

2019 CZ Athlete Report

This was my 1st year as the Central Zone athlete representative. This year the zone athlete representatives have joined the Zone Directors' Council. Over the last year the AEC created the leadership committee, which includes the zone reps and a few additional members. We have designed new programming for your LSC athlete representatives. All the LSCs have been divided among the AEC board members, which will have monthly discussions with the athlete representatives. The discussion topics are meant to keep the athlete representatives engaged throughout the year. Convention recap, goal setting, how to set up an athlete service project in their LSC, and a rules book scavenger hunt are just a few monthly discussion topics. Please contact me if your LSC athlete representatives are not having their monthly cluster discussions.

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