



## Loveland Swim Club Team Travel – Albuquerque, NM June 6–10, 2013

### Trip Cost:

\$225.00 – is the remaining cost per swimmer due Friday, May 31. (\$275 - \$50 deposit = \$225)  
This includes the transportation (bus and van), hotel, and breakfasts.

*Meal and Tram cost:*    12 & Unders: \$27.50    13 & Overs: \$32.00 (see below)  
Due to your coach by Friday, May 31. Please give checks to your coach – payable to LSC

### Medical Release and Code of Conduct

Please download and complete on the website under documents  
Any prescription medicines, inhalers, or severe allergies should be noted on the medical release due by Friday, May 31<sup>st</sup>.

### Departure:

Meet at Mt. View parking lot at **6:45 am**. We are leaving at 7:00 am!  
Swimmers will travel on the bus and the van in equally divided groups.  
Each swimmer will travel approximately  $\frac{1}{4}$  of the trip in the van and  $\frac{3}{4}$  of the trip on the bus.  
Parents, if you have any questions on transportation please speak with your coach.

### Return:

Leaving on Monday around 12:00 PM - noon. Arrival to Mt. View approximately 8:30pm.  
Swimmers will call home about 1 hour from Loveland.

<b>Hotel:</b>	Holiday Inn Express Airport	1921 Yale Blvd SE, Albuquerque, NM, 87106	505-338-5255
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### **Things to Pack**

1. Breakfast for Thursday morning – breakfast bars, fruit, juice, bagels, etc
2. Healthy Snacks (for the trip and at the meet)
3. Water bottles
4. Pillow for the bus ride
5. Music (G-rated), movies (G-rated), books & games for the bus ride
6. Extra towels (suits and goggles too) -> have your swim bag packed separately.
7. Any prescription medicines or inhalers. Have a note for medication schedule for coaches and chaperones.
8. Tennis shoes for our Monday tram ride and team building hike

### Meals and Tram:

The meal plan is set to make it more convenient and timely for our swimmers each day.  
Order forms for meals will be available from your coach on Monday and Tuesday the week of the trip  
Swimmers will complete this while at practice.  
Meal Cost = the following meals are purchased in advance:  
Lunches Saturday, Sunday, and Monday (\$20)

On Monday prior to leaving Albuquerque we will ride the tram to the top of Sandia Peak.  
From there we will do a short hike as a team building activity  
Tram Ride on Monday - \$7.50 for 12 and Under's, \$12.00 for 13 and Olders

Final Cost:    12&Under: \$27.50    13&Over: \$32.00

Please give this payment to your coach by Friday, May 31<sup>st</sup>.  
Swimmers should bring about \$50 for 4 dinners and 1 lunch plus any meet item or souvenir they may want

### Coaches:

Jon Scott	303.956.7681
Terri Hermes	970.371.4620
Brock Sishc	970.227.3236
Maria Strait	970.412.5729
Dale Leonhart	970.216-0803

### Chaperones:

Katie Eccleston, Dawn Zakanycz, Mike Brohard

### Meet Information:

	<u>Age Groups</u>	<u>Warm up</u>
Friday pm	11 & Over	2:00 pm
Saturday am	12 & Under	7:00 am
Saturday pm	11 & Over	TBD
Sunday am	12 & Under	7:00 am
Sunday pm	11 & Over	TBD

Contact your coach if you have any questions