



2023 USA SWIMMING SUMMER SPEEDO SECTIONALS Central Zone East Sectional

Thursday, July 13 – Sunday, July 16, 2023

Hosted by The Ohio State University – Columbus, OH
Held under the Sanction of USA Swimming & OH Swimming
#OH-23LC-34; Time Trials #OH-23LC-35
This meet will be capped at 850 athletes.



Welcome

The Ohio State University, Department of Athletics, Ohio State Swimming and Diving and the Department of Recreational Sports are pleased to host the 2023 Speedo Sectionals at Columbus – Central Zone East Sectional at The Ohio State University.

The most current meet information, including notices of program changes, warm-up times, warm-up lane assignments, and complete meet results and computer backups will be posted on the Ohio State Buckeyes website at www.OhioStateBuckeyes.com (microsite link to be added).

Meet Management

Meet Director

Bill Dorenkott
(614) 315-2907 office
mccorkle@osu.edu

Meet Referee & LOC

Kerry Barnes
(319) 573-9393
barnes.a.kerry@gmail.com

Sectional Chairperson

Cindy Virdo-Dial
cvirdo@aol.com

Entry Chair

mccorkle@osu.edu

Facility Information

McCorkle Aquatic Pavilion

1847 Neil Ave.
Columbus, Ohio 43210

The McCorkle Aquatic Pavilion is The Ohio State University's competitive aquatic facility and consists of two large bodies of water for competition and warm-up/cool-down: the Mike Peppe Natatorium Competition Pool and the Ron O'Brien Diving Well.

The Mike Peppe Natatorium Competition Pool is a 10 lane, 50-meter, all-deep water indoor pool. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Due to moveable bulkheads, the course will be re-certified prior to and following each session. The water depth is greater than 7ft. from the starting blocks at both ends of the pool. The course will be swum wall to bulkhead.

The 8 lanes, 25-meter Ron O'Brien Diving Well will serve as the warm-up/cool-down pool during competition.

The facility has spectator seating for 1,500 with viewing from both sides of the competition pool. There will be no assigned seating or reservation of seats in the spectator areas.

Parking information can be found on page 8 of this meet information packet.

Medical Supervision

First Aid/Training Needs

Lifeguards will be on duty during all venue hours of operation. Lifeguards are trained to handle water rescues and first aid on deck. Please report all first aid issues to the Aquatic Staff.

If you see someone bleeding, please STOP them where they are and get a staff member to help. We don't want blood tracked around the deck.

An athletic trainer will not be provided for general care during the event. Training ice will be available.

Time Zone

Columbus is in the Eastern Daylight Time Zone (EDT). All times referenced in this document are Eastern Daylight Time.

Disclaimer

In granting this sanction it is understood and agreed that USA Swimming, Ohio Swimming, and The Ohio State University shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Code of Conduct

Each club is responsible for the conduct of its swimmers. Any individual who exhibits a behavior of a threatening, abusive, or derogatory manner toward an official or member of the meet staff is subject to immediate removal and further expulsion from the meet. Coaches will be notified of the actions of their respective teams.

Any person who, in the opinion of the Meet Director or Meet Marshal, is harmful to others or to others' property may be required to leave the competition.



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USA Swimming Rules

Current USA Swimming rules and regulations will govern the meet.

Condition of Sanction: At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member-coach during warm-up, competition and warm-down. The Meet Director or Meet Referee may assist in making arrangements for such supervision, but it is the swimmer's responsibility to coordinate such arrangements prior to the start of the meet.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups.

Deck changes are prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Flash photography is not permitted at the start of any race.

Ohio State Laws that are applicable to Ohio Swimming sanctioned events

Ohio's Return to Play Law (ORC 3313.539 and ORC 3314.03) requires that coaches and referees either (1) complete a free online training once every three (3) years in recognizing the symptoms of concussion or (2) hold a pupil-activity program permit from the Ohio State Board of Education. Free online concussion training is offered through the National Federation of State High School Association and Centers of Disease Control. Training links can be found at www.swimohio.com under Safe Sport>Concussion.

There will be the required number of certified lifeguard(s) on duty at all times at this meet per Ohio Administrative Code 3701-31-04-E-4.

Safe Sport 360

The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations.

The Minor Athlete Abuse Prevention Policy (MAAPP) prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

All athletes aged 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after the first day of competition, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after the first day of competition, who



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competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

The requirement to complete Athlete Protection Training is an annual requirement. USA Swimming membership will be affected if a non-athlete member or adult athlete member does not renew Athlete Protection Training annually.

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Eligibility

All swimmers must be verified USA Swimming members.

Membership will not be verified at the meet.

The meet is open only to athletes registered in the following LSCs: IN, LE, OH and MI.

Eligible swimmers must have achieved the relevant qualifying times within the qualifying period. Official time standards are included with the meet information. Please see page 14 and 15 for qualifying and bonus time standards.

Teams may enter unlimited relays for which they meet the time standards. No more than two relays, per team, per event may be made up of relay only swimmers. Names of relay-only swimmers must be listed in the original OME team roster.

Disability Athletes

Swimmers with a disability may enter any event(s) at this meet for which they have achieved a National Para Sectional Motivational Time Standard during the qualifying period. These athletes must be registered in one of the participating LSCs to be accepted into the meet.

Swimmers with a disability who have achieved fewer than 4 individual event time standards (National Para Sectional Motivational Time Standard) may supplement their entry with bonus event(s) so that the total of individual events (qualified swims plus bonus swims) does not exceed 4 for the meet (i.e., 1 qualified and 3 bonus, 2 qualified and 2 bonus, 3 qualified and 1 bonus). Swimmers must meet the National Para Sectional Motivational Bonus Time Standard for each bonus event.

Coaches of disability swimmers who have achieved these standards and would like to enter this meet should contact the Meet Director before the entry deadline. The email should include the swimmer's name, team name with LSC, events and entry times based on grouping (P1, P2, P3) strokes/distances and days/sessions. A final determination of seeding of swimmers with a disability will be made by the Meet Referee after consultation with the athletes and their coaches.

Coaches entering swimmers with disabilities that require any accommodations, including the need for any personal assistants and/or registered service animals, must provide advance notice in writing, accompanying their meet entry file, to the Meet Director by the entry deadline. Failure to provide advance notice may limit the host's ability to accommodate all requests. There will be accommodations for all disability athletes to compete in finals.

Qualifying Period

The qualifying period is from January 1, 2022, through the entry deadline.

Entry Limits and Bonus Events

Entry Limit – A swimmer may enter an unlimited number of events for which they qualify but may compete in no more than six (6) individual events for the meet and in no more than three (3) individual events per day. Time trial events count toward a swimmer's daily limit (3 events), but do not count toward a swimmer's meet limit of six (6) events. Swimmers are limited to a total of two time trials for the meet.

Bonus Events – Swimmers who have achieved fewer than 4 individual event time standards may supplement their entry with bonus event(s) so that the total of individual events (qualified swims plus bonus swims) does not exceed 4 for the meet (i.e., 1 qualified and 3 bonus, 2 qualified and 2 bonus, 3 qualified and 1 bonus). Swimmers who have achieved 4 or more event time standards may not enter any bonus events. Swimmers must meet the Central Zone East Section Bonus Time Standards (see page 15) for each bonus event. Please be certain to check the box indicating "bonus" for each event that is a bonus event.



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Meet Format

This meet will be conducted in long course meters and is a four-day competition. 10 lanes will be used for preliminary, timed finals and finals events. Prelims and timed finals events will be conducted using fly-over starts.

Relays and distance freestyle events will be conducted as timed finals. In all other events, the top 40 swimmers from preliminaries will advance to finals where a Bonus "C" heat, Consolation "B" heat, Championship "A" Final heat, and an Extra "D" heat will be contested. The "D" heat will be limited to athletes 18 years and younger and will be contested following the Championship "A" Final heat. If there are not enough 18 & Under swimmers from preliminaries to fill the "D" final in an event, the heat will be filled with the next fastest 19 & Over swimmers who do not qualify for Bonus, Consolation, or Championship heats. No changes to this will be made at the General Meeting.

The fastest 10 swimmers from the Championship heat will receive awards (and only 1st, 2nd and 3rd place finishers will be presented on the awards stand). The fastest 10 swimmers or relays in timed finals will receive awards regardless of seeding.

Meet management reserves the right to flight prelims based on entries and time trials.

The cap for the meet is 850 athletes.

Registration

USA Swimming Registration: All swimmers, coaches and officials participating in the competition must be currently (2023) registered with USA Swimming. All coaches should also be prepared to present their USA Swimming Credential as proof of their Registration at check in.

Deck Access: All coaches, officials, volunteers and participating athletes will be issued credential tags. Only individuals with credential tags will be allowed access to the deck. Coaches can access the following link (<https://forms.office.com/r/gwrUXwfWTR>) to register for a deck pass. Coaches deck passes can be purchased for \$20 per pass and picked up at Registration starting Wednesday July 12 at 5 pm.

Deck passes are only available for coaches. Deck passes will be limited based on a Team's number of swimmers entered in individual events. Teams with 1-3 swimmers will be allowed 1 deck pass; 4-6 swimmers 2 deck passes; 7-9 swimmers 3 deck passes; 10-20 swimmers 4 deck passes; 21-30 swimmers 5 deck passes; 31-40 swimmers 6 deck passes; 41-50 7 deck passes. Teams with 51+ swimmer 9 deck passes. Those needing additional deck passes will incur a cost of \$20 per additional credential and will need to be cleared with the Meet Director. All coaches must present their 2023 Swimming card at registration.

Check-In and Scratch Deadline

Positive check-in for relays and distance events will be available at the Admin Table, the General Meeting, and the Clerk of Course, thereafter.

Check-in deadlines – Positive check-in for Thursday's relays and distance events will close 15 minutes after the conclusion of the General Meeting on Wednesday, July 12th. Positive check-in for all other days' relay and distance events will close at 6 p.m. on the night preceding the day of competition for those events.

Scratch deadlines – The scratch deadline for Thursday's events will be 15 minutes after the conclusion of the general meeting on Wednesday, July 12th. The scratch deadline for all other days' events will be 6 p.m. on the night preceding the day of competition for those events. Fees collected for scratched events are non-refundable.

Wednesday, July 12th Late Arrivals – If you are arriving late to Columbus on Wednesday, July 12th and are unable to positively check-in for or scratch Wednesday events in person then you may email the entry chair at McCorkle@osu.edu with your intent to swim Thursday events, or your request to scratch Thursday events, by the deadlines listed above. You will receive confirmation that your email has been received which you should bring with you to the meet as proof of your check-in or scratch.

Scratch downs - If an entry is submitted with an individual entered in more than three (3) individual events per day, or six (6) individual events for the meet and is not scratched down by the scratch



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deadlines listed above then that swimmer will be placed in his or her events in chronological order until he or she has reached the event limit. No refunds will be issued.

Scratch rule – National scratch procedures (207.11.6) will be observed. Additionally, a non-refundable \$100 fine will be assessed to a club for each swimmer failing to compete without scratching for finals if the event is his or her last event of the meet, except as noted in 207.11.6 E, Exceptions for Failure to Compete.

The scratch box will be available at the General Meeting and at the Clerk of Course thereafter.

Relays

Positive check-in for relays is required. Relays must check in prior to the scratch deadline in order to be seeded. Only two relays can score from each team in each event.

All relays are timed finals.

Relay teams may be entered at the lowest priority non-conforming time standard. This choice must be indicated through your OME entries or at the admin table no later than 15 minutes following the General Meeting.

Relay cards will be available at the head table during warm-up each evening. Coaches must list swimmers' first and last names and swimming order on the card. Relay cards are due by 10 a.m. daily except for the 200 Free and 200 Medley Relays which are due by the scratch deadline the evening prior. Cards may be changed up until the relay is called to the block.

800 Free Relays will be swum with finals and will be swum fastest to slowest with all heats competing at finals. There will be a 10-minute break during finals prior to the start of the 800 Free Relay.

400 relay teams that have a sectional qualifying time may also be entered in the corresponding 200 relay at the 400-relay team entry time. Teams not entered in a 400 relay are ineligible to enter the corresponding 200 relay.

All Friday and Sunday Relays will be swum slowest to fastest at preliminaries except for the fastest two heats of each gender which will be swum fastest to slowest at finals. Coaches should declare at check-in when they wish to swim the relay by marking "AM" or "as seeded" on the check-in sheet next to the relay name.

Distance Freestyle

Entrants in the 800 and 1500 freestyle must check in prior to the positive check-in deadline in order to be seeded. If a swimmer fails to check-in by the applicable deadline(s), they will only be allowed to swim IF there is an empty lane (no new heat will be created). Positive check-in will be available at the Admin Table, the General Meeting and the Clerk of Course, thereafter.

Distance swimmers should declare at check-in when they wish to swim the event by marking "AM" or "as seeded" on the check-in sheet next to their name. Swimmers should anticipate that many people seeded ahead of them may opt out of finals and should also indicate if they do not wish to swim the event at finals. These declarations must be made by the positive check-in deadline.

Distance events will be swum fastest to slowest alternating women and men. The fastest heat of each gender will swim at finals.

Seeding

Long Course Meter (LCM) entry times will be seeded before Short Course Yard (SCY) entry times.

Schedule

Check-In
Wednesday 5-8 p.m.
Thursday – Sunday 7 a.m.
Located in the lobby of the Aquatic Pavilion.

Open Warm-ups
Wednesday 5:30-8 p.m.



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All swimmers must be accompanied by their coach. Any swimmer without a coach will have a coach assigned to them at registration.

General Meeting

Wednesday 6 p.m.
Located in the RPAC meeting rooms.

Section 3 Coaches Meeting

Saturday immediately following prelims
Located in the wet classroom.

Officials Meetings (held in room below scoreboard)

Thursday (prelims) at 7:30 a.m.
Thursday (finals), and Friday - Saturday (prelim/finals) officials' briefings will be held 60 minutes prior to the start of each session.

General Meeting

The General Meeting will be held on Wednesday, July 12th at 6 p.m. in the RPAC meeting rooms. Directions to the General Meeting will be available at the registration table in the Aquatic Pavilion lobby. Coaches are responsible for all business conducted at this meeting and should send a representative if unable to personally attend.

There will be a Section 3 Coaches meeting on Saturday, July 15th in the Wet Classroom, immediately following the completion of prelims.

Warm-up & Start Times

Thursday – Sunday Preliminaries

5:50 a.m. – Deck Opens
6-8:20 a.m. – Warm-up
8:20 a.m. – Timing System Test & Pool Measurement
8:30 a.m. – Meet Begins

Thursday – Sunday Finals

3:45 p.m. – Deck Opens
4-5:20 p.m. – Open warm-up
5:20 p.m. – Timing System Test & Pool Measurement
5:30 p.m. – Meet Start

The deck will close 30 minutes after the conclusion of the last event at finals each evening.

Morning Warm-up Schedule:

6 a.m. – All lanes General
7:30 a.m. – Lanes assigned as follows:
Lanes 1 & 2 – Pace
Lanes 3 & 4 – One Way Sprint
Lanes 5-10 – General

7:50 a.m. – Lanes assigned as follows:
Lanes 1 & 2 – Pace
Lanes 3 & 4 – One Way Sprint
Lanes 5 & 6 – General
Lanes 7 & 8 – Pace
Lanes 9 (from bulkhead) & 10 – One Way Sprint

Finals warm-up will reflect a similar format.

Warm-up schedule/lanes and start times are tentative and may be changed by Meet Management depending on the number of swimmers entered in the meet.



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Entry Fees

Entry Fees:
\$16.00 per individual event
\$25.00 per relay event
\$25.00 per athlete surcharge (includes relay-only)
Time Trial Fees – same as above

Entry Procedure

Athletes with one or more qualifying standards may enter through USA Swimming's Online Meet Entry System (hub.usaswimming.org/landing) beginning Monday, June 5, 2023 at 12:00 pm EST.

The entry deadline for all participants is 2:59 pm EST on Wednesday, July 5, 2023, **or until the entry cap is reached**

Any questions should be referred to the entry chairperson at mccorkle@osu.edu. Bring all communications with you in the event of a problem. After events are entered and you have checked out, times may be modified, but events/athletes cannot be added or deleted until the event entry deadline. After entries close on July 10 at 3 p.m. no time improvements will be accepted or updated.

A **psych sheet** will be posted on the host webpage on Friday, July 7. Teams are responsible for reviewing the psych sheet for errors and proof of time (*) or registration problems (#). Bonus events will be noted with a "B" next to the time on the psych sheet.

New Qualifying Swims

Swimmers who achieve a qualifying time(s) for the first time between Wednesday, July 5 at 3:01 p.m. and Sunday, July 9 at 9:00 p.m. may be entered through OME under the title "2023 Speedo Sectionals at Columbus NEW QUAL" These entries must be submitted by 3:00 p.m. on Monday, July 10 and cannot be used to improve the seed time of a prior entry. Normal entry fees apply.

Swimmers who were entered in the meet during the regular entry period who achieve additional qualifying time(s) for the first time between July 5 at 3:01 p.m. and July 9 at 9:00 p.m. should also use OME to complete their entry. To avoid making a double payment of the swimmer surcharge, be sure to click "Pay by Check" when checking out in OME. Double payments of the swimmer surcharge are not able to be refunded. Payments for late entries will need to be made upon arrival at check-in.

Late Entries

Any team or athlete missing the July 10th entry deadline will be permitted to enter late, subject to the following requirements:

- Enter through OME under the title "2023 Speedo Sectionals at Columbus LATE ENTRIES".
- \$100.00 Administrative Fee (per team).
- Double the entry fee per individual event and/or relay event.
- Must be done by 15 minutes after the July 12th General Meeting. Proof of time must be submitted with the entry. For time overrides email proof of time (verified by your LSC times chairperson) to mccorkle@osu.edu at the time of your OME submission.
- Swimmers who were entered in the meet during the regular entry period who achieve additional qualifying time(s) for the first time between July 5 at 3:01 p.m. and July 9 at 9:00 p.m. should also use OME to complete their entry. To avoid making a double payment of the swimmer surcharge, be sure to click "Pay by Check" when checking out in OME. Double payments of the swimmer surcharge are not able to be refunded. Payments for late entries will need to be made upon arrival at check-in.

Proof of Time

To accommodate LSC differences and to make entry as easy as possible throughout the Section, times will be accepted from the USA Swimming database, printed meet results, and published times posted on publicly viewable websites. All "Custom or Override Times" must be verified before the scratch deadline for that event. Verification / Proof of Time must be in accordance with the type of time entered (LCM, SCY). If an entry time is entered into the SWIMS database after the entry deadline, be prepared to prove the time. Computer access will NOT be provided; Coaches/swimmers must bring appropriate proof of time to the meet. Times that are not proven before seeding will result in the swimmer being scratched from that event.



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Time Trials

Time trials will be available, time permitting, for swimmers participating in the meet (including relay only swimmers), starting 15 minutes after the conclusion of preliminaries on Thursday, Friday, Saturday and Sunday. Events from the current day will be swum first, with events for subsequent days following in order (except 50m will be swum last each day except for the day designated for long distance time trials). Event order may be modified for ease of seeding and timeline control. Time trial sessions will be limited at the discretion of the Meet Director. Time trials for events 800 meters and longer will be limited to one day, which will be chosen after the initial entry deadline. Teams will be informed of the distance time trial event day at the General Meeting. If on any day, the preliminary session ends less than 45 minutes before the start of finals warm-ups, the time trials will not be conducted on that day. Time trial events must be included in the individual event limit of three (3) events per day. Sign-ups for time trials will be taken at the Clerk of Course until one hour prior to the planned finish of the preliminary session. Per 2016 convention, all swimmers, including relay only swimmers, are limited to two Time Trial events at the meet.

The entry fees for time trials events are the same as those listed in the entry fees section of this packet (see page 6).

Ready Area & Awards Parade

A ready area will be provided each evening for the Championship Final heat in all individual events. Swimmers should report to the ready area 10 minutes prior to the start of their events so they may parade to the starting blocks together. Music will be played during the parade. Consolation heats, Bonus heats, relays and heats of distance events that swim with finals should report directly to the starting blocks for their races.

Warm-up Procedure

Specific details of warm-up procedures will be posted on the pool deck. A 25-meter warm-up pool will be available for warm-up and cool-down before, during and after the meet. Details will be posted. Only pace and circle swimming will be permitted in the warm-up pool.

The pool deck will open at 5:50 a.m. and the competition pool will be available for general warm-up at 6 a.m. on all competition days.

Scoring

The meet will score to 20 places: 26-23-22-21-20-19-18-17-15-13-12-11-10-9-8-7-5-3-2-1
Relay scores will double individual scores.

Awards

All relay and individual awards will be presented at finals. Medals for 1st to 10th place will be awarded in individual and relay events. Immediately following the Championship heat, 1st through 3rd place finishers should report to the awards ready area to prepare for the presentation of medals. The presentation of medals will occur following the conclusion of each Bonus "D" heat. 4th through 10th place finishers may collect their medals at the awards ready area.

Awards will be presented to the top team in each of the following categories: Combined, Men's, Women's.

Awards will be presented for Men's and Women's individual high point. The awards presentation will be announced in the general meeting.

Unclaimed awards will be available for pickup at the head swimming table at the conclusion of the competition. Awards remaining at the end of the meet will not be forwarded by mail.

Spectator Admission & Heat Sheets

Admission to this event will be \$8 for adults and \$3 for children 6-12 for prelims and \$7 for adults and \$3 for children 6-12 for finals. There will be an all sessions pass available for purchase for \$50.

Heat Sheets will be available for purchase upon entry to the facility.

Parking

Please visit the meet website on July 5 for updated and accurate parking information.

Travel Advisory

Please visit the meet website for the most up to date travel advisories around campus.

Officials

National Championship Certification (Evaluator – Anne Lawley)

This meet has been designated as an "Officials Qualifying Meet" under the national certification procedure. Evaluations will be offered through N3, for eligible officials assigned to work the meet. Please see the USA Swimming website – Member Resources/Officials Tracking System/Certification



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section to view the latest procedures regarding evaluation and certification. A combined Request for Evaluation/Application to Officiate is available on the Central Zone link <https://www.teamunify.com/team/cenzone/page/cz-events/speedo-sectional-meets>. Note: to be evaluated for certification or re-certification at any level, an official must work at least 4 sessions at the meet, even if the evaluation requirement is for only 2 or 3 sessions in a specific position.

First priority for assigned positions (Chief Judge, Starter, or Referee) will be given to those seeking certification, as well as a commitment to working all sessions of the meet. This better serves the athletes and provides a consistent training experience.

Officials interested in officiating at the meet should visit the [Central Zone website](#) and submit an application. Officials' uniform will be white over navy for all sessions. Shorts are acceptable at Prelim sessions only. Long pants (men or women) or modest length skirts (women) will be worn for Finals. White, covered-toe shoes are required for all sessions.

Officials' meetings will be held 60 minutes prior to the beginning of each session, except for Wednesday morning, which will be at 7:30 a.m. Meetings will be located in the room under the scoreboard.

Unpaid Fines

The meet host will send a notification of fine for failure to compete without scratching to the offending club listing the amount owed, purpose of the fine, directions for payment, and the payment deadline (which may include a penalty if not paid by the deadline). A copy of this notification will also be sent to the current Sectionals Chairperson. If the fine remains unpaid by the specified deadline, the offending club will be denied representation in any subsequent Sectional meets until the amount has been paid.

Fine Appeal Process

Any club that has been assessed a fine may appeal the fine and/or penalty by submitting a written notice to the current Sectionals Chairperson, Cindy Virdo by emailing [cvirdo@aol.com](mailto:cvirido@aol.com). The Chairperson will appoint a hearing body made up of one representative from each of the Section 3 LSCs plus one athlete at-large. Any further appeal shall be presented to the National Board of Review.



2023 USA SWIMMING SUMMER SPEEDO SECTIONALS Central Zone East Sectional

Thursday, July 13 – Sunday, July 16, 2023

Hosted by The Ohio State University – Columbus, OH
Held under the Sanction of USA Swimming & OH Swimming
#OH-23LC-34; Time Trials #OH-23LC-35
This meet will be capped at 850 athletes.



Venue Guidelines

Deck Access

Deck access is restricted to competing athletes, registered coaches, officials and meet workers. Parents and spectators will be allowed on the deck only to perform a service or function at the request of meet management.

Banners

One professionally made banner per team may be displayed in the Aquatic Pavilion with the approval of the Meet Director. Banners should be turned in at the access/credential table. All banners will be hung by the facility staff. Handmade signs may be held, but not hung.

Bulkhead Safety

Swimming under the bulkhead and pushing up from the bottom of the pool near the bulkhead is NOT PERMITTED. Walking across the bulkhead is only permitted during events in which lap counters are used and as necessary by Event Management Personnel.

Caution should be taken when entering the water from the bulkheads. When feet first entries are done, one hand should be placed and remain on the bulkhead.

Concession/Food

The concession stand at the McCorkle Aquatic Pavilion will be available throughout the competition, depending on the number of swimming entries. Tasty and healthy options are available through our concessionaire. Outside food will not be permitted to be brought into the facility during hours of concession stand operation.

Equipment

Swimming equipment (fins, paddles, etc.) is not permitted in the competition pool when timing equipment is in place. Equipment may be used in the adjacent warm-up/cool-down pool.

Flash Photography

Flash photography is not permitted at the start of any race.

Locker Rooms and Changing Facilities

Two on-deck changing rooms are located on the west side of the deck. Additional changing space is available north of the pool in the Recreation and Physical Activity Center (RPAC) on the pool deck level. Locker space is not available. Belongings may be stored on deck under team bleachers. The Ohio State University is not responsible for any lost or stolen items. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

Lost & Found

Lost and found for the event is kept in a bin at the head swimming table/announcer's area. Immediately following the meet, Lost and Found Items will be sent to the Welcome Center of RPAC which is located adjacent to the main entrance of the Aquatic Pavilion.

Public Health

If you are ill, please stay home. Wash your hands with soap and warm water for at least 20 seconds after changing clothes, using the restroom and before or after eating. Notify the meet director if you have an athlete that cannot participate due to illness.

Prohibited Items

The following items are not permitted in the facility; glass, lawn or camping chairs, coolers and outside food, tobacco, alcohol, illegal substances, helium balloons and noise makers.

Assistance Animals

Pets are not permitted in the facility. Service Animals are permitted if the service animal is trained to perform work tasks to support the person with a disability with whom it is accompanying. Emotional Support and Therapy Animals are only permitted with advanced approval. If you would like to request accommodation or have questions about assistance animals, please contact the ADA Coordinator's Office at 614-292-6207 or ada-osu@osu.edu to review the request or make a referral to the appropriate office. Additional information may be found at: <https://ada.osu.edu/resources/assistance-animals>

Recreation and Physical Activity Center (RPAC)

Access to the RPAC is restricted to paid Members of Recreational Sports and daily pass holders.



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Smoke and Tobacco Free Campus

The Ohio State University is a smoke free and tobacco free campus.

Spectator Seating

The spectator seating level and RPAC are not barefoot friendly areas. Please be sure to dry off and wear footwear before leaving the pool deck.

Team Seating

Team seating is available on a first-come basis by session. Belongings should be removed from the deck between sessions for area cleaning.

Water Emergencies

Any water emergencies need to be handled by the lifeguards. If you become aware of an emergency situation, notify a lifeguard immediately.

Wireless Internet Access

Wireless internet access will be available throughout the meet. A password free connection is available through WiFi@OSU and should appear as a connection option on your wireless device. To access WiFi once connected be sure to open your browser and accept the terms of use.

Local Partners

Aloft Columbus University District

Hyatt House Columbus/OSU-Short North

Marriott Columbus OSU

Red Roof+ Columbus-The Ohio State University

The Blackwell Inn and Conference Center

Hampton Inn and Suites

Staybridge Suites – OSU Medical Center

Holiday Inn Express & Suites OSU



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ORDER OF EVENTS

Thursday Preliminaries
Warm-ups 6-8:20 a.m.
Meet Starts 8:30 a.m.

Thursday Finals
Warm-ups 4-5:20 p.m.
Meet Starts 5:30 p.m.

Women	Event	Men	Women	Event	Men
103	200 Backstroke	104	101	800 Freestyle^	
105	50 Freestyle	106	103	200 Backstroke	104
109	200 Breaststroke	110	105	50 Freestyle	106
101	800 Freestyle^			1500 Freestyle^	102
	1500 Freestyle^	102	107	200 Breaststroke	108
			109	800 Free Relay Women*	

Friday Preliminaries
Warm-ups 6-8:20 a.m.
Meet Starts 8:30 a.m.

Friday Finals
Warm-ups 4-5:20 p.m.
Meet Starts 5:30 p.m.

Women	Event	Men	Women	Event	Men
201	200 Medley Relay@	202	201	200 Medley Relay@	202
203	50 Backstroke	204	203	50 Backstroke	204
205	200 Freestyle	206	205	200 Freestyle	206
207	100 Butterfly	208	207	100 Butterfly	208
209	400 IM	210	209	400 IM	210
211	400 Free Relay@	212	211	400 Free Relay@	212



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Saturday Preliminaries Warm-ups 6-8:20 a.m. Meet Starts 8:30 a.m.

Saturday Finals Warm-ups 4-5:20 p.m. Meet Starts 5:30 p.m.

Women	Event	Men	Women	Event	Men
301	50 Butterfly	302	301	50 Butterfly	302
303	100 Backstroke	304	303	100 Backstroke	304
305	400 Freestyle	306	305	400 Freestyle	306
307	100 Breaststroke	308	307	100 Breaststroke	308
309	200 Butterfly	310	309	200 Butterfly	310
				800 Free Relay*	311

Sunday Preliminaries Warm-ups 6-8:20 a.m. Meet Starts 8:30 a.m.

Sunday Finals Warm-ups 4-5:20 p.m. Meet Starts 5:30 p.m.

Women	Event	Men	Women	Event	Men
401	200 Free Relay#	402	401	200 Free Relay#	402
403	50 Breaststroke	404	403	50 Breaststroke	404
405	200 IM	406	405	200 IM	406
407	100 Freestyle	408	411	1500 Freestyle	
409	400 Medley Relay	410		800 Freestyle	412
411	1500 Freestyle		407	100 Freestyle	408
	800 Freestyle	412	409	400 Medley Relay	410



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All relays as well as the 800 Freestyle and 1500 Freestyle are timed finals.

* 800 Free Relays will be swum with finals and will be swam fastest to slowest with all heats competing at finals. There will be a 10-minute break during finals prior to the start of the 800 Free Relay.

@ Friday Relays will be swam slowest to fastest at preliminaries. The fastest two heats will be swam fastest to slowest at finals. Coaches should declare at check-in when they wish to swim the relay by marking "AM" or "as seeded" on the check-in sheet next to the relay name.

Sunday Relays will be swam slowest to fastest at preliminaries. The fastest two heats will be swam fastest to slowest at fi nals. Coaches should declare at check-in when they wish to swim the relay by marking "AM" or "as seeded" on the check-in sheet next to the relay name.

^ At the end of the preliminary session on Thursday and Sunday the distance events (800 Freestyle and 1500 freestyle) will be swum fastest to slowest alternating heats women and men. The fastest heat of each distance event will be swum with finals.



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SECTIONAL TIME STANDARDS FOR CENTRAL ZONE EAST

Qualifying Period: January 1, 2022, through the meet entry deadline

WOMEN		EVENT	MEN	
SCY	LCM		LCM	SCY
24.79	28.49	50 FREE	25.69	22.39
53.89	1:01.19	100 FREE	55.99	48.59
1:56.69	2:11.89	200 FREE	2:01.89	1:45.89
5:08.99	4:36.09	400 / 500 FREE	4:16.89	4:46.39
10:38.29	9:31.89	800 / 1000 FREE	9:00.49	9:57.99
17:49.89	18:15.59	1500 / 1650 FREE	17:20.99	16:43.89
1:00.09	1:10.09	50/100 BACK	1:03.19	55.39
2:09.99	2:29.69	200 BACK	2:18.59	12:58.79
1:08.59	1:18.59	50/100 BREAST	1:11.99	1:01.59
2:27.69	2:48.79	200 BREAST	2:36.19	2:13.79
59.19	1:07.29	50/100 FLY	1:00.59	53.29
2:11.19	2:27.49	200 FLY	2:16.19	1:59.29
2:11.89	2:29.59	200 IM	2:17.69	1:59.39
4:3.69	5:15.99	400 IM	4:55.79	4:16.99
3:41.99	4:09.99	400 FREE RELAY	3:50.99	3:18.99
7:45.99	8:50.99	800 FREE RELAY	5:15.99	7:13.99
4:05.99	4:40.99	400 MEDLEY RELAY	4:17.99	3:42.99

All 50s of stroke MUST be entered at the athletes 100 times.

200 Medley and 200 Free Relays use the 400 relay time standards.

If you have the cut in the 400 relays, you are eligible for the 200 relays.



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BONUS TIME STANDARDS

Qualifying Period: January 1, 2022, through the meet entry deadline

WOMEN		EVENT	MEN	
SCY	LCM		LCM	SCY
26.99	30.19	50 FREE	26.99	23.99
57.39	1:04.09	100 FREE	58.69	50.59
1:59.69	2:15.69	200 FREE	2:06.99	1:50.79
5:17.99	4:44.99	400 / 500 FREE	4:26.99	4:55.99
10:47.39	9:43.09	800 / 1000 FREE	9:13.99	10:08.99
18:00.09	18:30.79	1500 / 1650 FREE	17:34.89	16:55.89
1:03.99	1:13.29	50/100 BACK	1:06.69	59.39
2:14.59	2:34.09	200 BACK	2:23.09	2:03.09
1:12.19	1:23.19	50/100 BREAST	1:15.49	1:05.09
2:33.99	2:56.29	200 BREAST	2:42.99	2:19.99
1:03.99	1:11.09	50/100 FLY	1:03.59	55.89
2:15.59	2:33.99	200 FLY	2:22.99	2:03.99
2:15.99	2:34.99	200 IM	2:22.99	2:03.99
4:45.09	5:26.99	400 IM	5:06.99	4:23.99

ENTRY LIMITS and BONUS EVENTS

- **Limits:** A swimmer may enter an unlimited number of individual events but may compete in no more than 6 individual events for the meet and in no more than 3 individual events per day. Time trial events count toward a swimmer's daily limit (3 events) but do not count toward a swimmer's meet limit of six (6) events.
- **Bonus Events:** Swimmers who have achieved fewer than 4 individual event time standards may supplement their entry with bonus event(s) so that the total of individual events (qualified swims plus bonus swims) does not exceed 4 for the meet. (i.e., 1 qualified and 3 bonus, 2 qualified and 2 bonus, 3 qualified and 1 bonus). Swimmers entering bonus events must meet the bonus time standards as outlined in the grid above.
- **Bonus Entries after Entries Close:** Bonus events for new qualifiers will be accepted based on space availability. Coaches will be notified about the availability of bonus events for new qualifiers.