



## 2023-2024 Practice Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pre-Team 1 3:45 - 4:30 PM 6:30-7:15 PM		Pre-Team 1 3:45 - 4:30 PM 6:30-7:15 PM		Pre-Team 1 3:45 - 4:30 PM 6:30-7:15 PM	
Pre-Team 2 3:30 - 4:15PM		Pre-Team2 3:30 - 4:15PM		Pre-Team 2 3:30 - 4:15PM	
Bronze 3:30 - 4:30 PM	Bronze 3:30 - 4:30 PM		Bronze 3:30 - 4:30 PM	Bronze 3:30 - 4:30 PM	
Silver 4:15 - 5:45 PM	Silver 4:00 - 5:30 PM	Silver 4:15 - 5:45 PM	Silver 4:00 - 5:30 PM	Silver 4:15 - 5:45 PM	
Gold 4:30 - 6:30 PM	Gold 4:30 - 6:30 PM	Gold 4:00 - 5:30 PM	Gold 4:30 - 6:30 PM	Gold 4:30 - 6:30 PM	Gold 9:00-11:00 AM
Senior 5:00 - 7:30 PM 5:00-5:30 Dryland	Senior 5:00 - 7:30 PM 5:00-5:30 Dryland	Senior 4:15 - 6:00 PM 4:15-5:00 Dryland	Senior 5:00 - 7:30 PM 5:00-5:30 Dryland	Senior 5:00 - 7:30 PM 5:00-5:30 Dryland	Senior 9:00-11:00 AM



