

# 2021 SPEEDO SECTIONALS

## SPIRE Institute, Geneva, OH

Hosted by Hudson HEAT & Blazing Barracudas

CENTRAL ZONE SECTIONAL 3 – LCM: July 15 – 18, 2021

Held Under the Sanction of USA Swimming & Lake Erie Swimming

LE Sanction #LE 20162 LS

### DATES

Thursday, July 15 – Sunday, July 18

Wednesday, July 14: Team Warm-Ups 1:00 – 7:00 PM

### HOSTED BY Hudson HEAT & Blazing Barracudas

### EVENT WEBSITE

<https://www.teamunify.com/team/ohbb/page/events/speedo-sectionals-at-spire>

Click on Events at top of the home page; then Speedo Sectionals.

### LOCATION

SPIRE Institute  
5201 Spire Circle  
Geneva, OH 44041

### TIME ZONE

SPIRE institute is in the Eastern Time Zone. All times referenced in this document are Eastern Time.

### CONTACT INFORMATION

#### Co- Meet Directors

Sarah Tobin  
440-552-7023  
[stobin@hb.edu](mailto:stobin@hb.edu)

Lori Baylor  
567-277-0607  
[lorimbaylor@yahoo.com](mailto:lorimbaylor@yahoo.com)

#### Meet Referee

Scott Mengelkoch  
701-261-5001  
[smengelkoch@msn.com](mailto:smengelkoch@msn.com)

#### Entry Chairpersons

Sarah Tobin  
440-552-7023  
[bbameetentries@hb.edu](mailto:bbameetentries@hb.edu)

#### Central Zone Section 3 Chairperson

Cindy Dial  
330-310-1550  
[cvirdo@aol.com](mailto:cvirdo@aol.com)

### RULES

Current USA Swimming rules will govern this meet.

*Conditions of Sanction:* At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member-coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist in making arrangements for such

supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

Coaches MUST display their current USA Swimming coach credential or Deck Pass to gain deck access. The Meet Director and/or Meet Referee reserve the right to ask for coach credential or Deck Pass and/or deny deck access if coach does not comply or card is no longer valid/current.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Deck changes are prohibited including in the team seating galleries.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pool, athlete/coach areas, spectator areas, and open ceiling locker-rooms) any time athletes, coaches, officials and/or spectators are present.

It is understood and agreed that USA Swimming, Lake Erie Swimming, Hudson HEAT, and Blazing Barracudas shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

### SAFE SPORT 360

The Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to reducing the risk of sexual, emotional and physical abuse to athletes. Components of the program include, but are not limited to, providing education and training, enforcing policies, rules and best practice guidelines, promoting healthy boundaries and mandated reporting of violations.

The Minor Athlete Abuse Prevention Policy ("MAAPP") prohibits applicable adults from having one-on-one interaction with minor athletes that is not within an observable and interruptible distance from another adult. All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming MAAPP, and that they understand that



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compliance with the MAAPP Policy is a condition of participation in the conduct of this competition.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at [uscenterforsafesport.org/report-a-concern](https://uscenterforsafesport.org/report-a-concern). Various state laws may also require reporting to law enforcement or to a designated child protection agency.

All athletes age 18 and older must complete Athlete Protection Training ("APT") to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after July 15, 2021, who has not completed APT by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after July 15, 2021, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

The requirement to complete Athlete Protection Training is an annual requirement. USA Swimming membership will be affected if a non-athlete member or adult athlete member does not renew Athlete Protection Training annually.

Each club is responsible for the conduct of its swimmers. Any person who, in the opinion of the Meet Director or Meet Marshal, is harmful to others or to other's property may be required to leave the competition. No swimmer will be allowed access to the pool deck without a coach member present. If the home club coach is not planning to attend event, swimmer must designate a supervising coach. Arriving with fellow LSC club/coach is preferred. However, if a swimmer arrives without a coach, he/she must find a willing coach at the facility to sign supervision form before a credential can be issued.

#### COVID-19

##### Conditions of Sanction

As a condition of this sanction, HEAT and BBA agree to comply and to enforce all COVID 19-health and safety

mandates and guidelines (including face coverings, social distancing, and mass gatherings) of USA Swimming, Lake Erie Swimming, the State of Ohio, Ashtabula County, and the Event/Facility Safety Plan.

#### Assumption of Risk Disclaimer

HEAT, BBA, and SPIRE Institute have taken enhanced health and safety measures for athletes, coaches, officials, volunteers, and others participating in this meet.

Participants must follow all safety instructions as outlined in the safety plans. By attending this meet, you assume all risks related to exposure to COVID-19

#### COVID-19 Release

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc. and Lake Erie Swimming, Inc. cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND LAKE ERIE SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH. SPIRE Institute will require pre-meet waivers and on-site daily COVID-19 screenings. Details will be discussed at the Virtual Technical Meeting on Monday, July 12, 2021 at 6:00 PM.

#### Safety Planning

SPIRE Institute has comprehensive Safety Plans for the event which is published on the event website. Protocols will be



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discussed at the Technical Meeting. These safety plans will ensure that all local, state and federal guidelines are being met including enhanced sanitation, social distancing, mask/face covering compliance, and a robust communication plan.

**Masks/Face Coverings:** As per State of Ohio regulations, all meet participants – coaches, officials, athletes, meet staff, volunteers, and spectators - must wear masks/face coverings at all times while in the competition venue including entry and exit. Compliance with this requirement will be checked at entry doors and monitored throughout the meet. Face shields can be worn in addition to a mask/face covering, but face shields do not take the place of a mask/face covering. Masks/face coverings must be worn properly at all times over the nose and mouth. Anyone who refuses to wear a mask/face covering properly will be turned away at the entry doors and/or asked to leave the venue. Masks/face coverings can only be removed while eating/drinking while seated or in the water. Face shields in addition to a masks for officials are optional.

Athletes are required to wear masks/face coverings at all times while in the venue including entry, exit, while seated in the team seating galleries, and on the pool deck when walking to and from races/warm-up/cool-down. Athletes will be permitted to remove their masks/face coverings when reporting behind the blocks for warm-ups or races. The athlete masks/face coverings will then be placed in a zip lock bag or “Tupperware” container and placed on the deck behind each swimmer’s block/lane. Upon exiting the pool after their races/warm-ups/cool-downs, athletes are required to put on their masks/face coverings before any movement around the pool deck.

**Enhanced Sanitation:** Enhanced sanitation processes will be in effect as outlined in the venue’s safety plan.

**Participant Pre-Arrival Requirements:** All athletes, coaches, officials, volunteers, and spectators will be required to submit online waivers prior to arrival. Individuals entering the building are also subject to COVID-19 screenings, including temperature checks and health questionnaires, as outlined in each safety plan.

**Handwashing:** Hand sanitizing stations will be located throughout the venue. Frequent washing of hands is an expectation of all participants.

**Venue Entry Procedures:** Staggered arrival times may be assigned to decrease the participant density at entrances.

**Social Distancing:** Social distancing must be observed at all times on the pool deck and throughout the venue. Athletes must remain in team seating galleries any time they are not competing or warming up/down. Three heats of athletes will be permitted to stage prior to each race in the designated pre-race staging areas at both venues. Upon completion of their last event and cool-down, athletes will be asked to immediately leave the deck and exit the venue.

**Locker Rooms:** To limit the use of locker rooms, athletes will be asked to enter the venue in their warm-up attire. Limited capacity will be maintained in the locker rooms and restrooms based on social distancing guidelines.

**Venue Safety Plans:** The complete venue safety plans can be found on the event page at <https://www.teamunify.com/team/ohbb/page/events/speedo-sectionals-at-spire>

### SCHEDULE

All times are Eastern Time. SPIRE is on Eastern Time.

#### Virtual Technical Meeting

Monday, July 12, 2021: 6:00 PM Eastern

A meeting invitation will be sent out to registered teams the week prior. A coach from each team is **REQUIRED** to attend this meeting.

#### Warm-Ups & Start Times\*

\*All times listed below are subject to change based on final entry numbers and the potential need for staggered arrivals and staggered warm-up times.

Wednesday, July 14

#### Team Practice: 1:00 PM – 7:00 PM

Four 90-minute slots; reservations required:

- 1:00 PM – 2:30 PM
- 2:30 PM – 4:00 PM
- 4:00 PM – 5:30 PM
- 5:30 PM – 7:00 PM

Coaches will need to complete the google form with a reservation request. The form will be posted on the event website.

Thursday-Sunday, July 15 – July 18

Only for athletes competing in that session’s events.

Times are subject to change depending on number of swimmers entered

Thursday-Saturday, July 15 – July 17



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- Prelim Warm up: 6-8:20 am
- Competition: 8:30 am
- Finals Warm up: 4:30-5:45 pm
- Competition: 6:00 pm

### Sunday, July 18:

- Prelim Warm up: 6-8:20 am
- Competition: 8:30 am
- Finals Warm Up: 3:30-4:45 pm
- Competition: 5:00 pm

Eligible swimmers must have achieved the relevant qualifying times within the qualifying period. Official time standards, including bonus time standards, can be found on pages 9 & 10 of this document.

There will be relays at this meet.

Teams may enter an unlimited number of relay-only swimmers. Names of relay-only swimmers must be listed on the original entry.

### EVENT CREDENTIAL DISTRIBUTION

Coaches will pick up meet packets when arriving on Wednesday for their assigned warm-up. Coach and athlete passes will be included in the meet packet. Coaches are responsible for getting the credentials to their athletes.

All coaches desiring event credentials MUST complete Step 6 (Deck Passes) in OME when entering their athletes in the meet. There will be no on-site process for additional coaches to be issued a deck pass. The deck pass ratio will be as follows

- 1 – 9 swimmers – 1 coach pass
- 10 – 19 swimmers – 2 coach passes
- 20 + swimmers – 3 coach passes

Coaches must present their valid coach membership cards or valid Deck Pass app screens, along with a photo ID, in order to receive their event credentials. All event documents will be posted on the event website at

<https://www.teamunify.com/team/ohbb/page/events/speedo-sectionals-at-spire>

At all times when in the venue, all athletes must be under the direct supervision of a USA Swimming member coach. Swimmers whose coaches are not present at the meet should arrange in advance for an assigned coach and plan to arrive at the COVID-19 screening station with that coach in order to obtain athlete meet credentials. Swimmer Assignment Forms should be submitted in advance via email to the Meet Director at the assigned site.

### ELIGIBILITY (see also Entry Procedures)

This meet is open only to Central Zone Section 3 athletes until Monday, June 28, 2021 at 9:00 PM EST. Teams outside Central Zone Section 3 should email Entry Chair, Sarah Tobin, [bbameetentries@hb.edu](mailto:bbameetentries@hb.edu) to see if space is available. Lake Erie does not process on-site memberships. Age as of July 15, 2021, shall determine the swimmer's age for the entire meet.

Swimmers with a disability may enter any event(s) at this meet for which they have achieved a National Para Sectional Motivational Time Standard during the qualifying period. These athletes must also be members of a team in the Central Zone.

Swimmers with a disability who have achieved fewer than 4 individual event time standards (National Para Sectional Motivational Time Standard) may supplement their entry with bonus event(s) so that the total of individual events (qualified swims plus bonus swims) does not exceed 4 for the meet. (i.e. 1 qualified and 3 bonus, 2 qualified and 2 bonus, 3 qualified and 1 bonus). Swimmers must meet the National Para Sectional Motivational Bonus Time Standard for each bonus event.

Coaches of disability swimmers who have achieved these standards and would like to enter this meet should contact the Meet Director before the entry deadline. The email should include the swimmer's name, USA Swimming membership number, team name with LSC, events and entry times based on grouping (P1,P2,P3) strokes/distances and days/sessions. Final determination of seeding of swimmers with a disability will be made by the Meet Referee after consultation with the athletes and their coaches.

Coaches entering swimmers with disabilities that require any accommodations, including the need for any personal assistants and/or registered service animals, must provide advance notice in writing, accompanying their meet entry file, to the Meet Director by the entry deadline. Failure to provide advance notice may limit the host's ability to accommodate all requests.

### QUALIFYING PERIOD

The qualifying period is from June 1, 2019, through the entry deadline.

### ENTRY LIMITS and BONUS EVENTS

**This meet will be capped at 850 athletes.**



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**Limits:** A swimmer may enter an unlimited number of individual events but may compete in no more than 6 individual events for the meet and in no more than 3 individual events per day. Time trial events count toward a swimmer's daily limit (3 events), but do not count toward a swimmer's meet limit of six (6) events.

**Bonus Events:** Swimmers who have achieved fewer than 4 individual event time standards may supplement their entry with bonus event(s) so that the total of individual events (qualified swims plus bonus swims) does not exceed 4 for the meet. (i.e. 1 qualified and 3 bonus, 2 qualified and 2 bonus, 3 qualified and 1 bonus). Swimmers must meet the Central Zone Section 3 Bonus Time Standards for each bonus event. Please be certain to check the box indicating "bonus" for each event that is a bonus event.

### MEET FORMAT

This meet will be conducted in long course meters using ten (10) lanes. This event is a 4-day competition. If feasible, the meet will be conducted in a prelims/finals format with one prelim session and one final session per day unless COVID-19 restrictions prohibit. All relays will be timed finals. The 800 Free & 400 Free Relays will swim during the finals session. The 400 Medley Relay will be on Sunday and the top 10 seeded relays will swim during the finals. Teams will choose prelims or finals. Teams may only enter two relays per event (A & B) Relays will not be paraded. In all other events, four heats of swimmers from preliminaries will advance to finals where A, B, C, and D heats will be contested in those events. The A, B, & C finals will consist of the top 30 swimmers from prelims. The D finals will be the next 10 fastest 18 & Under athletes. The Section reserves the right to flight prelims based on entries and timelines. Order for finals will be as follows: A, B, C, D. The A Final will parade out; Swimmers in the A Final should report to the ready room 15 minutes prior to the start of the race. Additional heats will report to the blocks.

If the above format cannot be executed, the meet will be prelims/finals with two prelim sessions

- A Flight Session (prelims)
- B Flight Session (prelims)
- Championship Finals (A, B, C, D Finals). and one finals session each day. Relays may be eliminated. Refunds will be given if relays are eliminated.

If the above is not feasible the meet will be conducted in the following manner

The sessions each day will consist of the following:

- A Flight Session (timed finals)
- B Flight Session (timed finals)
- Evening Championship Session – top 40 swimmers per event (timed finals)
- No relays

All prelim events will be conducted using flyover starts. The finalized meet format will be decided by Sunday, July 11 and communicated to all teams.

### ENTRY FEES

Individual Events: \$ 16.00

Relay Events: \$25.00

Surcharges: \$ 35.00 per athlete (including relay only swimmers)

All fees are nonrefundable and nontransferable once the entries have been checked out in OME unless the meet is cancelled due to COVID-19. If the meet is cancelled, all fees will be refunded.

### ENTRY PROCEDURES

Entries must be submitted using USA Swimming's Online Meet Entry system at [www.usaswimming.org](http://www.usaswimming.org).

Entries for currently qualified Central Zone Section 3 athletes will be accepted beginning Monday, May 17, 2021, starting at 9:00 AM EST. This entry period will close at 9:00 PM Eastern on Monday, June 28, 2021.

Teams outside the Central Zone Section 3 may enter July 1 – 5. Teams outside Section 3 who wish to attend MUST email Sarah Tobin at [bbameetentries@hb.edu](mailto:bbameetentries@hb.edu) to see if space is available.

Times can be updated until 9:00 PM on Sunday, July 11, 2021. Please bring all OME communications with you to the meet in the event of a problem. OME is not an eligibility report. It is the coach's responsibility to know for which events his or her athlete is qualified. Events can be added to the entries however you may not delete an online entry once it has been submitted/paid for.

The OME system processes payment by credit card and will accept Visa, MasterCard, American Express, & DiscoverCard. Upon payment, a confirmation email including a receipt and summary of the events entered will be sent. Entries are not



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in the meet until payment has been processed in OME; please be sure to check out.

Please contact Macie McNichols at USA Swimming ([mmcnichols@usaswimming.org](mailto:mmcnichols@usaswimming.org)) with OME technical questions. Contact the meet Entry Chair, Sarah Tobin, [bbameetentries@hb.edu](mailto:bbameetentries@hb.edu) for event-related questions.

### ENTRY PROCESS FOR NEW QUALIFIERS

**Tuesday, July 6, 9:00 AM - Sunday, July 11, 9:00 PM if the meet is NOT already full**

Swimmers from Central Zone Section 3 teams who achieve NEW qualifying times after June 28, 2021, and before Monday, July 12, 2021, may be entered in the meet through the New Qualifier Speedo Sectionals meets set up in OME. New qualifying swims cannot be used to improve seed times.

### LATE ENTRIES

**A team who has inadvertently missed entering a swimmer and/or an event may do so after the July 11, 2021 deadline by paying the following fees:**

- **\$100.00 Administration Fee (per team)**
- **Double the entry fee per individual event and/or relay event**
- **Must be done no later than 12:00 noon on Tuesday, July 13, 2021 with proof of time; no entries will be taken after that time.**

\*\*Any entry/administrative fees for late entries or qualifying times achieved after OME closes are due to the meet entry chair upon arrival at the venue on Wednesday for the team's scheduled warm-up time. Payment must be either in cash or check made payable to Blazing Barracudas. No credit cards for entry fees will be accepted on site. Failure to pay will result in the swimmer being removed from the events.

A **psych sheet** will be sent via email to all entered clubs by Monday, July 12 at 6:00 PM. Teams are responsible for reviewing the psych sheet for errors and for proof of time (\*) or registration problems (#). Bonus events will be noted with a "B" next to the time on the psych sheet.

### PROOF OF TIME

Acceptable verifications for any individual events not in USA Swimming's SWIMS database must be **official results** from: (1) USA Swimming sanctioned, approved, or observed meets; or (2) College, High School, Junior High, YWCA or YMCA, or Masters meets sanctioned by their respective

governing organizations. Proof of time is also necessary if you override a time in the SWIMS database.

All proof of time must be submitted to your home LSC Times Officer for every entry time not in SWIMS. The LSC Times Officers will then confirm proof of time with the entry chairs at each site.

Times not proven in advance will be flagged on the psych sheet (\*). **Proof of time must be provided before the scratch deadline for that event. If NO proof of time is provided, the swimmer will be scratched from the event.**

**The responsibility of proving times lies with the entering club. Verification / Proof of Time must be accordance with the type of time entered (LCM & SCY)**

### TIME TRIALS

Time trials will be offered if space/time allows. A decision regarding time trials will be communicated at the Virtual General Meeting on Monday, July 12.

- will be available for swimmers participating in the meet starting 15 minutes after the conclusion of preliminaries on Thursday, Friday, Saturday, and Sunday.
- Events from the current day will be swum first, with events for subsequent days following in order.
- Time trials will be limited to 1 hour.
- Time trials for events 800m and longer will be limited to one day. Teams will be informed of the distance time trial event day at Monday's Virtual General Meeting.
- If on any day, preliminary sessions end less than 45 minutes before the start of finals warm-ups, time trials will not be conducted on that day. On a given day, time trial events must be included in the individual event limit of three.
- Sign up for time trials will be taken at the meet administration table located on the pool deck near the start end of the pool until 10:30am each day.
- Fees: Individual Events: \$16.00; Relays: \$25.00
- Time trial fees are payable in cash or check made payable to Blazing Barracudas.

### MEET CONDUCT

**Rules:** The meet will be conducted according to USA Swimming rules and regulations.



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**Seeding:** Seeding order: LCM then SCY  
Bonus times will be seeded following non-conforming times, and may be flighted to the end of session, prior to time trials, depending on length of session.

### Scratch Rule/DFS:

All athletes are considered to be swimming unless scratched for all timed final events as well as prelims only. Scratches for timed finals and prelims will be done online for all events except the 800 and 1500 free. A link to the electronic scratch form will be provided to each coach. The 800 & 1500 free and relays will use a positive check-in process for this meet. A link to an electronic positive check in will be provided to each coach.

Due to COVID-19 there will be no penalties for no-shows for timed final events and prelims but courtesy DFSs during the meet should be texted to the Admin Referee.

### Scratch Rule for Finals

The USA Swimming National Championship scratch procedure and no-show rules will be used for Finals. These rules are described in the current USA Swimming Rule 207.11.6 in the current Rulebook. Swimmers who no show for finals will be out of the rest of the meet unless they “buy back” their events. Swimmers can pay a \$100 fee to the meet host to be put back into their events if a no show occurs.

### Scratch Deadlines:

The scratch deadline is 6:00 PM for the next day's events.  
The entry fees paid for scratched events are NOT refundable.

### DISTANCE FREESTYLE & RELAYS

Entrants in the 800 and 1500m Freestyle events must submit the positive check in google form (posted on the event website) prior to the scratch deadline in order to be seeded. If a swimmer fails to check in by applicable deadline(s), they will only be allowed to swim IF there is an empty lane (no new heat will be created). Thursday distance swimmers (W800/M1500) not wanting to swim the event during the final session should declare they will swim in prelims on the google form.

Sunday distance swimmers (W1500/M800) not wanting to swim the event during the final session should declare they will swim in prelims on the google form prior to the scratch deadline.

Thursday distance events (W800/M1500) will be swum fastest to slowest alternating women and men. The fastest heat of the Women's 800 and Men's 1500 will swim in finals. The top 10 swimmers swimming during finals will be paraded.

Sunday's distance events (W1500/M800) will be swum fastest to slowest alternating women and men. The fastest heat of the Women's 1500 and the Men's 800 will be swum in finals. Any swimmers who enter the Women's 1500 or the Men's 800 should declare that they do not wish to swim the event in the finals session on the google form prior to the scratch deadline. Swimmers should anticipate that many people seeded ahead of them may opt out of finals and should also indicate on the google form that they do not wish to swim the event at finals. The top 10 swimmers swimming during finals will be paraded.

All distance events counters MUST be individuals who are credentialed for this event. Spectators will not be permitted on deck as counters.

### PRE-RACE STAGING (CLERK OF COURSE)

There will be a designated area for pre-race athlete staging to help manage social distancing on the deck and behind the blocks. Three (3) heats of athletes should report to the designated staging area prior to their races.

Upon completion of their races and warm-down, athletes should return to their team seating gallery.

### WARM-UP PROCEDURES

Specific details of warm-ups, including the warm-up schedule, will be emailed to coaches of participating teams once entry numbers have been determined. The warm-up schedule will also be posted on the event website as well as throughout the venue. Meet marshals will be monitoring lane capacity and usage based on the published schedule. Participants are expected to comply with all lane control signage, social distancing, and marshal requests. The use of equipment is NOT permitted.

### SCORING & RESULTS

The meet will score to 20 places.  
24-21-20-19-18-17-16-15-14-13- 11-9-8-7-6-5-4-3-2-1  
Relays will score double.  
Results will be posted on the event website.



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### AWARDS

Medals for 1<sup>st</sup>-10<sup>th</sup> place finishers in all individual events and 1<sup>st</sup>-3<sup>rd</sup> place finishers in all relays will be distributed to coaches at the meet. There will be no awards ceremonies.

Awards will be presented for men's and women's individual high point and runner up at the conclusion of the meet.

### INFORMATION DISTRIBUTION

This meet will be a "paperless" meet. No paper heat sheets will be available at the venue. Heat sheets and results will not be posted at the meet. Heat sheets will be available on Meet Mobile and posted on the event website. All other official meet documents will be posted on the event website.

### OFFICIALS

The priority for assigned positions will be given to those committed to working all sessions of the meet. **Officials interested in officiating at the meet should visit the Central Zone website ([www.centralzones.org](http://www.centralzones.org)) and submit an application.**

Officials' Uniforms: Officials are asked to wear white shirts and navy bottoms.

The Officials' briefings will be virtual and required.

### GENERAL INFORMATION

**SPECTATORS:** There will be NO spectators permitted for the prelims/flighted sessions. One (1) spectator per swimmer will be permitted for the Finals sessions. Admission is included in the cost of the entry fees.

**TEAM SEATING GALLERIES:** Spectator seating galleries will be used for team seating to ensure social distancing. Information regarding specific team seating assignments and procedures will be explained at the virtual Technical Meeting on Monday, July 12, at 6:00 PM Eastern Time.

### HOTELS:

*Marriott is a proud sponsor of USA Swimming.*

**VENDOR:** Aquatic Outfitters will be at the meet.

**LIVESTREAM:** All sessions will be livestreamed. More information will be posted on the event website closer to the meet.





**2021 SPEEDO SECTIONALS**  
**SPIRE Institute, Geneva, OH**

Hosted by Hudson HEAT & Blazing Barracudas  
 CENTRAL ZONE SECTIONAL 3 – LCM: July 15 – 18, 2021  
 Held Under the Sanction of USA Swimming & Lake Erie Swimming  
 LE Sanction #LE 20162 LS

ORDER OF EVENTS

Start times may be adjusted depending on entries

WOMEN	PRELIMINARIES	MEN	WOMEN	FINALS	MEN
<b>Warm-ups: 6:00 – 8:20 AM</b>		<b>Thursday Events</b>		<b>Warm-ups: 4:30 – 5:45 PM</b>	
<b>Meet Starts: 8:30 AM</b>				<b>Meet Starts: 6:00 PM</b>	
103	200 Backstroke	104	101	800 Freestyle***	
105	50 Freestyle	106	103	200 Backstroke	104
109	200 Breaststroke	110	105	50 Freestyle	106
				1500 Freestyle***	108
101	800 Freestyle***		109	200 Breaststroke	110
	1500 Freestyle***	108	111	800 Free Relay Women**	
<b>Warm-ups: 6:00 – 8:20 AM</b>		<b>Friday Events</b>		<b>Warm-ups: 4:30 – 5:45 PM</b>	
<b>Meet Starts: 8:30 AM</b>				<b>Meet Starts: 6:00 PM</b>	
201	50 Backstroke	202	201	50 Backstroke	202
203	200 Freestyle	204	203	200 Freestyle	204
205	100 Butterfly	206	205	100 Butterfly	206
207	400 I.M.	208	207	400 I.M.	208
			209	400 Free Relay**	210
<b>Warm-ups: 6:00 – 8:20 AM</b>		<b>Saturday Events</b>		<b>Warm-ups: 4:30 – 5:45 PM</b>	
<b>Meet Starts: 8:30 AM</b>				<b>Meet Starts: 6:00 PM</b>	
301	50 Butterfly	302	301	50 Butterfly	302
303	100 Backstroke	304	303	100 Backstroke	304
305	400 Freestyle	306	305	400 Freestyle	306
307	100 Breaststroke	308	307	100 Breaststroke	308
309	200 Butterfly	310	309	200 Butterfly	310
				800 Free Relay Men**	312
<b>Warm-ups: 6:00 – 8:20 AM</b>		<b>Sunday Events</b>		<b>Warm-ups: 3:30 – 4:45 PM</b>	
<b>Meet Starts: 8:30 AM</b>				<b>Meet Starts: 5:00 PM</b>	
401	50 Breaststroke	402	401	50 Breaststroke	402
403	200 I.M.	404	403	200 I.M.	404
407	100 Freestyle	408	405	1500 Freestyle***	
409	400 Medley Relay*	410		800 Freestyle***	406
405	1500 Freestyle***		407	100 Freestyle	408
	800 Freestyle***	406	409	400 Medley Relay*	410

\* Timed Finals Prelim Only; Top 10 seeded relays will swim during the finals. Teams will choose prelims or finals. Heats swimming during prelims will swim in event order (women then men) slowest to fastest.

\*\* Timed Finals with all relays being swum in finals session fastest to slowest. A ten minute break will only precede the 800 Free relays. The 400 Free Relay will be swum fastest to slowest, 2 women's heats, 2 men's heats and then alternating gender for the balance of the heats.

\*\*\* Thursday and Sunday distance events (800/1500) will be swum fastest to slowest alternating women and men. The fastest heat of each (800/1500) not declaring a prelim swim will be swum in finals.



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**MEET TIME STANDARDS FOR CENTRAL ZONE SECTION 3 ATHLETES\***

**Qualifying Period:** June 1, 2019, through the meet entry deadline

WOMEN		EVENT	MEN	
SCY	LCM		LCM	SCY
24.79	28.49	50 FREE	25.69	22.39
53.89	1:01.19	100 FREE	55.99	48.59
1:56.69	2:11.89	200 FREE	2:01.89	1:45.89
5:08.99	4:36.09	400/500 FREE	4:16.89	4:46.39
10:38.29	9:31.89	800/1000 FREE	9:00.49	9:57.99
17:49.89	18:15.59	1500/1650 FREE	17:20.99	16:43.89
1:00.09	1:10.09	100 BACK	1:03.19	55.39
2:09.99	2:29.69	200 BACK	2:18.59	1:58.79
1:08.59	1:18.59	100 BREAST	1:11.99	1:01.59
2:27.69	2:48.79	200 BREAST	2:36.19	2:13.79
59.19	1:07.29	100 FLY	1:00.59	53.29
2:11.19	2:27.49	200 FLY	2:16.19	1:59.29
2:11.89	2:29.59	200 IM	2:17.69	1:59.39
4:37.69	5:15.99	400 IM	4:55.79	4:16.99
3:41.99	4:09.99	400 FREE RELAY	3:50.99	3:18.99
7:45.99	8:50.99	800 FREE RELAY	8:15.99	7:13.99
4:05.99	4:40.99	400 MEDLEY RELAY	4:17.99	3:42.99
*Qualifying times for out-of-section athletes are USA Swimming's 2021 Speedo Sectionals Maximum Time Standards				



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**BONUS TIME STANDARDS**

**Qualifying Period:** June 1, 2019, through meet the entry deadline

WOMEN		EVENT	MEN	
SCY	LCM		LCM	SCY
26.99	30.19	50 FREE	26.99	23.99
57.39	1:04.09	100 FREE	58.69	50.59
1:59.69	2:15.69	200 FREE	2:06.99	1:50.79
5:17.99	4:44.99	400/500 FREE	4:26.99	4:55.99
10:47.39	9:43.09	800/1000 FREE	9:13.99	10:08.99
18:00.09	18:30.79	1500/1650 FREE	17:34.89	16:55.89
1:03.99	1:13.29	100 BACK	1:06.69	59.39
2:14.59	2:34.09	200 BACK	2:23.09	2:03.09
1:12.19	1:23.19	100 BREAST	1:15.49	1:05.09
2:33.99	2:56.29	200 BREAST	2:42.99	2:19.99
1:03.99	1:11.09	100 FLY	1:03.59	55.89
2:15.59	2:33.99	200 FLY	2:22.99	2:03.99
2:15.99	2:34.99	200 IM	2:22.99	2:03.99
4:45.09	5:26.99	400 IM	5:06.99	4:23.99

**ENTRY LIMITS and BONUS EVENTS**

- **Limits:** A swimmer may enter an unlimited number of individual events but may compete in no more than 6 individual events for the meet and in no more than 3 individual events per day. Time trial events count toward a swimmer’s daily limit (3 events) but do not count toward a swimmer’s meet limit of six (6) events.
- **Bonus Events:** Swimmers who have achieved fewer than 4 individual event time standards may supplement their entry with bonus event(s) so that the total of individual events (qualified swims plus bonus swims) does not exceed 4 for the meet. (i.e. 1 qualified and 3 bonus, 2



## 2021 SPEEDO SECTIONALS SPIRE Institute, Geneva, OH

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qualified and 2 bonus, 3 qualified and 1 bonus). Swimmers entering bonus events must meet the bonus time standards as outlined in the grid above.

### SPIRE FACILITY INFORMATION

The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Where a moveable bulkhead is used, course measurement of the lane in which a record is set (American, US Open, or National Age Group) must be confirmed at the conclusion of the session during which the time was achieved.

*Pool:* 50 meters by 10 lanes, Colorado electronic timing and scoreboard; spacious locker rooms, deck area, and spectator section; continuous warm-up available. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming. An adjacent 25-yard pool is available for continuous warm-up and warm-down. Men's and Women's locker rooms are off the pool deck but are not accessible to parents during the meet. Colorado timing system and scoreboard are available.

*Locker rooms:* There are 4 locker rooms for athlete use. A monitor (not allowed inside) may be posted outside the locker room and will limit the number of athletes inside to **10 Persons**. Additional restrooms are located on the lower level near FUEL and on the upper concourse of the facility.

*Parking:* Ample parking will be available free

*Participant Hospitality:* Because of COVID-19 restrictions, on-site hospitality will be limited; participants may bring their own personal water bottles and food that might be necessary because of dietary needs with them to the meet. The expectation is that guests will eat before and after the competition sessions and during breaks at off-site locations. There is to be no sharing of food or water bottles among participants.

#### PROTOCOLS:

- Temperature checks and SPIRE health screening shall be required of all athletes, officials, volunteers and spectators.
- **SPIRE health screening must be filled out by all athletes, volunteers, officials and spectators DAILY. A parent/guardian must sign the waiver for athletes under the age of 18. Go online @ <https://spirecovidform.paperform.co/> or scan the attached QR code to fill out the health screening. A confirmation screen or email sent after filling out the form must be shown at the health screening station. **This online form MUST be filled out every day prior to arrival to the facility on the day of competition.** For athletes without access to an email or mobile device, they will be required to bring a printed copy of the confirmation email to the health screening station. Paper versions of the form are not available on site.**
- If someone leaves the premises and returns, he/she will undergo a temperature check and screen again.
- Masks shall be worn and social distancing shall be implemented at all times except for when the swimmer is up on the blocks and in the water in which they will be required to social distance but remove their mask to compete. Athletes should bring a bag or Tupperware container with their full name on it to place their mask while in the water.
- Athletes should bring 2-3 extra masks in the event theirs gets wet.
- Locker rooms are available for athlete use. A monitor (not allowed inside) may be posted outside the locker room and will limit the number of athletes inside to **10 Persons**.
- Time in locker rooms should be limited to less than 10 minutes. Athletes shall wear masks while in the locker rooms.
- Athletes should arrive/depart in their suit. They will not be allowed to share caps, goggles, food and drinks.



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- Maximum of three (3) heats shall be permitted to wait behind the blocks at any given time.
- Heat Sheets will not be printed at the facility.
- Athletes, volunteers, guardians and officials shall enter the building from the main entrance and through the main pool entrance. The spectator (if allowed) shall immediately head to the balcony area is upstairs.
- Teams will be assigned Pods and athletes should remain in their pods with the exception of when they are swimming. Pod locations will be spread around the pool deck and spectator area based on event set up.
- There will be COVID marshals monitoring both all spaces to make sure that proper adherence to social distancing.
- In the event of spectators, parents shall have access to their swimmers and be able to observe them. Swimmers will not be allowed in the spectator area on the second floor if the balcony area is used for spectators. Guardians may communicate with their swimmer in the lobby. Please observe social distancing with other guardians.
- **ALL SPECTATORS, VOLUNTEERS, OFFICIALS AND SWIMMERS ARE REQUIRED TO WEAR MASKS AT ALL TIMES EXCEPT FOR SWIMMERS WHO ARE IN THE WATER**
- SPIRE is a smoke-free campus.



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**SPIRE Institute is requiring EVERY PERSON who enters the facility to complete an online self health assessment for EVERY DAY they are on the SPIRE Campus.**

**Once filled out, you must show either the success screen for the day you are coming to SPIRE or bring a printed copy of the confirmation email stating that it was completed successfully on the day you are coming to SPIRE.**

**Temperatures will be verified at the Health Screening Station when success screen is shown.**

**SCAN HERE  
FOR ONLINE  
HEALTH  
SCREENING  
FORM**



**EVERYONE MUST  
COMPLETE DAILY**



**SECTIONALS**

