



## Accokeek Stroke Technique Swim Team Locker Room Monitoring Policy

ASTS trains at public facilities that are shared with the general public during our practice times. While we are unable to control the general public, we do have specific policies for our USA Swimming members while using the locker rooms.

### I. Requirement to Use Locker Room or Changing Area

The designated locker room or changing area must be used when an athlete or Adult Participant changes, in whole or in part, into or out of a swimsuit when wearing just one suit (e.g., deck changing is prohibited). All of the facilities used by ASTS have posted signage prohibiting deck changing and requiring individuals to use the locker rooms.

### II. Observable and Interruptible

All In-Program Contact between Adult Participants and Minor Athletes in a locker room, changing area or similar space must be observable and interruptible, except:

- a. In emergency circumstances;
- b. A Dual Relationship exists; and/or
- c. The Close-In-Age exception applies.

All of the facilities used by ASTS are open to the public and non-athlete members are strongly encouraged to use an individual room in the family changing area instead of the single gender locker room. Also, non-athlete members are required to inform the Site Coach or Head Coach of any interactions between swimmers and non-athlete members in the locker rooms.

### III. Private or Semi-Private Space for Minor Athletes

Accokeek Stroke Technique Swim Team must provide a private or semi-private place for Minor Athletes that need to change clothes or undress at Events or Facilities Under Partial or Full Jurisdiction of Organization. All of the facilities used by ASTS are open to the public and non-athlete members are strongly encouraged to use an individual room in the family changing area instead of the single gender locker room. Also, non-athlete members are required to inform the Site Coach or Head Coach of any interactions between swimmers and non-athlete members in the locker rooms.

#### IV. Use of Recording Devices

Use of any device's (including a cell phone's) recording capabilities, including voice recording, still cameras and video cameras in locker rooms, changing areas, or similar spaces by a Minor Athlete or an Adult Participant is prohibited. All of the facilities used by ASTS have posted signage prohibiting use of recording devices while in the locker rooms.

#### V. Undress

Adult Participants must not remove their clothes or behave in a manner that intentionally or recklessly exposes his or her breasts, buttocks, groin or genitals to a Minor Athlete under any circumstance. An Adult Participant must not request a Minor Athlete to expose the Minor Athlete's breasts, buttocks, groin or genitals to the Adult Participant under any circumstance. Nothing in this section shall be construed to apply to areas of the body exposed while wearing swimwear which conforms to the current concept of the appropriate for the individual's competition category. All of the facilities used by ASTS are open to the public and non-athlete members are strongly encouraged to use an individual room in the family changing area instead of the single gender locker room. Also, non-athlete members are required to inform the Site Coach or Head Coach of any interactions between swimmers and non-athlete members in the locker rooms. Non-athlete members are asked to use a lockable bathroom or changing stall when changing in the locker room to prevent intentional or reckless exposure to a Minor Athlete.

#### VI. Showers

- a. Adult Participants must not shower with Minor Athletes unless:
  - i. The Adult Participant meets the Close-in-Age Exception; and/or
  - ii. The shower is part of a pre- or post-activity rinse while wearing swimwear.
- b. Parents/legal guardians may request in writing that their Minor Athlete(s) not change or shower with Adult Participants during In-Program Contact. Organization must abide by such a request.

All of the facilities used by ASTS are open to the public and non-athlete members are strongly encouraged to use an individual room in the family changing area instead of the single gender locker room. Also, non-athlete members are required to inform the Site Coach or Head Coach of any interactions between swimmers and non-athlete members in the locker rooms. Non-athlete members are asked not to shower at the facilities used by ASTS unless they are able to use one of the individual, lockable rooms in the family changing area of the locker rooms.

#### VII. Monitoring

All of the facilities used by ASTS are open to the public and are regularly monitored by the facility staff. As the facility is open to the public during ASTS practice times, the Minor Athlete's parent/guardian of the same gender are permitted to be in the locker room with them. ASTS coaches do monitor when their athletes go to the locker room and return from the locker room during practice. Every effort is made to recognize when a Minor Athlete goes to the locker room or changing area during practice and competition, and, if the Minor Athlete does not return in a timely fashion, to check on the Minor Athlete's whereabouts.

VIII. Media and Championship Celebrations in Locker Rooms

All of the facilities used by ASTS are open to the public and are regularly monitored by the facility staff. As all of the facilities that ASTS are public facilities, media and championship celebrations are prohibited in the locker rooms due to facilities rules.