2024 Colorado Mesa University Swimming MINI SWIM CAMPS



Cost \$75 per session

Age 5 and up

Location

El Pomar Natatorium 1100 North Avenue Grand Junction, CO

The El Pomar Natatorium is located inside the Maverick Center, which can be found off the corner Orchard and 12th St.

For more information please contact:

- Mickey Wender,
 Head Swim/Dive Coach
- **(**7) 970.248.1445 (o) 845.494.0514 (m)
- mwender@coloradomesa.edu

- Please join Olympic Coach Mickey Wender and the Nationally Ranked CMU Mavericks for the swimming experience of a lifetime.
- CMU Coach Wender has 30+ years of collegiate head coaching experience and has coached All-American swimmers at every level. He and his wife, Kate, and their qualified staff will teach, train, and inspire swimmers at any skill level.
- Skill will be assessed on day-one so that swimmers can be grouped according to swimming ability. The mini swim camp program runs in tandem with Mesa County Tennis, but enrollment in tennis is not required. Drop off and pick-up for camp will be at the CMU Tennis Courts.

Typical Schedule

- Meet at tennis court
- Escort campers to locker rooms
- · Change into suits
- Stretch/Dryland/Lesson/Workout/Fun!
- Back to lockers/change
- Back to tennis courts

Each camper will receive a t-shirt at the end of the session

Session Dates Session 1

May 29, 31, June 3, 5, 7 9:15-10am OR 10:30-11:15am

Session 2

June 10, 12, 14, 17, 19 9:15-10am OR 10:30-11:15am (June 17, 19 11-11:45am/12-12:45 am)

Session 3

June 24, 26, 28, July 1, 3 9:15-10am OR 10:30-11:15am

Session 4

July 8, 10, 12, 15, 17 9:15-10am OR 10:30-11:15am





