

# SRS/SE/SRG GROUPS

## December

## 2025

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SAT/SUN

1	<b>Dec 8</b> <b>NO AM PRACTICES</b> SE @ CE, 4:15-5:45pm (swim only) SRS & SRG @ CN, 4:15-7:00pm (swim + dryland)	<b>9</b> SRG @ CW, 5:45-7:15am SE @ CE, 4:15-7:00pm (swim + DL) SRS & SRG @ CN, 4:15-7:00pm (swim + DL)	<b>10</b> SE @ CE, 5:15-7:00am SE @ CE, 4:15-5:45pm (swim only) SRS & SRG @ CN, 4:15-6:00pm (swim only)	<b>11</b> SRG @ CW, 5:45-7:15am SE @ CE, 4:15-7:00pm (swim + DL) SRS & SRG @ CN, 4:15-7:00pm (swim + DL)	<b>12</b> SE @ CE, 5:15-7:00am SRS & SRG @ CW, 5:15-7:15am	<b>13/14</b> SRS/SE/SRG @ CN, 7:00-10:00am
	notes Travel commit due for TYR PRO Austin	JNAT crew meet @ airport, 4:15am	Winter Junior Nationals @ Austin	Winter Junior Nationals @ Austin	Winter Junior Nationals @ Austin	Winter Junior Nationals @ Austin
2	<b>15</b> <b>NO AM PRACTICES</b> SE @ CE, 4:15-5:45pm (swim only) SRS & SRG @ CN, 4:15-7:00pm (swim + dryland)	<b>16</b> SRG @ CW, 5:45-7:15am SE @ CE, 4:15-5:45pm (swim only) SRS & SRG @ CN, 4:15-7:00pm (swim + DL)	<b>17</b> <b>NO SE AM PRACTICE</b> SE @ CE, 4:15-5:45pm (swim only) SRS & SRG @ CN, 4:15-6:00pm (swim only)	<b>18</b> SRG @ CW, 5:45-7:15am SE @ CE, 4:15-5:45pm (swim only) SRS & SRG @ CN, 4:15-7:00pm (swim + DL)	<b>19</b> SE @ CE, 5:15-7:00am SRS & SRG @ CW, 5:15-7:15am Sectionals @ MT SAC, 2:30pm warm up / 4:00pm timed final	<b>20/21</b> SRS/SE/SRG @ CN, 7:00-10:00am Sectionals @ MTSAC, 7:30am warm up / 9:00am prelims / finals TBA
	Notes				CANV Sectionals	CANV Sectionals
3	<b>22</b> SE @ CE, 7:30-9:30am (swim only) SRS & SRG @ CN, 7:30-9:30am Sectionals @ MTSAC, 7:30am warm up / 9:00am prelims / finals TBA	<b>23</b> SRS/SE/SRG @ CN, 7:30-9:30am (swim only)	<b>24</b> SRS/SE/SRG @ CN, 7:30-9:30am (swim only)	<b>25</b> NO PRACTICE! MERRY CHRISTMAS!!!	<b>26</b> SRS/SE/SRG @ CN, 7:30-10:30am (swim + dryland)	<b>27/28</b> SRS/SE/SRG @ CN, 7:30-10:30am (swim + dryland)
	notes CANV Sectionals Winter Break	Winter Break	Christmas Eve Winter Break	Christmas Day Winter Break		