

SRS/SRG GROUPS

Nov/Dec

2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
1	17 SE @ CE, 5:15-7:00am SRG @ CW, 5:45-7:15am SE @ CE, 4:15-5:45pm (swim only) SRS & SRG @ CN, 4:15-7:00pm (swim + dryland)	18 SRG @ CW, 5:45-7:15am SE @ CE, 4:15-7:00pm (swim + DL) SRS & SRG @ CN, 4:15-7:00pm (swim + DL)	19 SE @ CE, 5:15-7:00am SE @ CE, 4:15-5:45pm (swim only) SRS & SRG @ CN, 4:15-6:00pm	20 SRG @ CW, 5:45-7:15am SE @ CE, 4:15-7:00pm (swim + DL) SRS & SRG @ CN, 4:15-7:00pm (swim + DL)	21 SE @ CE, 5:15-7:00am SRS & SRG @ CW, 5:15-7:15am	22/23 NO SATURDAY PRACTICE. FDST Meet @ Bullard HS. Sat and Sun: Warm up @ 7:30am, Meet start @ 9:00am
	notes					FDST Meet @ Bullard
2	24 SRG @ CN, 7:30-10:30am (swim + dryland) SRS/SE @ CE, 3:30-6:00pm (swim + dryland + Shannon) SRG @ CE, 3:30-5:30pm (swim + Shannon) SHANNON EARLE @ CLOVIS EAST! 5:00-6:00pm	25 SRS/SRG @ CN, 7:30-10:30am (swim + dryland) SE @ CE, 7:30-10:30am (swim + dryland) SRG @ CN, 3:30-5:00pm (swim only) SE @ CE, 4:00-5:45pm (swim only)	26 SRS/SRG @ CN, 7:30-9:30am – swim only SE @ CE, 7:30-9:30am – swim only	27 NO PRACTICE! Happy Thanksgiving!	28 SRS/SE/SRG @ CN, 3:30-6:30pm (swim + dryland)	29/30 SRS/SE/SRG @ CN, 7:30-10:30am (swim + dryland)
	Notes Thanksgiving break!	Thanksgiving break!	Thanksgiving break!	Thanksgiving Day!	Thanksgiving break!	Thanksgiving break!
3	Dec 1 SE @ CE, 5:15-7:00am SRG @ CW, 5:45-7:15am SE @ CE, 4:15-5:45pm (swim only) SRS & SRG @ CN, 4:15-7:00pm (swim + dryland)	2 SRG @ CW, 5:45-7:15am SE @ CE, 4:15-7:00pm (swim + DL) SRS & SRG @ CN, 4:15-7:00pm (swim + DL)	3 COR SWIMMERS SWIM OUT @ CN or CE, 6:00-7:00am COR SWIMMERS Meet at Fresno Airport @ 10:30am SRS & SRG @ CN, 4:15-6:00pm	4 COR CLASSIC DAY 1 (PM ONLY) SRG @ CW, 5:45-7:15am SRS/SE/SRG @ CN, 4:15-7:00pm	5 COR Classic DAY 2 (prelim/final) SRS/SE/SRG @ CW, 5:15-7:15am	6/7 COR CLASSIC DAY 3 and 4 (prelim/final) SRS/SE/SRG @ CN, 7:00-10:00am
	notes		Travel Commit for CAL Invite and TYR PRO Austin			COR Swimmers return @ Monday @ 11:39am