



**USA Swimming Workshop  
Central Zone Meeting  
Denver, Colorado  
April 21, 2023**

**Friday, April 21, 2023 – 9:45-10:45AM (MT)**

The meeting was called to order by Coach Director Michael White at 9:48 AM MT. Jack Swanson was present in the role of Non-Coach Director. Roll call indicated that all LSCs were present. Sign-in sheets were distributed for all attendees to sign in.

**Reports:**

• **Officers, Coordinators, Committees**

- **Team Services Senior Advisor for CZ:** Jay Chambers – Goal is to work together to provide quality opportunities for our athletes.
- **Team Services Associate Advisor for CZ:** Ellery Parish
- **Central Zone Athlete Reps:** Zach Toothman and Savannah Gurley

2023 Athlete Summit – June 8-11, 2023 – flyer distributed

- Minneapolis, MN @ University of MN
- Registration April 1-May 5, 2023
- Athletes MAY attend without a chaperone
- Lodging for athletes in dorms/Chaperones book their own room in hotel
- Geared to High School Athletes

2024 Athlete Summit – June 20-23, 2023

- Indianapolis, IN
- Cost WILL be higher
- Sessions planned with staff and will attend 2 Olympic Trials Finals Sessions.
- Questions should be directed to Zach & Savannah

- **Zone Directors** – Report is posted
- **Disability** – Report is posted
- **Open Water** – no report filed
- **DEI** – no report filed
- **SafeSport** – no report filed
- **Officials** – no report filed

• **Championship Evaluation Committee**

Changes to 2023 14&U Championship Format

- From 4 days to 3.5 days
- Swimmers with 1 AAA cut may swim up to 2 bonus entries (100M or less)
- Swimmers with 2 AAA cuts may swim up to 1 bonus entry (100M or less)
- A qualifying time in the 800 Free or 1500 free will allow entry into the other distance event
- 11-12 and 13-14 Mixed 200 Medley Relays added
- Any swimmer achieving a JNAT or faster cut before July 15th may not swim that event at the meet (applies to individual AND relay)

• **Site Assignment Committee**

Volunteers for the Site Assignment Committee were solicited at the pre-workshop meeting on Thursday, April 13<sup>th</sup>, 2023. The committee met on Sunday, April 16<sup>th</sup> via video conference. The Site Assignment Committee for 2024 Zone championship meets consisted of Erin Crabtree (Coach – LE), Justin Haycraft (Coach – MN), John Moseley (Coach – AR), and Sophie Schuetze (Athlete – MI). The Committee primarily discussed competitive balance, site preference, and travel distance. 9 LSCs selected Des Moines as first preference, 4 LSCs selected West Fargo as first preference, and 2 LSCs did not express a preference.

2024 Zone Meet Sites

<b>West Fargo, ND</b>	<b>Des Moines, IA</b>
Midwestern	Arkansas
Minnesota	Illinois
North Dakota	Indiana
Ohio	Iowa
Ozark	Lake Erie
South Dakota	Michigan
Wisconsin	Missouri Valley
	Oklahoma

Motion to approve 2024 Zone Meet Sites – Zach/Savannah  
 No Discussion  
 Passed

**Host Award Bidding**

- Multi-Cultural Meet Bid Info is posted  
 June 14-16, 2024 Greenwood, IN

- 2025 Meet Bids

- **Open Water Championships – June 13, 2025 – Pleasant Prairie, WI**

Motion to approve Joe Gazzarato/Cole Kincart  
 Passed

- **14&U August 7-10, 2025**

Holland, MI (MLA Aquatics) & Rochester, MN (Rochester Swim Club) submitted bids.

Ian Townsend (MLA) and Autumn Kappes (RSC) presented bids on behalf of hosts via video conference and submitted brief videos.

Discussion – admission fees is VERY different but without multiple bids will not be a competitive bidding process.

Motion to approve Holland, MI and Rochester, MN sites for 2025 14&U Zone Champs – Zach Toothman/Stacy

Christy

Passed

**Election – Coach Director**

Bob Staab – Oklahoma Swimming  
 No nominations from the floor  
 Declared elected by acclimation

**Unfinished Business - NONE**

**New Business**

Thank you to Michael White for all your hard work as CZ Coach Director!

**Adjournment** – Motion to adjourn Zach Toothman/Betty Kooy. 10:30 AM MT.