



Front Range Barracudas

Swim Club



COLORADO
SWIMMING

August 2011

Message from the President

**Kennedy Walsh,
President**

Hello Cuda Families,

I know everyone is ready for a short break between the end of swimming and the start of the school year so I am just going to give you the cliff notes version and you can continue enjoying your summer!

□ **End of season party at the Bay Aquatic Park Monday August 8, 6-9pm**

Don't forget to register! The coaches try to provide an award for everyone and we don't want any hurt feelings. This is always a blast! Don't forget to watch the weather and bring jackets if it's chilly. Last year the parents froze but the kids didn't seem to notice they were having so much fun. Don't forget to include utensils and mark anything you would like returned.

Developmental/Red: Appetizers/Salads

White/Silver: Entrees

Black/Senior: Desserts

Elite: Drinks

□ **Registration opens up to existing members on Friday August 12.** It would be helpful if you could register before the parent meeting on the 28th. All new swimmers are added manually and it would make the process more efficient for our treasurer. She will only have two days to get registration completed before billing hits. We appreciate your kind understanding and assistance.

□ **Short Course Parent Meeting, Sunday August 28 3-5pm:** This meeting is especially important for new swimmer families to learn about the team and register. We will be voting on a few housekeeping issues in our by-laws and amending our codes of conduct that require a simple majority vote so existing member attendance is strongly encouraged as well. Please plan to attend the 3:30-4:30 informational session. The new parent presentation will follow. MI sports will attend and we will have some fun volunteer opportunities to sign up for on a first come basis.

□ **Broomfield Days is Saturday September 17:** We will be walking in the parade. You are welcome to throw out wrapped candy. A good estimate is 2-3 Costco sized bags per child to last the entire parade. In years past, we have thrown out Swedish Fish since it seems to fit in well with our team but feel free to toss out whatever you like best. Chocolate doesn't seem to work well on warm days. Decorated bikes and wagons are OK, rollerblades are discouraged. The coaches are not responsible for babysitting during this event. If you have little ones, plan to join in the fun! Don't forget to wear your Cuda gear and colors! This is always fun! Please check the events page for further details as they become available.

□ **We are considering a dunk tank for Broomfield Days!** Warm up your pitching arm, save your allowance, and tell your friends our good-natured coaches and maybe even some officials have volunteered to sit in a dunk tank to raise funds for the Cuda's! If you would like to help run the booth please contact Kennedy. We would also accept local celebrities to help us entice non-members to participate; please let us know if you have any suggestions.

□ **5th annual Red/Black intrasquad relay meet Friday October 7. Warm-ups 4:30pm.** This is so much fun! Make sure you mark your calendar. This is a wonderful opportunity for our BCC & VMAC kids to work together as a team! Watch the events page for details.

□ **Board Member needed to help with advertising.** Please contact a board member if you would like further details or to put your name in the nomination process. We would like this position filled by the start of short course! There is about a two - four hour time commitment per week and monthly board meetings. We will help with the marketing materials and any support you may need. Candidates must be friendly with good communication skills.

□ **Open Door Policy.** Your comments and suggestions are always welcome and encouraged. Please consider attending board meetings and informal parent meeting thru-out the year to learn about the club and offer your insight.

Kindly,
Kennedy Walsh
F.R.B.S.C. President

<p>Coaches Corner Head Coach Andrew</p>	<p>Thank you for helping make this the most successful year in the Cuda's thirty plus year history!</p> <ul style="list-style-type: none"> ➤ We saw a growth in membership to almost 150 swimmers. ➤ Our young swimmers were crowned Northern Colorado 8 & under state champions. ➤ Dozens of team records were set by swimmers in every age group from 10 & under to Open. ➤ Our Cuda Pentathlon hosted more swimmers than ever before at over 650 participants. ➤ We successfully hosted two long course meets, thanks volunteers! ➤ We finished 2nd at the "Northern Colorado Long Course Championship meet, Cudas highest placing ever!" ➤ Cudas won the bid to be the host team for the 2013 Colorado SC State Championship meet. ➤ Despite hosting practices in one of the nicest and most expensive pools in the state, we raised enough money running our meets to cover costs and maintain current dues structure. ➤ We took more swimmers to Sectional travel meets than the last 10 years combined. <p>We could not have accomplished the above feats without the support from the entire Cuda Community. Whether it was the parent who provide endless support for the swimmer, or the swimmer who put in the effort in the pool, the volunteers who worked the meets, the coaches who planned the workouts and motivated the kids, or even the uncle who sponsored the swim-a-thon participant with a \$20 bill. Each person was vital to our success this year, and will be necessary for our continued growth as we reach for our lofty goals. Thanks and we look forward to seeing you in September!</p>
<p>News from BCC Coach Jonathan</p>	<p>Thank you CUDA swimmers and parents for your huge role in a successful season. Hard work, fun, and focus were staples at practice and best times, high energy, and togetherness were staples at meets. I loved watching each swimmer get faster and I enjoyed witnessing friendships form. To take part in all the lessons learned and to help develop good character in these swimmers has been a great pleasure. I look forward to continued success this fall.</p> <p>August Swimmers of the Month</p> <p>Red Group Girl- Annika Wangsvick Annika has a mile a minute motor and her energy at practice has turned into success in the pool. At our 8 and Under Champs meet Annika dropped 10 seconds in the 50 Free and 6 seconds in the 25 Butterfly. Good Job Annika!!!! Can't wait for next season!!!!!!!!!!!!</p> <p>Boy- Kyle Raskay Kyle deserves swimmer of the month for July for his hard work and focus in practice and his strong and steady practice attendance this summer. Kyle has seen seconds shaved of his times at every meet this season. Culminating in becoming a scoring member of our 8 and Under Championship team by dropping 4 seconds in the 25 Backstroke and 1.5 seconds in the 25 Freestyle. Kyle, you have a great attitude at practice and I see great things happening in swimming. Keep it up!!!!!!</p> <p>Silver Group Girl- Riley Walsh Riley deserves Swimmer of the Month for her hard work all season. Riley has been the staple of hard work and in a hard working Silver Group Riley stands out as a hard worker. Riley's hard work has helped motivate others to work just as hard. This season I have been witness to Riley, at one point or another, individually engaging over half of Silver Group in mid practice races. Those moments of competition at practice are what make it fun. Racing is what helps kids tap into their potential and I loved seeing those moments at practice. Keep on RACING RILEY.</p> <p>Boy- Owen Wilson Owen has had a great season. His breaststroke has really taken off and he is becoming more aggressive with his dive. Owen is a key member of our up and coming young group of boys and he has shown signs of a good leader. I look forward to Owen setting a great example to new Silver swimmers on how we do things in Silver Group next season.</p> <p>Thanks for all your hard work! Coach Jonathan</p>

Thoughts from Coach Tom, Head Age Group Coach

As head Age Group coach I don't think I could imagine a better position to currently be in. With what has been the single most improved season in my tenure, I am pleased to say our little Cuda's are on the up and up. The season ended with the Cuda's making waves as we won our 2nd consecutive 8 and under championship meet. All of us coaches were thrilled with our turnout and the kid's great improvements. This confirmed to me how great Coach Jonathan and Coach Sarah were doing with the kids at BCC. It really bodes well for our bright future.

That weekend we had over 70 swimmers on the Cuda's compete at the Northern Colorado Districts meet at the VMAC. Between the fantastic turnout, and the fast swimming the Cuda's finished runner up to the eventual state meet champs which was the teams highest finish as a Northern Colorado Districts ever. Our state team then kept the ball rolling by jumping up an astonishing 10 places from our short course finish the place 13th in the state. Team records fell in abundance, and we had 2 and ½ swimmers qualify to swim on Team Colorado at the summer zone meet.

I know I speak for the entire coaching staff when I say thanks to everyone involved with our club for allowing us to achieve the success we have in such a short period of time. While these accolades generally involve individual performances in the pool, the recognition really should go out to the whole team. Thanks to everyone for supporting our meets at the new VMAC facility, anyone who has driven kids to practice, and the kids for believing that they can achieve. I look forward to continue to build momentum in our age group program, see everyone in the Fall.

Mark your Calendar

DATE	EVENT
August 8	Post Season party @ The Bay @ 6pm
August 12	Short Course online registration opens
August 28 th	Short Course Registration Meeting
September 6	Short course season begins @ VMAC and BCC
September 17	Broomfield Days Parade, Time TBA

Practice Schedule

BCC Swimmers:
280 Lamar Street
Broomfield

VMAC Swimmers:
136th Ave & Holly St.
Thornton

The Fall Schedule will be posted online in the coming weeks. The season will begin on September 6th for both pools. Please look at the website, under the Schedule tab to see the swimming schedule for your swimmer.

Developmental:
Monday/Wednesday
Tuesday/Thursday
Friday

Red:
Monday/Wednesday
Tuesday/Thursday
Friday

Silver:
Monday/Wednesday
Tuesday/Thursday

White:
Monday – Saturday

Black:
Monday - Saturday

Senior:
Monday - Saturday

Elite:
Monday – Saturday

BCC Fall schedule will be posted on the website under Schedule shortly.

VMAC schedule will be posted on the website under Schedule shortly.

<p>End of Season Party The Bay</p>	<p>On Monday, August 8th at 6pm the CUDAs will be celebrating the end of another fantastic season. Please RSVP on the Events page if you plan on attending! There is no cost to attend, but please view the potluck list by group below to bring a dish to share. Please email Coach Tom with any questions: coachtom@teamcudas.com</p> <p style="text-align: center;">Developmental/Red: Appetizers/Salads</p> <p style="text-align: center;">White/Silver: Entrees</p> <p style="text-align: center;">Black/Senior: Desserts</p> <p style="text-align: center;">Elite: Drinks</p>
<p>Notes from the CUDAs Treasurer</p>	<p><u>PLEASE NOTE:</u> As of March 1st, 2011 our billing system will no longer be generating invoices on the 21st of the month. You have access to your balance on the "Invoices & Payments" in your account. This will show you any reoccurring dues, as well as any other charges that have occurred in the current month.</p> <p><u>REMINDER: Important Billing Notice:</u> Please be advised that due to an error in our billing system, none of the July dues were charged to your account. The funds drafted were for your non re-occurring charges only. We have corrected the error, however your fees will not be drafted until August 1st. We apologize for the error and any inconvenience it may cause.</p> <p><u>Fundraising Credits have been applied:</u> Please review your account, as your credit for fundraising has been applied to your account. Account with a credit balance will carry over and be used toward future billings.</p> <p><u>Volunteer Hours:</u> Charges for unfulfilled volunteer hours will post to your account at the end to the month. It is not too late to volunteer. Please contact our Volunteer coordinator Jamie Feran at volunteer@teamcudas.com</p> <p><u>As a reminder our Volunteer Program Fee Payment program is as follows:</u> For those families who are unable to commit to the LC Season volunteer hours, we will be requiring a (tax deductible) contribution of a \$20 per hour fee for hours not completed.(\$160.00 for BCC /\$240.00 for VMAC) If by July 15th 2011 (we will extend to the 24th this year to allow for some of you to earn extra hours) Those who have not fulfilled your families' volunteer hours you will a charge on your account for your August billing.</p> <p>As always, if you have questions or issues with paying your bill, please contact Lisa Abeyta, our Treasurer/Business Manager at cudamanager@teamcudas.com</p>

**ONLINE
REGISTRATION**
August 12th

**ALL RETURNING
FAMILIES MUST
REGISTER!!**

PARENT MEETING
August 28th
@ BCC

Electronic Registration for Short Course Season will open on August 12th, 2011.

Please Note: ALL RETURNING FAMILIES MUST REGISTER!! We'd like to have everyone registered by August 30th, 2011.

Whether you're a returning family or new family joining our team, the registration process is simple and takes only a few minutes. You will be requested to pay during the last step of the registration process. Discover Card is now an accepted method of payment!!

If you have decided not to return in the fall please notify the business manager immediately at cudamanager@teamcudas.com

When registering please read and accept all the waivers, and verify all information. Pay special attention to your email address as this is how we communicate for all team related messages. Your private account is your one-stop-shop for maintaining your contact information, declaring for swim meets, signing up for jobs, interactively tracking your kids times, and much more. We look forward to having you be part of our incredible swim team. Just click on the link below and you be brought directly to the registration page on our team's website. www.teamcudas.com

We will also be hosting our Short Course Registration/Informational Meeting for all CUDA swimmers, future CUDA swimmers, and their families.

When:

Sunday, August 28 @ 3-5pm

Where:

Broomfield Community Center (Lakeview Room)

280 Lamar St. Broomfield, CO

-Informational presentation will begin at 3:30 and run until roughly 4:30pm

- A new parent meeting will follow the informational presentation

- Online registration for the Short Course season will open up on August 12.

-MI Sports will be at the event

- The Short Course Season will start at both pools on **Tuesday, September 6**

Board Meetings

Board meetings are typically scheduled for the second Monday of each month, from 7:15 pm-9:00 pm. All Barracuda team members and parents are invited to attend and participate in the meetings.

Our next meeting will be held on **Monday, September 12th from 7:15 pm-9:00 pm** at the VMAC Pool.

Hope to see you there!!

<p>Volunteer Policy</p>	<p>Other than the coaching staff, we are a volunteer organization and count on our families to support the swim program. The Long Course 2011 Season is bringing about many opportunities for you to volunteer and to help us host some exciting meets, please check out the website to sign up early!</p> <p>Volunteer Requirements:</p> <ul style="list-style-type: none"> • 8 hours per Season—Developmental, Red, Silver (BCC Swimmers) • 12 hours per Season—White, Black, Gray, Senior, Elite (VMAC Swimmers) <p><i>All hours must be completed by the end of the season, otherwise your swimmer's account will be charged \$20/hour for hours not completed.</i></p> <p>Reporting & Tracking of Volunteer Hours: To simplify the recording of hours volunteered: you will sign up online for events, check in at the event, your hours are then verified and confirmed by the volunteer coordinator, and lastly your hours will be updated to your online account so you can view your hour's completed and/or outstanding balance. After the job sign up is closed (approx. 3 days before meet) if you are unable to fulfill your volunteer duties, you are responsible for finding your replacement. Your replacement needs to email the volunteer coordinator to notify her of the change prior to the day of the meet/event.</p> <p>Please contact our FRBSC Volunteer Program Coordinator if there are questions regarding a particular volunteer activity, volunteer responsibilities/descriptions, hours completed, etc. cudavolunteer@gmail.com</p> <p>The Board wishes to thank every volunteer for their time and commitment. Please do not hesitate to contact a board member should you have any questions or concerns!!</p>
<p>Team Communications</p>	<p>If you have not done so already, please visit the Team web site and register yourself as a CUDA parent. ALL Team communication, meet information, meet registration, and member updates, etc. is done via email. Web site: www.teamcudas.com</p> <p><i>The Team does not sell or communicate outside of the CUDAS any personal information including email addresses.</i></p>