

FST 2025 – 2026 Short Course Schedule

Effective 12/1/2025

Comp Prep 1			Comp Prep 2		
Monday	5:00 – 5:45 pm	Lilley Gulch	Monday	5:45 – 6:30 pm	Lilley Gulch
Wednesday	5:00 – 5:45 pm	Lilley Gulch	Wednesday	5:45 – 6:30 pm	Lilley Gulch
Friday	5:00 – 5:45 pm	Lilley Gulch	Friday	5:45 – 6:30 pm	Lilley Gulch
			Saturday	8:00 – 9:00 am	Ridge
Bronze 1			Bronze 2		
Tuesday	6:30 – 7:30 pm	Ridge	Monday	6:30 – 7:30 pm	Lilley Gulch
Thursday	6:30 – 7:30 pm	Ridge	Tuesday	6:30 – 7:30 pm	Ridge
Friday	6:30 – 7:30 pm	Ridge	Wednesday	6:30 – 7:30 pm	Lilley Gulch
Saturday	8:00 – 9:00 am	Ridge	Thursday	6:30 – 7:30 pm	Ridge
Silver			Friday	6:30 – 7:30 pm	Lilley Gulch
Monday	6:30 – 7:30 pm	Ridge	Saturday	7:00 – 8:00 am	Ridge
Tuesday	6:30 – 7:30 pm	Lilley Gulch			
Wednesday	6:30 – 7:30 pm	Ridge	Gold		
Thursday	6:30 – 7:30 pm	Lilley Gulch	Monday	6:15 – 7:45 pm	Carmody
Friday	6:30 – 7:30 pm	Ridge	Tuesday	5:00 – 6:30 pm	Ridge
Saturday	7:00 – 8:30 am	Ridge	Wednesday	5:00 – 6:30 pm	Ridge
			Thursday	5:00 – 6:30 pm	Ridge
Senior Prep			Friday	5:00 – 6:30 pm	Ridge
Monday	5:00 – 6:30 pm	Ridge	Saturday	6:30 – 8:30 am	Ridge
Tuesday	5:00 – 6:30 pm	Lilley Gulch			
Wednesday	5:00 – 6:30 pm	Ridge	Senior 1		
Thursday	5:00 – 6:30 pm	Lilley Gulch	Monday	5:00 – 6:30 pm	Ridge
Friday	5:00 – 6:30 pm	Ridge	Tuesday	5:00 – 6:30 pm	Ridge
Saturday	6:15 – 8:45 am	Carmody	Wednesday	5:30 – 7:00am	Carmody
			Thursday	5:00 – 6:30 pm	Ridge
Senior 2			Friday	4:45 – 6:45pm	Carmody
Monday	5:00 – 7:00 am	Carmody	Saturday	6:30 – 8:00 am	Ridge
	4:45 – 6:45 pm	Carmody			
Tuesday	4:45 – 6:45 pm	Carmody			
Wednesday	5:30 – 7:00 am	Carmody			
	4:15 – 6:45 pm	Carmody			
Thursday	4:45 – 6:45 pm	Carmody			
Friday	5:30 – 7:00 am	Carmody			
	4:15 – 6:45 pm	Carmody			
Saturday	6:15 – 8:15 am	Carmody			