

2018 CSI LCM Senior State Championship Time Standards
VMAC
July 20-22, 2018

13-14

LCM	SCM	SCY	Event	LCM	SCM	SCY
0:30.79	28.79	25.89	50 Free	0:29.59	27.49	24.79
1:06.59	1:02.79	56.49	100 Free	1:03.89	59.59	53.69
2:23.99	2:16.49	2:02.89	200 Free	2:18.89	2:09.69	1:56.89
4:57.79	4:49.19	5:31.19	400/500 Free	4:48.39	4:38.99	5:19.79
10:21.49	10:08.69	11:36.39	800/1000 Free	10:16.49	10:03.69	11:30.79
20:45.09	20:21.09	19:40.29	1500/1650 Free	20:33.89	20:09.89	19:37.39
1:14.59	1:10.49	1:03.49	100 Back	1:12.59	1:08.39	1:01.59
2:39.49	2:31.59	2:16.49	200 Back	2:36.79	2:27.69	2:12.99
1:26.59	1:21.29	1:13.19	100 Breast	1:23.99	1:17.89	1:10.19
3:06.29	2:57.09	2:39.49	200 Breast	3:00.29	2:49.49	2:32.69
1:14.59	1:09.89	1:02.99	100 Fly	1:11.99	1:06.99	1:00.39
2:50.69	2:41.09	2:25.19	200 Fly	2:46.79	2:35.59	2:20.19
2:41.89	2:33.39	2:18.19	200 IM	2:35.99	2:27.69	2:13.09
5:40.09	5:29.79	4:57.09	400 IM	5:31.29	5:23.49	4:51.39
5:23.69	5:13.29	4:42.29	400 Med Relay	5:22.99	5:12.99	4:42.49
4:40.89	4:30.49	4:01.99	400 Free Relay	4:36.49	4:24.99	3:59.99

Open

LCM	SCM	SCY	Event	LCM	SCM	SCY
0:30.39	28.79	25.89	50 Free	0:28.39	26.29	23.59
1:04.99	1:02.79	56.49	100 Free	1:00.39	56.59	50.99
2:22.39	2:14.89	2:01.39	200 Free	2:12.89	2:01.69	1:50.89
4:54.99	4:46.39	5:28.39	400/500 Free	4:43.19	4:33.79	5:12.59
10:11.39	9:58.59	11:25.09	800/1000 Free	9:59.39	9:46.59	11:11.59
20:09.39	19:45.39	19:10.69	1500/1650 Free	19:25.19	19:01.19	18:29.39
1:13.39	1:09.29	1:02.29	100 Back	1:09.59	1:05.39	58.59
2:37.49	2:29.59	2:14.49	200 Back	2:30.79	2:21.69	2:06.99
1:25.09	1:19.79	1:11.69	100 Breast	1:20.99	1:14.89	1:07.19
3:04.69	2:55.49	2:37.89	200 Breast	2:55.69	2:45.09	2:28.09
1:13.99	1:09.29	1:02.39	100 Fly	1:08.59	1:03.59	56.99
2:48.69	2:39.09	2:23.19	200 Fly	2:42.79	2:31.59	2:16.19
2:39.89	2:31.39	2:16.19	200 IM	2:30.99	2:22.69	2:08.09
5:37.69	5:27.39	4:54.69	400 IM	5:26.29	5:18.49	4:46.39
5:23.69	5:13.29	4:42.29	400 Med Relay	5:22.99	5:12.99	4:42.49
4:40.89	4:30.49	4:01.99	400 Free Relay	4:36.49	4:24.99	3:59.99

