

## SPEEDO SECTIONALS AT JENKS - 2021 CENTRAL SECTION REGION VIII March 11-14, 2021

Swimmers who are full time (not seasonal) members of USA Swimming may enter the Speedo Sectionals at Jenks, OK through USA Swimming's Online Meet Entry (OME) system at (usaswimming.org/ome) beginning Friday, February 5, 2021 at 12:00 PM CST. This is a CLOSED sectional; only registered members of one of the 5 member LSCs of the Central Section Region VIII may enter the competition. Athletes must be 18 years old or younger OR must be currently enrolled in high school or middle school. Meet will be capped at the top 150 female and 150 males entering the meet using the NCAA selection process.

The entry deadline is Monday, February 22, 2021 at 7:00 PM CST. The qualification time date range for this meet begins on Wednesday, March 6, 2019 through Sunday, February 21, 2021. Entries are not accepted until they have been officially submitted in the OME system. *Entries will be accepted through OME only*. LSC entry chairs need to ensure all achieved times prior to the entry deadline are uploaded in SWIMS prior to the entry deadline.

### COVID-19

- The host has taken enhanced health and safety measures for athletes, officials, personnel, and spectators. You must follow all posted instructions of the facility. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By attending and participating in [meet name], you voluntarily assume all risks related to exposure to COVID-19. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming. Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.
- BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND OKLAHOMA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION
- All participants will go through a health screening, including a temperature check and being
  questioned about any possible symptoms. Swimmers must always wear a mask when
  inside the facility except when they are about to race and when they are warming up/down.
  Coaches, officials, and volunteers must wear a mask at all times. See the below section on
  COVID-19. Swimmers must arrive and leave in their swimsuits, NO changing in the
  locker rooms will be permitted. Bathroom use will be allowed.

SANCTION AND SANCTION #	These championships and corresponding time trials are held under the sanction of Oklahoma Swimming, Inc. on behalf of USA Swimming, Inc. Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (MAAPP), will govern this meet Meet Sanction OK21-013 Time Trial Sanction OK21-014
	In granting this sanction, it is understood and agreed that USA-Swimming, Inc. shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that Oklahoma Swimming (LSC), Central Section Region VIII, all officials, the Jenks Trojan Swim Club, and Jenks Trojan Aquatic Center shall be free from and held harmless from any liabilities for damages arising by reason of injuries to anyone during the conduct of the event.
	Coaches, athletes, fans, parents, and boosters shall conduct themselves with honesty and good sportsmanship at all times. Unacceptable behavior including tampering, vandalism or destruction of facility property, physical or verbal abuse, or refusal to follow instructions given by the facility or CRSVIII will result in disciplinary action, reimbursement for damages and/or potential suspension from the meet. Anyone asked to leave by staff will not be refunded paid admission charges.
HOST	Jenks Trojan Swim Club (JTSC – OK)
EVENT PERSONNEL	Meet Director: Austin Kelley, Austin.kelley@jenksps.org Meet Director: Ali Baker, alibaker@jenksps.org (918) 852-9830 Meet Referee: Steve Potter, spotter.usaswimming@yahoo.com (616) 915-5280 Admin. Referee: Greg Huskey, Rentries@gmail.com (573) 228-0385 CSRVIII Entries Chair: Greg Huskey, Rentries@gmail.com (573) 228-0385 CSRVIII Chair: Paul Thompson, auggie1sbc@gmail.com (405) 570-6529
LOCATION /	Jenks Trojan Aquatic Center 495 North Birch Street (between "B" and "F" Streets)
PARKING / FACILITY	Jenks, OK 74037
ACESS	Parking: Is available in the lot located directly in front of the facility. Approximately 80 of the 240 spots will be designated and marked for officials, coaches, volunteers and aquatic center staff, the remaining spots will be open to the public. Additional parking will be available south of the facility on B Street and north of the facility on F Street. Busses may drop off and pick up at the main entrance. Busses will enter at the south parking lot entrance drop off and exit from the north side of the parking lot. Parking for busses will be located on F street north of the facility.
	<b>Facility Access:</b> Access to the Aquatic Center is directly east of the main parking lot located on Birch Street. The main entrance is located at 495 North Birch Street.
FACILITY	50-meter x 25-yard competition pool of 8 lanes, with minimum depth of 7 feet at the start and turn ends and a maximum depth of 8 feet at the centerline. 6-inch diameter, anti no-turbulence lane ropes. Deck level overflow gutters with raised parapet at start and turn ends. Medium pressure UV sanitation. Evacuator air-handling system. OMEGA starting platforms with adjustable track start footrests and backstroke ledges. OMEGA timing system (OMEGA Quantum) with FINA sized touchpads at start and turn ends; two, 8-lane alpha-numeric multi-color LED scoreboards. One, 6-lane, 25 meter warm-up/cool-down pool.
	<b>Pool Certification</b> : Competition pool (50 m) has been certified in accordance with 104.2.2C(4). Copy of certification is on file with USA Swimming.
SCHEDULE	Day 1–4: Girls Prelims 8:00 AM (warm-ups begin at 7:00 AM) Boys Prelims 11:30 AM (warm-ups begin at 10:30 AM) Finals: 5:30 PM (warm-ups begin at 4:30 PM)
	***Due to Covid-19 guidelines, adjustments to the meet schedule may be made post athlete selection/invitations and seeding of the meet. These adjustments will be communicated as soon as the meet is seeded, and facility cleaning schedules are established. The expectation is there will be a break between events. This will depend on timeline and Covid-19 guidelines.

## **TECHNICAL** A technical meeting of the CSRVIII Chair, Meet Director, Coaches, and Meet Referee is Monday, **MEETING** March 8, 2021 at 7:30 PM via ZOOM. Coaches are accountable for ALL information handed out at the Technical Meeting. The CSRVIII meeting invite will be sent out by 7:30 PM, March 1st, 2021. **FORMAT** These championships will be conducted in LCM. The 800 Meter Freestyle, 1500 Meter Freestyle, and all relays will be timed final events. All other individual events will be conducted as preliminaries and finals with the fastest 16 swimmers from preliminaries advancing to finals. The order of the final events shall be Consolation Heat B then Championship Heat A. There will be no use of a ready room. The consolation heat swimmers will be announced in the water. The Championship finalist will be announced behind the blocks prior to the start of each Championship A Heat. **SEEDING** Seeding priority for Spring Meet. a. SCY b. LCM c. SCY Bonus d. LCM Bonus - The lowest seeding priority for this meet is LCM Bonus. The preliminary heats of all prelim/finals events will be seeded slowest to fastest including the 400 Meter Freestyle and the 400 Meter Individual Medley. **DISTANCE** Swimmers may qualify for these events using any of the 800m/1000yd or 1500m/1650yd qualifying standards (i.e. the conforming or non-conforming distance event standards). **EVENTS** These distance freestyle events will be swum with the fastest heat of each of the women and men in finals in their normal event numbered place. Swimmers in the top 8 MUST USE THEIR CURRENT FASTEST time that they have achieved. Swimmers who are not in the top 8 may swim their fastest provable time or down seed to the lowest non-conforming cutoff time prior to the scratch deadline for that day's events. All bonus swims will be seeded using the lowest nonconforming time for this meet. The slower heats will swim in prelims, after the relays, and will alternate women and men swimming fastest to slowest. Note: All "Bonus" distance swims will count against the meet Bonus number of swims available for the athlete. Use of a non-conforming time is the Bonus Qualifying Time. Distance event "Bonus" swims have the same entry fees as regular individual bonus events. Email the CSRVIII entries chair to add a swimmer in a distance bonus event. This is the only scenario where an entry can be emailed to the entry chair. All other entries must be in SWIMS. **RELAYS** Each team is limited to one, "A", relay per event. There is no qualifying time for relays. If a team has 4 swimmers of one gender in the meet, they will be allowed to enter the relay event. No relay only swimmers can enter the meet. Relays will follow the same scratch procedures as individual events; there is NO positive check-in for relay events. All relays will be swum during that days finals session except Sunday's relays. Sunday's relays may request to swim in the morning or the evening session. Request must be made prior to the scratch deadline (Saturday 5:30 PM). The fastest 16 relays that do not request a morning swim will be seeded into Sunday's finals session. All relays will be seeded at their entry time. Open lanes in Sunday's finals will be permitted. Declaration of swimmer names and order of swims is required 1 hour prior to swimming the relays.

### **ELIGIBILITY**

MAAPP: All applicable adults participating or associated with the meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP), and they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (MAAPP), will govern this meet.

- The meet is open to all full time (not seasonal) swimmers. Athletes must be registered
  members (either attached or unattached) of a CSRVIII member LSC or club and must meet the
  stated qualifying times.
- Any swimmer entered in the meet must be certified by a USA Swimming member coach, as being proficient in performing racing start or must start each race from the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- 3. No swimmer will be permitted to compete unless the athlete is a member as provided in Article 302. On deck registration with USA Swimming will NOT be permitted at this meet. Registration of all athletes will be verified by the OKS Registration Chair prior to the meet. Those not registered will not be allowed to swim in the meet.
- 4. Swimmers without a coach present: USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm up, competition and warm down. The Meet Director or Meet Referee shall assist the swimmer in making arrangements for supervision. No swimmer will be issued a credential without a coach-member present. If the home club is not planning to attend the event, the swimmer must be assigned a supervising coach. Arriving with fellow LSC-club is preferred. However, if a swimmer arrives without a coach, he/she must find a willing coach at the facility to sign a supervision form before a credential can be issued.
- 5. Swimmers entering the meet must have at least one provable entry time to enter the meet. Swimmers may compete in up to two bonus events, limited to the event limit of the meet.
- 6. No bonus swims allowed in the 800/1000 or 1500/1650 unless a swimmer has achieved the qualifying time in one of the distance events. They may use that to enter the other distance event. All distance bonus swims will be seeded using the lowest non-conforming time for distance events which is LCM (the lowest non-conforming time for all other events is LCM Bonus). Swimmers who want to enter bonus events by using the qualifying time in another distance event must email the Meet Referee and the CSRVIII Chair directly as OME will not permit this entry.
- 7. All swimmers MUST be USA Swimming registered athletes to be entered into the meet using the OME and in order to receive their credentials. All swimmers must be 2021 athlete members of USA Swimming. This will allow teams to establish the qualifying profile for their swimmers prior to using OME.
- 8. Entry Fees are payable to the Host, Jenks Trojan Swim Club. Failure to pay the entry fees will result in the team and/or athletes <u>being scratched</u> from the meet, and <u>they may not compete</u> in the meet until entry fees are paid.
- 9. Swimmers that swim as unattached swimmers must have their USA Swimming registration membership listed with a Region VIII USA-S member club or unattached with one of the LSC members of the Region VIII.
- 10. For a swimmer to represent a USA Swimming club in a competitive event, one hundred twenty (120) days must have elapsed without a swimmer having represented any other USA Swimming club in a USA Swimming competition.
- 11. No RELAY ONLY swimmers can enter the meet.
- 12. Swimmers with a disability who have been classified and have achieved a National Disability Championship Qualifying Time may enter this meet as long as the time is within the qualifying time standards for this meet. Please contact the Meet Director with any questions.
- 13. Athletes must be 18 years old or younger OR currently enrolled in high-school or middle-school to participate in the meet.

## SWIMS DATABASE

Times from the following will be in SWIMS, the national times database. Times in the database are not automatic entries to meets.

- 1. USA Swimming Sanctioned competition.
- USA Swimming Approved competition Check two weeks before the competition to assure the
  meet has been approved by the LSC, and prior to the start of the competition, ask the Meet
  Director for the procedure for getting a time into SWIMS.
- USA Swimming Observed swims Be sure a proper request for an Observed Swim is made
  according to guidelines that appear in the USA Swimming SWIMS Time Module Policy Manual,
  and prior to the start of the meet, verify that proper procedures are in place for the Observed
  swim.
- 4. The time of any swimmer recorded while legally representing a USA Swimming club, secondary school, college, or university within the appropriate time frame, may be used in proving relay entry times. That swimmer does need to be entered in the championship in question or currently representing that club. Relay times belong to the team. Individual times belong to the swimmer.
- 5. Times submitted to the USA Swimming SWIMS database no later than 20 days prior to the Championships will be in the database. If a time for a swimmer is visible in the public search feature on the USA Swimming website (Times/Time Standards) and it was swum in the appropriate qualifying period, it is considered a proven official time. SWIMS data entry from meets in which time standards were met must be requested from the SWIMS Time Official in the LSC in which the meet was held. These times will not be automatically placed in the database. Relay lead offs and/or intermediate split times must be requested from the SWIMS Time official in the LSC where the time was achieved.
- All entry times must be in SWIMS. No entries will be received via email except distance bonus events and swimmers with disabilities.

### **ENTRIES**

All entries must be made online using OME. OME is not an eligibility report. It is the coach's responsibility to know for which events his or her athlete is qualified. Only times found in the SWIMS database are used for seeding in this meet. All entry times must have been achieved between the qualifying time date range. Each entry time used must be from a "Sanctioned" or "Approved" meet, or from an "Observed Swim" in accordance with USA Swimming Rules and Regulations. The OME for this event is formatted to force the use of the fastest provable entry time found during the qualifying entry period.

The CSRVIII will provide a Team Manager or suitable event file on the host web site and at the time of the distribution of the Meet Book to the club contacts. The event file can be used to assist you in completing your entries in the OME.

Coaches can update entry times until the close of the OME. By not checking-out, coaches maintain the flexibility to remove swimmers or events. Once you check out of the OME you cannot delete existing entries. You may return to update times for existing athletes, add new swimmers and events up until the close of the OME entry period. You must check out of the OME prior to the entry deadline to have your entries placed in the meet. Times entered in the OME do not automatically update. If there have been improved times since you started the entry process the coach or person making entries must update times for this process to happen. If you do not receive a confirmation from the OME you need to contact us immediately. After an entry has been submitted, removals must be managed by the Meet Admin Staff. Once you have completed your online entry, you will receive an email confirmation. Please keep ALL electronic correspondence and bring them with you to the meet.

Coaches MUST use OME to apply for credentials. Please see credential area for more information.

## **Entry limits:**

- 1. Each swimmer may enter as many events as they qualify for but may compete in only a maximum of 6 individual events plus relays for the total meet.
- 2. Each swimmer may compete in no more than 3 individual events per day including Time Trials.
- Time Trials <u>DO NOT</u> count towards the total number of events allowed for the meet.

### **Entry deadline:**

- 4. All entries must be submitted using OME (see OME entry procedures) by Monday, February 22, 2021 at 7:00 PM.
- 5. OME Psych Sheets, athlete invitations and alternate lists are electronically sent to the person on file for the club entry based on contacts from the OME.

### **Entry selection:**

- 6. Once the entries have closed, the psych sheet will be generated and sent to the entry committee. From the psych sheet, selection of athletes by event order, then seed, will be conducted. If an athlete is duplicated by event seeding, that athlete is only counted once against the 150-athlete limit.
- Once 150 athletes have been determined, the same process will be conducted to determine alternates. Alternates are determined by percentage closest to top qualifying time in each event.
- 8. Athlete invitations and the alternate list will be published by Thursday, February 25<sup>th</sup> 12:00pm. Invited athletes will have until Sunday, February 28<sup>th</sup> at 12:00pm to decline their invitation. Monday, March 1<sup>st</sup>, 2021 alternate athletes will be notified of their acceptance into the meet.
- 9. Once an athlete is entered into the meet, they can participate in all 6 events that they are entered in provided they have the qualifying time or bonus time.

Swimmers with Disabilities: For entry into Speedo Sectionals at Jenks, 2021. USA-S swimmers with a disability approved time(s) must meet or exceed the Nationally Approved Sectional Time Standards for USA-S swimmers with a disability. USA-S swimmers with a disability for one event and Bonus Time Standards for up to 3 bonus swims in the self-reporting grouping (P1, P2, P3). Coaches entering swimmers with disabilities that require accommodations, including the need for any personal assistance and/or registered service animals, must provide advance notice in writing, accompanying their meet entry file, to the meet director by the entry deadline. Failure to provide advance notice may limit the host's ability to accommodate all requests.

Problems/Questions: If you have any questions about using the system, please contact:

- CSRVIII Entries Chair: Greg Huskey: <u>R8entries@gmail.com</u> (573)228-0385
- CSRVIII Chair: Paul Thompson: <a href="mailto:auggie1sbc@gmail.com">auggie1sbc@gmail.com</a> (405)570-6529

IF YOU HAVE ANY PROBLEMS WITH THE ENTRY PROCESS, YOU MUST EMAIL PAUL THOMPSON, THE MEET REFEREE, AND THE ENTRIES CHAIR PRIOR TO THE CLOSE OF OME. We will work diligently to help resolve issues addressed prior to the close of OME.

### **DECK ENTRIES:**

- Entries are accepted on the deck up until the check-in/scratch deadline time for that day's events.
- 2. All individual deck entries for events 400 meters and shorter are seeded at the lowest non-conforming qualifying time for this meet which is LCM bonus.
- 3. All relay deck entries and deck entries for the 800 Meter Freestyle and 1500 Meter Freestyle are seeded at the lowest non-conforming qualifying time for this meet which is LCM.

## **ENTRY FEES / Entry fees: PENALTIES** 1. There is a \$30.00 facility surcharge per swimmer. \$29.00 to host, \$1.00 Central Zone. 2. There is a \$20.00 surcharge per coach. \$20.00 to host. 3. Entry fees are: a. Proven individual events are \$20.00 per event. CSRVIII \$8.00, host \$12.00. b. Relay events are \$40.00. CSRVIII \$16.00, host \$24.00. 3. Bonus entry fees are: a. Bonus individual events are \$26.00 per event CSRVIII \$9.00, host \$17.00. Deck entry fees for swimmers already entered in the meet are: a. Individual events are \$26.00. CSRVIII \$9.00., host \$17.00. b. Relay events are \$52.00. CSR VIII \$20., host \$32.00 Time Trial entry fees are: a. \$26 per individual event and \$52 per relay event. The host retains all entry fees. Entry fees must be paid to the Meet Host on site. **CREDENTIALS** This meet is a closed deck. All swimmers, coaches, officials and meet volunteers must display their meet credentials to be on deck, **Coaches Credentials:** 1. All coaches in attendance must wear meet credentials and their current USA Swimming registration cards while on deck. OME does not automatically assign a deck pass to the Head Coach. In order for the Head Coach to be included they MUST participate in the Deck Pass process as well. 2. Coaches must participate in the Deck Pass request in the OME process. This will allow us to verify in advance the certifications of all coaches who are in attendance. The host will notify coaches whose recon shows any compliance items requiring attention prior to arrival at the venue. Those coaches who do not participate in the Deck Pass process during the OME entry period must provide all necessary certification documentation at the "registration/check in" area prior to receiving any meet credentials, coach packets, swimmer "goody bag items" and athlete meet credentials. Those coaches not participating in the OME Deck Pass credential process and are expecting to receive a deck pass must show a current USA Swimming coach membership card and be prepared to show acceptable identification (driver's license, passport, etc.) if requested. 4. Deck Pass/event credential ratio: 1-5 swimmers equal 1 credentials 6-20 =2 credentials 21-100 = 3 credentials **DISTANCE** All distance events swimmers (800 Meter Freestyle/1500 Meter Freestyle) MUST positively **CHECK-IN** check-in by the scratch deadline for that day's events TO BE SEEDED. Positive check-in deadline for Thursday's events is 7:00pm Wednesday, March 10, 2021. Positive check-in deadline for Sunday's events is 30 minutes after the beginning of Saturday's **SCRATCHES** Scratch procedures are in accordance with current USA Swimming National Championship rules and regulations. Relays will follow the same scratch procedures as individual events. 2. Scratch deadline for Thursday's events is 7:00pm Wednesday, March 10, 2021. Scratch deadline for Friday, Saturday, and Sunday's events is 30 minutes after the beginning of the previous day's finals. 3. A swimmer who positive checks-in or who does not scratch from an individual event on the last day of the meet and fails to compete is penalized \$50.00 in prelims and \$100.00 in finals. 100% of this fine goes to the CSRVIII Travel Fund. Finals scratch: 1. A swimmer who qualifies for a B, or A Final, who fails to declare intent to scratch or to scratch per USA Swimming Championship Rules and fails to compete in said final race, which is his/her final race of the Meet, shall be fined one hundred dollars (\$100.00). The Meet Director will send a list to the CSRVIII Chair immediately following the CSRVIII Meet. The swimmer will have their club contacted by the CSRVIII Chair immediately following receipt

of the list.

# 4. Within thirty days (30) after the postmark of the notification from the CSRVIII Chair, payment must be received, or the swimmer is barred from future CSRVIII Meets.

- 5. A list will be sent to the Meet Directors of future CSRVIII Meets.
- 6. If payment is <u>NOT</u> received within the thirty (30) day period, and is deemed late by the CSRVIII Chair, a penalty of DOUBLE the fine will be incurred by the swimmer.

## SCORING AND AWARDS

**Team scores will be kept and awarded.** Scoring shall be through sixteen (16) place basis with all events. Scoring 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1 and relay events receiving double these point values.

- Medals are given to 1<sup>st</sup>—8<sup>th</sup> place in individual events and 1<sup>st</sup> 3<sup>rd</sup> in relay events.
- 2. The top 3 finishers in each event will report to the awards stand immediately after the event for awarding of the Bronze, Silver and Gold medals. The coach of the top finisher should also report immediately after the event to the awards stand. If the coach is not available, then a substitute will make the awards presentation.
- 3. All participants may score and medal at this meet.
- 4. Only CSRVIII athlete members may set or hold Region VIII Records.

Individual and Team awards will be presented after the meet.

- 1. Trophies shall be awarded for the Women's and Men's teams for the top 3 places.
- 2. The CSRVIII Jim Devine Traveling Trophy shall be presented to the Combined Team Winner.
- 3. High point awards are given to the 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> individual Women's and Men's High Point Winners.
- 4. Two Plaques are awarded for the "Team" with the "Most Gold Medals" and the "Team" with the "Most Total Medals" during the awards presentations.
- 5. A high point distance award (400 Meter Freestyle, 800 Meter Freestyle, 1500 Meter Freestyle and 400 Meter (Individual Medley) is given to the individual Women's and Men's High Point Winner competing in and scoring the most points in all four events.
- The Dylan Lynn Performance of the Meet Award is presented to both a female and male swimmer. LCM Performance of the meet will be scored off of FINA Points. SCY Performance of the meet will be scored off of Hytek Open Points.

## Coach of the year award

- 1. The Hank Enterline CSRVIII Coach of the Year is given out twice a year.
- 2. Coach of the Year for the Spring Sectional Championship is given out at the Summer Meet. Coach of the Year for the Summer Sectional Championship is given out at the Spring Meet.
- 3. The spring award is presented at Saturday night's finals. The summer award is presented at Friday night's finals. .

### **RULES**

It shall be the swimmers' and coaches' responsibility to acquaint themselves with all of the information contained in the rules, in the Meet Book and conveyed in the Technical Meeting.

**Eligibility and Technical juries** consisting of at least two athletes and one coach from member LSCs will be appointed by the CSRVIII Chair to review protests within their jurisdiction as defined in USA Swimming Rules.

**Honest effort:** An honest effort in all competition is required. Failure to make an honest effort shall result in disqualification from the event. The determination of an honest effort performance is made by the Meet Committee or the Referee.

### Please note:

- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.
- Deck changes are prohibited.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

## Time Trials are offered at the discretion of the Meet Referee and the Meet Director and ONLY if TIME TRIALS time permits and if Covid-19 protocols allow. 2. A swimmer must be entered in the meet to be eligible to participate in Time Trials. First Full Day: That day's events, followed by the remaining events in the meet. Second Day: That day's events, followed by the events of the remaining days of the meet followed by the events of the previous days. Third Day: That day's events, followed by the events of the remaining days of the meet followed by the events of the previous days. Final Day: Only time trials for distance events will be conducted and they will be seeded in open lanes only. 7. Coaches are reminded that swimmers may compete in no more than three (3) individual events per day including time trials. Time trials for the 800 Meter Freestyle and the 1500 Meter Freestyle distance events will only be offered on that day's events and those swimming time trials are placed in any open lanes and open heats regardless of gender. Final night: Time Trials are offered to National qualifying standard possible qualifiers only. **OFFICIALS** This meet has been designated as a national Qualifying meet for officials seeking N2 / N3 certifications or re-certifications. 2. Application to officiate or for evaluation can be found at the following link www.esurveyspro.com . Applications for an assigned position must be received by February 14, 2021. Deck officials are always welcome, simply fill-out the online application or if the week of the event, please contact the Meet Referee directly. 3. An officials' meeting will be held one hour prior to each session at the pool. This meet has been designated as a National Qualifying Meet to all officials who wish to and are eligible to be evaluated for advancement or re-certification. Request for evaluation should be made in the application to officiate or to the Meet Referee by March 10, 2020. The meet attire shall be communicated by the Meet Referee in advance. **MEET** Prelims: \$15.00 PROGRAM / Finals: \$8.00 **ADMISSION** Heat Sheets: \$30.00 for all sessions. \$5.00 each individual session. Spectator passes are available to purchase in advance. The facility is limited to 300 spectators per session. Spectator Package for Speedo Sectionals: \$50.00 single day session plus that day's finals. No heat sheets. Spectator Plus Package: all sessions all heat sheets \$75.00. **WEBSITE** Visit the website for the most current information regarding the Speedo Sectionals at Jenks, OK including a listing of hotels, meet information, updates, results, etc: Jenks Trojan Swim Club: (teamunify.com)

### SPRING CSRVIII CHAMPIONSHIP SCHEDULE

### **POOL AVAILABILITY:**

- 1. Team check-in and registration is available beginning at 1:00pm through 8:00pm, Wednesday, March 10, 2021.
- 2. Teams will be assigned warm-up times on Wednesday by geographically location.
- 3. Facility is open a minimum of 30 minutes prior to the start of each morning warm up prelim session for swimmers and coaches.

### **SESSION & MEET START TIMES:**

Day	Session	Warm-Up	Clear Pool	Competition Begins	Session	Warm-Up	Clear Pool	Competition Begins
Thursday	Girls Prelims	7:00 AM	7:50 AM	8:00 AM	Finals	4:30 PM	5:20 PM	5:30 PM
Thursday	Boys Prelims	10:30 AM	11:20 AM	11:30 AM	Finals	4:30 PM	5:20 PM	5:30 PM
Friday	Girls Prelims	7:00 AM	7:50 AM	8:00 AM	Finals	4:30 PM	5:20 PM	5:30 PM
Friday	Boys Prelims	10:30 AM	11:20 AM	11:30 AM	Finals	4:30 PM	5:20 PM	5:30 PM
Saturday	Girls Prelims	7:00 AM	7:50 AM	8:00 AM	Finals	4:30 PM	5:20 PM	5:30 PM
Saturday	Boys Prelims	10:30 AM	11:20 AM	11:30 AM	Finals	4:30 PM	5:20 PM	5:30 PM
Sunday	Girls Prelims	7:00 AM	7:50 AM	8:00 AM	Finals	4:30 PM	5:20 PM	5:30 PM
Sunday	Boys Prelims	10:30 AM	11:20 AM	11:30 AM	Finals	4:30 PM	5:20 PM	5:30 PM

Note: There is a 10-minute break prior to all relays and a 10-minute break prior to time trials. There is a 10-minute break after the 200 Medley Relay on the first day, Thursday.

**WARM-UPS PRELIM SESSION:** The expectation is that a general warm-up, no assigned lanes will occur. Due to Covid-19 guidelines, the meet host reserves the right to assign swimmers in warm-up lanes. Warm up with feet first entry. No sprinting or pace work allowed during the general warm-up session. Swimmers may not dive into the pool during warm-up. Swimmers must enter the pool by stepping in feet first, or sitting and sliding in, in a safe and cautious manner. Entering in any other manner may result in the disqualification from one or more of the swimmer's events for that session at the discretion of the Meet Referee. Swimmers may dive during a designated sprint warm up.

20 minutes prior to start of competition, the following warm up procedures are followed.

- Lanes 1&8 pace lanes: No diving or racing starts. Circle swimming only.
- Lanes 2&7 sprint lane: dive start, swim only one direction. Backstrokers enter the water feet first in rotation. No diving over persons in the water. On day of the 50 Free, the Meet Referee may have one lane starting from opposite end of pool.
- Lanes 3, 4, 5, & 6 general warm-ups. No Diving.
- Additional sprint lanes may be made available upon request to the Meet Referee.
- No equipment to be used during warm-ups in the competition pool. Pull buoys and kickboards may be used in the warm-up pool.

CLEAR POOL: 10 minutes prior to start of meet.

**WARM-UPS FINALS SESSION:** The expectation is that a general warm-up, no assigned lanes will occur. Due to Covid-19 guidelines, the meet host reserves the right to assign swimmers in warm-up lanes. Feet first entry No Diving from the blocks or sides of pool.

20 minutes prior to start of competition, the following warm up procedures are followed.

- Lanes 1 & 8 pace lanes: No diving or racing starts. Circle Swimming Only.
- Lanes 2 & 7 sprint lane: dive start, swim only one direction. Backstrokers enter the water feet first in rotation. No diving over persons in the water. On day of 50 Free Meet Referee may have one lane starting from opposite end of pool.
- Lanes 3, 4, 5, & 6 general warm-ups. No Diving.
- Additional sprint lanes may be made available upon request to the Meet Referee.
- No equipment to be used during warm-ups n the competition pool. Pull buoys and kickboards may be used in the warm-up pool.

CLEAR POOL: 10 minutes prior to start of meet.

\*\*Swimmers must arrive and leave in their swimsuits, NO changing in the locker rooms will be permitted. Bathroom use will be allowed.

## 2021 CSRVIII SPRING AND SUMMER SECTIONAL CHAMPIONSHIPS

QUALIFYING TIMES | ORDER OF EVENTS Seeding Priority: SCY, LCM, SCY-B, LCM-B March 11-14, 2021 Jenks, Oklahoma

EVENT	EVENT WOMEN SHORT COURSE		WOMEN LONG COURSE			MEN LONG COURSE		MEN SHORT COURSE		EVENT
	Bonus	Priority	Bonus	Priority		Priority	Bonus	Priority	Bonus	
	1	T	1		DAY 1					T
1					<b>B</b> ) 200 Med Relay					2
3		10.44.99		9:40.99	<b>A)</b> 800 Free**	9:04.99		10:05.99		4
5	54.69	53.69	1:03.59	1:01.59	100 Free	56.09	58.09	48.69	49.69	6
7	2:36.99	2:32.99	2:58.19	2:54.19	200 Breast	2:40.99	2:44.99	2:19.99	2:23.99	8
9	2:14.99	2:10.99	2:34.99	2:30.99	200 Back	2:18.99	2:22.99	2:01.99	2:05.99	10
11					B) 200 Free Relay					12
					Day 2	1				
13	4:50.99	4:42.99	5:29.99	5:21.99	400 IM	4:59.99	5:07.99	4:21.99	4:29.99	14
15	1:01.59	59.59	1:09.79	1:07.79	100 Fly	1:01.29	1:03.29	53.99	55.99	16
17	1:59.09	1:57.09	2:16.99	2:12.99	200 Free	2:02.99	2:06.99	1:47.09	1:49.09	18
19					B) 400 Free Relay					20
					Day 3					
21	5:19.99	5:11.99	4:48.09	4:40.09	400 Free	4:21.99	4:29.99	4:51.99	4:59.99	22
23	1:11.29	1:09.29	1:22.39	1:20.39	100 Breast	1:13.39	1:15.39	1:02.99	1:04.99	24
25	2:16.99	2:12.99	2:35.99	2:31.99	200 Fly	2:19.59	2:23.59	2:02.99	2:06.99	26
27					B) 800 Free Relay					28
					Day 4	1				
29		18:04.99		18:29.99	<b>A</b> ) 1500 Free**	17:29.99		17:04.99		30
31	1:02.29	1:00.29	1:11.99	1:09.99	100 Back	1:04.49	1:06.49	55.69	57.69	32
33	2:16.49	2:12.49	2:34.99	2:30.99	200 IM	2:18.99	2:22.99	1:59.99	2:03.99	34
35	25.49	24.99	29.39	28.39	50 Free	25.69	26.69	22.39	22.89	36
37					<b>B</b> ) 400 Med Relay					38

A) The fastest heat of these events will swim during finals in event order. All remaining heats will swim following the conclusion of each prelim session, seeded fastest to slowest.

B) All relays will be swum in event order during finals, seeded slowest to fastest.

<sup>\*\*</sup>In prelims, the 800 will swim after event 9/10 200 Back and the 1500 Free will swim after 35/36 50 Free fastest to slowest.