



<b>Prelims Event Order</b>		
#	<b>Tuesday, August 2, 2016</b>	#
1	W 800 / M 1500 Freestyle	2
Women's 800 and Men's 1500 fastest three heats will swim at Clovis North at 5:00pm.		
<b>Wednesday, August 3, 2016</b>		
3	100 Freestyle	4
5	200 Butterfly	6
7	200 Breaststroke	8
9	200 Backstroke	10
11		
<b>Thursday, August 4, 2016</b>		
12	200 Freestyle	
	200 Individual Medley	13
14	400 Individual Medley	
	400 Freestyle	15
		16
<b>Friday, August 5, 2016</b>		
17	200 Individual Medley	
	200 Freestyle	18
19	50 Freestyle	20
21	400 Freestyle	
	400 Individual Medley	22
23		24
<b>Saturday, August 6, 2016</b>		
25	100 Backstroke	26
28	100 Breaststroke	29
30	100 Butterfly	31
27	W 1500 Freestyle*	
	M 800 Freestyle*	32
33		34
* All but fastest heat will swim in Prelims.		
Events 27 and 32 will be swum		
fast to slow and alternating Women/Men		



<b>Finals Event Order</b>		
<b>#</b>	<b>Tuesday, August 2, 2016</b>	<b>#</b>
1	W 800 / M 1500 Freestyle	2
Women's 800 and Men's 1500 fastest three heats will swim at Clovis North at 5:00pm.		
<b>Wednesday, August 3, 2016</b>		
3	100 Freestyle	4
5	200 Butterfly	6
7	200 Breaststroke	8
9	200 Backstroke	10
11	800 Freestyle Relay	
<b>Thursday, August 4, 2016</b>		
	400 Freestyle	15
12	200 Freestyle	
	200 Individual Medley	13
14	400 Individual Medley	
	800 Freestyle Relay	16
<b>Friday, August 5, 2016</b>		
19	50 Freestyle	20
21	400 Freestyle	
	200 Freestyle	18
17	200 Individual Medley	
	400 Individual Medley	22
23	400 Medely Relay	24
<b>Saturday, August 6, 2016</b>		
25	100 Backstroke	26
27	W 1500 Freestyle	
28	100 Breaststroke	29
30	100 Butterfly	31
	M 800 Freestyle	32
33	400 Freestlye Relay	34



<b>"A" Time Standards</b>						
<b>Women</b>			<b>Men</b>			
<b>SCY</b>	<b>SCM</b>	<b>LCM</b>	<b>Event</b>	<b>LCM</b>	<b>SCM</b>	<b>SCY</b>
26.09	28.79	29.89	50 Free	26.29	25.79	23.29
56.49	1:02.49	1:04.49	100 Free	58.59	56.39	50.99
2:01.89	2:14.89	2:19.09	200 Free	2:08.79	2:03.49	1:51.59
5:29.69	4:48.49	4:55.99	400/500 Free	4:36.69	4:29.39	5:07.79
11:22.69	9:57.49	10:10.59	800/1000 Free	9:35.69	9:18.59	10:38.29
18:59.69	18:52.09	19:36.29	1500/1650 Free	18:19.89	17:49.09	17:52.29
1:02.69	1:09.19	1:12.79	100 Back	1:06.79	1:03.29	57.29
2:15.29	2:29.59	2:35.49	200 Back	2:22.69	2:17.59	2:04.49
1:12.49	1:20.09	1:23.09	100 Breast	1:15.59	1:11.89	1:05.09
2:35.99	2:52.39	2:57.99	200 Breast	2:42.89	2:36.89	2:21.99
1:02.59	1:09.09	1:10.79	100 Fly	1:04.29	1:02.39	56.49
2:16.99	2:31.39	2:35.59	200 Fly	2:22.89	2:19.09	2:05.89
2:16.69	2:31.29	2:37.49	200 IM	2:24.39	2:18.09	2:04.79
4:54.49	5:25.39	5:35.09	400 IM	5:10.99	5:00.79	4:32.19
3:49.96	4:13.96	4:21.96	400 Free Relay	3:58.36	3:49.56	3:27.96
8:15.56	9:07.16	9:24.36	800 Free Relay	8:43.16	8:21.96	7:34.36
4:12.46	4:41.86	4:52.16	400 Medley Relay	4:26.26	4:14.96	3:50.89

<b>Bonus Time Standards</b>						
<b>Women</b>			<b>Men</b>			
<b>SCY</b>	<b>SCM</b>	<b>LCM</b>	<b>Event</b>	<b>LCM</b>	<b>SCM</b>	<b>SCY</b>
26.59	29.29	30.39	50 Free	26.79	26.29	23.79
57.49	1:03.49	1:05.49	100 Free	59.59	57.39	51.99
2:03.89	2:16.89	2:21.09	200 Free	2:10.79	2:05.49	1:53.59
NA	NA	NA	400/500 Free	NA	NA	NA
NA	NA	NA	800/1000 Free	NA	NA	NA
NA	NA	NA	1500/1650 Free	NA	NA	NA
1:03.69	1:10.19	1:13.79	100 Back	1:07.79	1:04.29	58.29
2:15.29	2:29.59	2:35.49	200 Back	2:24.69	2:19.59	2:06.49
1:13.49	1:21.09	1:24.09	100 Breast	1:16.59	1:12.89	1:06.09
2:37.99	2:54.39	2:59.99	200 Breast	2:44.89	2:38.89	2:23.99
1:03.59	1:10.09	1:11.79	100 Fly	1:05.29	1:03.39	57.49
2:16.99	2:31.39	2:35.59	200 Fly	2:24.89	2:21.09	2:07.89
2:18.69	2:33.29	2:39.49	200 IM	2:26.39	2:20.09	2:06.79
NA	NA	NA	400 IM	NA	NA	NA



**Maximum Time Standards  
(2016 LC Junior Nationals)**



**TIME STANDARDS**

**2016**

**SPEEDO JUNIOR NATIONAL CHAMPIONSHIPS**

Girls			Boys	
SCY	LCM		LCM	SCY
22.89	26.69	50 Freestyle	24.09	20.59
49.89	57.79	100 Freestyle	52.19	44.59
1:47.79	2:04.69	200 Freestyle	1:54.69	1:38.79
4:49.09	4:22.19	400/500 Freestyle	4:03.59	4:29.29
9:58.79	9:00.29	800/1000 Freestyle	8:24.69	9:15.19
16:35.89	17:14.29	1500/1650 Freestyle	16:08.09	15:37.49
54.69	1:04.59	100 Backstroke	58.99	49.89
1:58.09	2:18.69	200 Backstroke	2:07.39	1:48.39
1:03.09	1:13.49	100 Breaststroke	1:06.29	55.99
2:15.89	2:38.69	200 Breaststroke	2:23.69	2:01.59
54.19	1:02.59	100 Butterfly	56.69	49.19
1:59.59	2:17.39	200 Butterfly	2:05.49	1:48.29
2:00.99	2:21.39	200 Individual Medley	2:08.69	1:49.29
4:15.59	4:58.09	400 Individual Medley	4:33.89	3:53.49

Qualification Per