

Loveland Swim Club 2025-26 Short Course Practice Schedule



(November 17th – May: HS Schedule as of 11/10/25)

Boltz (SR2) W-S @ MVAC

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		5:30-7:30 am (MVAC)		5:30-7:30 am (LHS)	7:30-9:30 am (MVAC)
5:45-7:45 pm (LHS)*	5:45-7:45 pm (LHS)*		5:45-7:45 pm (LHS)*	(====)	

Meets (No Practice) – 11/22, 12/6, 12/13, 1/17, 2/13, 2/14, 3/6, 3/7

Lightning (JR2)

M-T-W-R-F-S @ MVAC

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					7:30-9:00 am
					(MVAC)
6:30-8:00 pm	6:30-8:00 pm	6:30-8:00 pm	6:30-8:00 pm	6:00-7:30 pm	
(MVAC)	(MVAC)	(MVAC)	(MVAC)	(MVAC)	

Meets (No Practice) – 11/22, 12/6, 12/12, 12/13, 1/17, 2/5, 2/6, 2/13, 2/14, 3/6, 3/7

Thunder (SR1-High School)

M-W @ LHS

T-R-F-S @ MVAC

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					7:30-9:00 am (MVAC)
	6:30-8:00 pm		6:30-8:00 pm	6:00-7:30 pm	
6:00-7:45 pm (LHS)	(MVAC)	6:00-7:45 pm (LHS)	(MVAC)	(MVAC)	

Meets (No Practice) – 11/22, 12/6, 12/12, 12/13, 1/17, 2/5, 2/6, 2/13, 2/14, 3/6, 3/7

^{*15} minutes of GAIN dryland to begin the session.



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Storm (JR1-Middle School)

M-T-W-R-S @ MVAC

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					9:00-10:15 am (MVAC)
5:30-6:30 pm (MVAC)	5:30-6:30 pm (MVAC)	5:30-6:30 pm (MVAC)	5:30-6:30 pm (MVAC)		

Meets (No Practice) – 11/22, 12/13, 1/17, 2/14, 3/7

Hurricane (AG3)

M-W-S @ MVAC

T-R @ DHAC

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					9:00-10:15 am (MVAC)
5:30-6:30 pm (MVAC)	6:00-7:30 pm (DHAC)*	5:30-6:30 pm (MVAC)	6:00-7:30 pm (DHAC)*		

Meets (No Practice) – 11/22, 12/13, 1/17, 2/14, 3/7

Cyclone (AG2)

M-W-S @ MVAC

T-R @ DHAC

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30-6:30 pm	6:00-7:30 pm	5:30-6:30 pm	6:00-7:30 pm		
(MVAC)	(DHAC)*	(MVAC)	(DHAC)*		9:00-10:15 am (MVAC)

Meets (No Practice) – 11/22, 12/13, 1/17, 2/14, 3/7

^{*15} minutes of GAIN dryland to begin the session.

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Surge (AG1) M-T-W-R @ DHAC

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00-7:15 pm	6:00-7:15 pm	6:00-7:15 pm	6:00-7:15 pm		
(DHAC)*	(DHAC)*	(DHAC)*	(DHAC)*		

^{*15} minutes of GAIN dryland to begin the session.

Splash M-W-R @ DHAC

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(6:00-7 pm (DHAC)*		6:00-7 pm (DHAC)*	6:00-7 pm (DHAC)*		

^{*15} minutes of GAIN dryland to begin the session.