31, 2019**

## SUMMONS FOR THE CENTRAL AMERICAN AND CARIBBEAN CHAMPIONSHIPS

The CCCAN summons all its affiliated countries, Colombia, Guyana, Surinam, and Venezuela of the South American Confederation and Guadeloupe and Martinique of the French Swimming Federation to participate in the Central American and Caribbean championships mentioned above in accordance with the following:

### BASIS

#### 1. Participants

Every participant in these Championships must be a Member of a federation duly constituted and affiliated to this Confederation (CCCAN) and the federation must be up to date in its membership dues and full use of its rights. The teams participating in these championships must do so in the name of the country from which they come, with the understanding that they are members of the Confederation through their respective federations.

- |                           |                                  |
|---------------------------|----------------------------------|
| 1. Antigua & Barbuda      | 16. Haiti                        |
| 2. Aruba                  | 17. Honduras                     |
| 3. Bahamas                | 18. Jamaica                      |
| 4. Barbados               | 19. México                       |
| 5. Bermuda                | 20. Nicaragua                    |
| 6. British Virgin Islands | 21. Panamá                       |
| 7. Cayman Islands         | 22. Puerto Rico                  |
| 8. Costa Rica             | 23. Saint Kitts and Nevis        |
| 9. Cuba                   | 24. Saint Lucia                  |
| 10. Curacao               | 25. Saint Vicente and Grenadines |
| 11. Dominica              | 26. Trinidad and Tobago          |
| 12. Dominican Republic    | 27. Turks and Caicos             |
| 13. El Salvador           | 28. US Virgin Islands            |
| 14. Grenada               |                                  |
| 15. Guatemala             |                                  |

Also, the citizens of **Colombia, Guyana, Surinam and Venezuela** may, without being members of the CCCAN, participate in these championships through their respective federations if they receive the approval and authorization of the South American Confederation (**CONSANAT**), to which they are affiliated. Additionally, the citizens of **Belize and Sint Maarten** and the residents of **Bonaire, Saba and St. Eustatius** may, without being members of the CCCAN, participate in these championships.

Equally, the residents of, **Guadeloupe and Martinique**, may participate through their respective associations, if they obtain the approval of the French Swimming Federation, to which they belong.

Additionally, non-citizens may be entered providing the competitor has been resident in the Country for at least one year prior to the entry deadline and must not have swum for another Country during that period. All Competitors must also be registered with, or a member of, the Swimming Federation of the Country that they represent. Competitors who are non-citizens would be required to present 'proof of residency' documents which could be proof of club membership, proof of attendance at school or any other organization. If a Country enters a competitor that is not a citizen of that country by birth or naturalization, the code for that country shall be changed by adding "AG" to the designated three letter FINA Country code and used throughout the competition e.g. CUB shall be changed to CUB-AG.

The "Open" Events will serve as the final qualification event for the 2019 Pan American Games in Lima, Peru. Therefore, any UANA federation in good standing with FINA and UANA may enter divers to compete in the open events.

## **2. Categories:**

### **Diving:**

1. Group 'A' competitors 14 years old to 18 years old, December 31, 2019. Athletes born in 2001, 2002, 2003, 2004 and 2005 may participate.
2. Group 'B' Competitors 13 years old or less, December 31, 2019. Athletes born in 2006, 2007 and 2008 may participate.
3. "Open" Competitors with no age restrictions. The open events will be open to all UANA federations.

## **3. Host**

The host country for these championships will be Cuba. For this reason, La Federacion Cubana de Natacion will oversee the organization of the championships and will assist CCCAN in the preparation and development of the competitions.

The championships will be held at the following locations in accordance with the itinerary shown below:

**Arrival Date:** March 26, 2019

**Technical meeting:** March 28, 2019

**Opening Ceremony:** March 28,2019

**Dates of the competitions:** March 29 – 31, 2019

**Closing Ceremony:** March 31, 2019

**Departure dates:** April 1, 2019

#### **4. Competitors**

For a competitor to represent the country that enters him/her, he/she must comply with the following requirements:

A. Prove your exact age through a birth certificate or official passport.

B. The competitor shall be a citizen, whether by birth or naturalization, of the country he/she represents. (see FINA Rule GR 2.5)

C. In case of non-citizens, they may be entered providing the competitor has been resident in the Country for one year prior to the entry deadline and must not have participated for another Country during that period. All Competitors must also be registered with, or a member of, the Federation of the Country that they represent. Competitors who are non-citizens would be required to present 'proof of residency' documents which could be proof of club membership, proof of attendance at school or any other organization. If a Country enters a competitor that is not a citizen of that country by birth or naturalization, the code for that country shall be changed by adding "AG" to the designated three letter FINA Country code and used throughout the competition e.g. CUB shall be changed to CUB-AG.

D. FINA Rule "GR-1" shall apply. There is no restriction to the participation of a competitor, if he/she has obtained some international classification in Olympic or Regional Games.

E. The open events will be open to all UANA federations. These events will serve as the final qualification event for the 2019 Pan American Games in Lima, Peru. Any UANA federation in good standing with FINA and UANA may enter divers to compete in the open events.

#### **5. Entries**

##### **5a. Preliminary Entries:**

Preliminary entries by team must be made through the attached form and must be sent by email no later than February 10, 2019 to the following addresses:

[cccan2018@gmail.com](mailto:cccan2018@gmail.com)  
[imgm30mayo62@gmail.com](mailto:imgm30mayo62@gmail.com)  
[paolaglezima@gmail.com](mailto:paolaglezima@gmail.com)

The preliminary entries must indicate the following:

1. In what diving categories they will participate.
2. The approximate number of persons in the official delegation.

Indicating: the number of female athletes, number of male athletes, number of delegation officials, and number of technical. Although the deadline for preliminary entries is February 10, 2019, it will be greatly appreciated if this information is submitted to the Organizing Committee as soon as possible to allow them to plan for local transportation, room, and board.

##### **5b. Final Entries:**

The organizing committee will provide the **final entry forms and instructions** to all invited teams on or before January 15, 2019. The participating countries must send their Final Entries in the specified formats with the seal of the Federation by email to the Championship Organizing committee with a copy to CCCAN at:

[cccan2018@gmail.com](mailto:cccan2018@gmail.com)  
[imgm30mayo62@gmail.com](mailto:imgm30mayo62@gmail.com)  
[paolaglezima@gmail.com](mailto:paolaglezima@gmail.com)

It is very important that all communications be addressed in this manner and be copied to all emails listed.

Final entries, by disciplines, must be in hands of the Organizing Committee **no later than midnight, March 1, 2019** the host country will not be responsible for the expenses incurred by the person, or persons that personally deliver the Final Entries.

## **6. Entry rules**

### **Diving:**

- A. Each country may enter a maximum of two (2) competitors in each individual event. Each country may enter only one team in the synchronized diving events.
- B. There is no limit in the number of events in which an individual competitor may participate
- C. No alternates or substitutes will be allowed in individual events.
- D. No competitor may participate out of his/her age group, even in an older one.
- E. The exact list of dives for each competitor must be turned in at least 24 hours prior to official participation to the diving referee.

## **7. Minimum of Participating Countries**

For the celebration of a "Championship" in all the disciplines and their respective categories, participation of at least two (2) countries is required.

If in a discipline and/or event, the required number of countries are not participating, the Organizing Committee shall advise the President of CCCAN at least thirty (30) days prior to the arrival date, who shall take the appropriate action to eliminate those events.

## **8. Rules**

The Championship shall be governed by the rules of the International Federation of Aquatic Disciplines (FINA) in force at the time of the competitions.

## **9. Interpretations**

The Members of the CCCAN Executive Committee present at the championships shall have complete authority to answer and resolve all interpretation, resolutions or appeals related to these championships.

## 10. Technical Officials

The President of CCCAN, with the recommendation from the Technical Committee for each discipline, will name the judges for the championships, with the understanding that at least 90% will be provided by the host country. The federations participating in these championships may include in their delegation a maximum of two (2) technical officials per discipline. Technical Officials will be roomed in doubles but charged the quadruple rate for local transportation, accommodation and three (3) meals per day as indicated in Item 13 of this summons

In Diving, it is mandatory for each participating country to send one (1) judge if the team has four (4) or more divers. Countries with less than four (4) divers are welcome to bring a judge.

The forms with the names and experience of each technical official shall be sent to the President of CCCAN no later than February 9, 2019 at the following email address:

[cccan2018@gmail.com](mailto:cccan2018@gmail.com)

The President of CCCAN shall notify each federation and the Organizing Committee of the names of those technical officials selected to work at the championships. The Championships will be governed by the rules of the International Swimming Federation (FINA) in force at the time of the competitions.

## 11. Awards

A championship trophy shall be awarded to the country with the highest points in each age group (male and female) in every discipline and category. From the first to the third place medals will be awarded - gold, silver, bronze, respectively, for each event in each discipline. Each medal will have the initials of the CCCAN and the design approved by the CCCAN.

The prizes will be awarded at the end of each event, on the award podium, as determined by the Organizing Committee in consultation with the President of the CCCAN or its candidate, where only the first three places will go. The flags of the first three places will be raised and the national anthem of the winning country will be heard.

For **Diving**, points will be awarded as follows:

Place	1 <sup>o</sup>	2 <sup>o</sup>	3 <sup>o</sup>	4 <sup>o</sup>	5 <sup>o</sup>	6 <sup>o</sup>	7 <sup>o</sup>	8 <sup>o</sup>
Points	9	7	6	5	4	30	2	1

Independent scoring will be kept in each discipline, category, and sex to decide Team champions. The team with the most total points in all disciplines and categories, will receive the Overall Championship trophy and will also receive the CCCAN flag to keep until the next championships.

## 12. Diving Program:

The diving program will follow the FINA age group rules (DAG) and exceptions authorized by FINA.

1. The All competitions shall be final.
2. The rules of the FINA age group (DAG) will apply to groups A and B without exceptions.
3. For group D, the following shall apply:
  - Trampoline of 1 and 3 meters
  - Platform: Women and men will only compete from the 5 meter or 7.5 meter platform
  - Each competitor must compete with 4 limit dives, selected from different groups, with the total difficulty level not exceeding 7.6 and 2 dives without limit of degree of difficulty, selected from different group

### **13. Living Expenses**

Each participating country has the right to include in its official delegation, the following Team Officials, at the cost indicated below:

#### **Diving**

1. Delegations of five (5) competitors or less will be allowed two (2) team officials.
2. Delegations of six (6) to ten (10) competitors will be allowed three (3) team officials.
3. Delegations of eleven (11) to twenty-four (24) competitors will be allowed four (4) team officials.
4. Delegations of more than 24 competitors will allowed five (5) team officials

- ❖ **To guarantee the Airport-Hotel-Airport Transfer you must communicate at least 72 hours in advance the details of your flight.**
- ❖ **In case of not sending the group rooming list at least 10 days before arrival in the country, hotel reservations will be canceled automatically.**
- ❖ **In case of cancellations due to not sending the rooming list at least 5 days before arrival you will be charged NO SHOW for the value of the entire group for one night.**
- ❖ **For more information or details, contact the company in charge of the accommodation and transportation: [zurama@cubadeportes.cu](mailto:zurama@cubadeportes.cu)  
Tel. nr: (537)642-2032.**

#### **HOTEL BACURANAO 3\*.**

Double Occupancy 60.00 CUC per person per night  
Single Occupancy 65.00 CUC per night  
Triple Occupancy 55.00 CUC for the 3<sup>rd</sup> person per night

#### **HOTEL VEDADO 3\*.**

Double Occupancy 90.00 CUC per person per night  
Single Occupancy 105.00 CUC per night

#### **HOTEL MARAZUL 3\*.**

Double Occupancy 90.00 CUC per person per night  
Single Occupancy 105.00 CUC per night

**HOTEL PRESIDENTE 4\***

Double Occupancy 175.00 CUC per person per night

Single Occupancy 220.00 CUC per night

Triple Occupancy 150.00 CUC for the 3<sup>rd</sup> person per night

**THESE PRICES INCLUDE:**

- ATTENDANCE AT THE AIRPORT
- TRANSFER IN / OUT.
- ACCOMMODATION WITH BREAKFAST, LUNCH AND DINNER WITH A DRINK.
- DAILY TRANSPORTATION.
- ACTIVITY PROGRAM.
- PRIMARY MEDICAL ATTENTION

**INFORMATION FOR BANK TRANSFER:**

**CUBADEPORTES S.A.**

account nr: 0300000002638721

SWIFT CODE: BFICCUHH

BANK: BFI

Branch Office: Sierra Maestra

Avenida 1ra esq. o

Miramar

Habana, Cuba

**Each federation is responsible for the related bank charges that will be incurred by the Organizing Committee and must be included when the funds are transferred.**

**14. VISA requirements:**

If your country requires VISA to enter CUBA, each person is responsible for carrying out the corresponding application process, Contact the Cuban Swimming Federation:

[imgm30mayo62@gmail.com](mailto:imgm30mayo62@gmail.com)

[paolaglezima@gmail.com](mailto:paolaglezima@gmail.com)

to obtain specific information, certificates and entry requirements to the country,

**DIVING PROGRAM**

**First Day of Diving Program (March 29, 2019):**

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<b>Springboard</b>	<b>1 m</b>	<b>Group A</b>	<b>Girls</b>
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Springboard	1 m	Group A	Boys
Springboard	1 m	Group B	Girls
Springboard	1 m	Group B	Boys
Springboard	1 m	OPEN	Girls
Springboard	1 m	OPEN	Boys

**Second Day of Diving Program (March 30, 2019):**

Platform	5 – 7 / 5 – 10 m	Group A	Girls
Platform	5 – 7 / 5 – 10 m	Group A	Boys
Platform	5 – 7 / 5 – 10 m	Group B	Girls
Platform	5 – 7 / 5 – 10 m	Group B	Boys
Platform	5 – 7 / 5 – 10 m	OPEN	Girls
Platform	5 – 7 / 5 – 10 m	OPEN	Boys

**Third Day of Diving Program (March 31, 2019):**

Springboard	3 m	Group A	Girls
Springboard	3 m	Group A	Boys
Springboard	3 m	Group B	Girls
Springboard	3 m	Group B	Boys
Springboard	3 m	OPEN	Girls
Springboard	3 m	OPEN	Boys

Imaday Nunez  
 President  
 Federación Cubana de Natación  
**Signed**

Havana, Cuba

Félix Calderón  
 President  
 CCCCAN  
**Signed:**

San Juan, Puerto Rico