



Front Range Barracudas

Swim Club



COLORADO
SWIMMING

August 2012

Message from the
President

Kennedy Walsh

OFFICIAL NOTICE:
Annual Member Meeting
AGENDA FOR MEMBER VOTE:
Bylaw Revision & Budget Approval
Date: Sunday, August 26, 2012
Time: 4:30pm
Location: BCC – Lakeshore Room

Hello Cuda Families,

It is with great pride and excitement that the Board presents a revision of the team's Bylaws for your approval at the Annual Member meeting on August 26. We began this task a year ago to aid current and future boards in interpreting the team's Bylaws. The Board was frustrated with a set of Bylaws that was neither specific to the sport of swimming nor to our team in particular. In the last couple of years our Bylaws were referenced a number of times only to find that they did not offer us any guidance when we needed it most. A Bylaws Committee was formed to address this need comprised of Board Members, Coaches, and several other parent members of our team. We sought consistent wording, updated terminology (especially regarding technology – when's the last time you sent a telegram?), clarification to the election and voting process, and to address issues inherent to a larger swim club

With the kind assistance of our pro-bono attorney, Mr. Michael Maciszewski at FAEGRE BAKER DANIELS LLP, our Bylaws revision has been properly reviewed. It is in compliance with the standards set forth by USA Swimming, Colorado's Non Profit law, and most importantly - our team. They went from nine vague pages to sixteen Cuda specific pages addressing practical, political, and legal considerations. The current and revised versions will be posted under the [Club Info](#) tab by August 14, [subcategory bylaws](#), on our website if you would like to read through them before you vote to revise. We have drafted a brief summary of the changes made and where they are located in both Bylaw versions for your convenience. Please feel free to contact me personally should you have any questions or comments regarding our Bylaws.

How to vote for the Bylaws Revision

1. There is one (1) vote per member family.
2. Your account must be in good standing to vote.
3. Only members of record at the end of the 2012 long coarse season are eligible to vote
4. Your vote may be:
 - a. *In person* at the Annual Meeting to be held prior to the New Parent meeting.
 - b. *By proxy* – all proxies must be filed with the Secretary before the annual meeting
 - c. *Abstained* (please don't do this, as a parent run team we value your input)
5. An email ballot will be sent to the email address of record. Only votes received from this address will be official.

Kindly,
Kennedy Walsh
FRBSC President

Coaches Corner

Head Coach Andrew

Every August before we get geared up for next year, it's good to take a step back and look at the season that was. It's easy to smile with content at how the 2011-12 short course season and 2012 long course season ended up. Thanks for helping making this past season one of the better and more successful seasons we've had at CUDA.

We continue to host some of the best and most in-demand meets in the state! The fact that VMAC is our home pool definitely helps; Every meet we host however, visiting coaches are pleased...Not only with the facility, but mainly at how smoothly the meets run.

We bestest our standing from last year's state meets during our Short Course and Long Course Seasons

CUDAS sent a team record number of swimmers to Far Westerns.

Our Swim-A-Thon total was much higher than last year; enabling us to purchase ipads, underwater cameras and training equipment and tools for our swimmers.

Dozens of team records were broken, some of which were last set in the 90's!

Let's continue to build on these successes next year!

CUDA Registration

Short Course Registration will be open to returning swimmers from August 15 through August 24th. PLEASE go online and **register before August 24th** to secure your spot on the team. With this being an Olympic year, the coaches are anticipating a large number of new interested swimmers at tryouts. The team has limited spots and we need to know who will be continuing, and how many new swimmers we can allow.

If you do not register by August 24th, you may lose your spot on the team. Thank you.

August No Ordinary Pizza Offer

**Attention BCC Families
Exciting NO ORDINARY PIZZA Meet news!**

1070 E 10th Ave
Broomfield, CO 80020
(303) 410-1800

Beginning with our first **No Ordinary Pizza** meet of the season we are offering a special BCC Cuda incentive. If you bring in two (2) No Ordinary Pizza meet receipts dated between two pizza meets to the meet we will waive one pizza meet entry fee. Receipts must be stapled together with the swimmers first & last name and the group. Please watch for ****NEW**** No Ordinary Pizza coupons under Cuda Sponsors on our web page.

****Volunteer opportunity****

We will need someone to collect receipts and verify that they fall between two consecutive pizza meets. Receipts will be handed over to the Account Manager for credit. Receipts will only be accepted at the pizza meet for the current meet – **no exceptions.**

News from BCC

Coach Amy

SWIMMERS OF THE MONTH

RED GROUP

Max Kulbida - Max came into the month of July determined to get faster and stronger strokes. He worked hard in practice and performed well at the 8&under championship.

Allison Xin: After taking two months off Allison came back to practice swimming everyday to get ready for the championship meet. Even when we didn't have practice she was still at the pool practicing her starts and turns. Her dedication paid off at the championship.

SILVER GROUP:

Pax Armon: Pax is an extremely dedicated Cuda swimmer. He is at every practice he can make and participates in many different meets. He is taking the time to improve his technique, which is already starting to show its benefits at meets.

Johnee Shields: Johnee comes to every practice determined to swim every 25 with perfect technique. This perservance has paid off in the last month of meets. She proved to be a valuable teammate in her relays.

Mark Your Calendar

DATE	EVENT
August 13, 2012	August Board Meeting @ Brunner House – 7:15pm
August 15-24, 2012	Online registration @ teamcudas.com
August 26, 2012	Short Course Info Meeting & Bylaws Voting @ BCC
September 11, 2012	Start of Short Course Practice

**** Dates are subject to change. Please refer to the Schedule Tab on TeamCudas.com for the most up-to-date information.**

Notes from the CUDA Account Manager

Kathy Jaschke & Michelle Shauf

Reminder - Please set up AutoPay - You can pay in two ways...

Automatic Checking Withdrawal (ACH): Sign up for Automatic Checking Account Withdrawal on the team's website. Your account will automatically be debited for the amount owed on the 1st of each month. Please make sure to check you invoice prior to the 1st of the month.

Credit Card (CC): You may also sign up to have your bill charged to your favorite credit card (VISA, MasterCard and Discover) only. Sign-up again is handled in a secure fashion on the team's website. There is no fee for this service.

Michelle Shauf will be taking over as the Account Manager for the team in September. If you have any questions regarding your bill, please contact Michelle at cudamanager@teamcudas.com or [303-464-1167](tel:303-464-1167).

Board Meetings

Upcoming general Board meetings are usually scheduled for the second Monday of each month. All Barracuda team members and parents are invited to attend and participate in the meetings. Our next meeting will be held on Monday, August 13th from 7:15 pm-9:00 pm at the Brunner House in Broomfield. Hope to see you there!

<p>Happy Birthday</p> <p>CUDA August Birthdays</p>	<p>Hannah Adams Sarah Dills Quinn Donaldson Shelly Drozda Jack Engler Courtne Lingaas Madison Lin Kyle Mak Sydney Mattei Delaney Osborn Addie Paquette Elaina Troxell Hannah Wang Owen Wilson Alvina Zhang</p>
<p>Practice Schedules</p> <p>BCC Swimmers: 280 Lamar Street Broomfield</p> <p>VMAC Swimmers: 136th Ave & Holly St. Thornton</p>	<p>The practice schedule for the individual groups for Fall will be listed on the website a few weeks prior to our first practice session on September 11, 2012. Keep checking back for more information.</p> <p>Please see the team website under the Schedule tab for the most up-to-date practice information for both pools</p> <p>Web site: www.teamCUDAs.com.</p> <p>The Team does not sell or communicate outside of the CUDAS any personal information including email addresses.</p>
<p>Team Communications</p>	<p>If you have not done so already, please visit the Team web site and register yourself as a CUDA parent. ALL Team communication, meet information, meet registration, and member updates, etc. is posted on the website. We also send out updates via email so make sure your information is up-to-date!</p> <p>Web site: www.teamCUDAs.com.</p>
<p>Volunteer Policy</p>	<p>Other than the coaching staff, we are a volunteer organization and count on our families to support the swim program. The Long Course 2012 Season is bringing about many opportunities for you to volunteer and to help us host some exciting meets, please check out the website to sign up early!</p> <p>Volunteer Requirements: 8 hours per Season—Developmental, Red, Silver (BCC Swimmers) 12 hours per Season—White, Black, Gray, Senior, Elite (VMAC Swimmers) <i>All hours must be completed by the end of the season, otherwise your swimmer's account will be charged \$20/hour for hours not completed.</i></p> <p>Reporting & Tracking of Volunteer Hours: To simplify the recording of hours volunteered: you will sign up online for events, check in at the event, your hours are then verified and confirmed by the volunteer coordinator, and lastly your hours will be updated to your online account so you can view your hour's completed and/or outstanding balance. After the job sign up is closed (approx. 3 days before meet) if you are unable to fulfill your volunteer duties, you are responsible for finding your replacement. Your replacement needs to email the volunteer coordinator to notify her of the change prior to the day of the meet/event. Please contact our FRBSC Volunteer Program Coordinator if there are questions regarding a particular volunteer activity, volunteer responsibilities/descriptions, hours completed, etc. cudavolunteer@teamcudas.com The Board wishes to thank every volunteer for their time and commitment. Please do not hesitate to contact a board member should you have any questions or concerns!!</p>

Earn Cash Back with Scrip

The Cuda's have a \$50.00 per season fundraising policy per family. One extremely easy way to meet this goal is to purchase a King Soopers scrip card for \$25.00. Once you get the card, you can load it at the register with your credit card and pay for your groceries. 5% of your purchase will be credited towards your fundraising goal. Here is where we differ from other programs. Once your family hits the \$50.00 goal, future purchases continue to support the team at 2.5%. The remaining **2.5% is credited to your account at the end of the season.**

What do I need to do?

1. Contact: Scott Bratcher via email at scripsales@teamcudas.com
2. Arrange to meet
3. Make sure your card number is recorded so you get credit!
4. Give Scott a check or cash for \$25
5. Go to King Soopers and load up your card

Also don't forget to use your King Soopers card to get gas, or to purchase gift cards! It adds up really fast!!

Other easy opportunities to meet your fundraising goal:

Advertising within the Cuda family counts towards your goal! It doesn't matter if it is your personal business or a friend's.

- ⇒ **Heat Sheet Advertising:** The full price of the ad is credited towards your family's fundraising goal at the end of the season. You can run anything as small as a business card to a full-page ad. Each family typically buys at least one heat sheet to track their swimmer at each meet. Some of our larger five session meets with bring in 1500+ athletes. This is great local advertising!
- ⇒ **Web Page Advertising:** This is an underutilized tool but definitely worth a mention for smaller businesses. There are a couple of packages at different price ranges. Color web page ads run from \$99.00 - \$999.00. The benefit of advertising on the Cuda website is that your ad will show up on every other Team Unify website within 25 miles of YOUR business. (Team Unify is the software that all of the local USA Swimming clubs use for their websites.) The other thing I like is that you can go in and change your ad message any time you would like. This is a great feature if you provide coupons, specials, or want to make seasonal changes. For more information, click the "advertise here" button on the bottom left side of the Cuda's home page.