

# FRONT RANGE BARRACUDAS SWIM CLUB



December 2014

## Message from the President

I hope you all had a great Thanksgiving holiday and had a chance to enjoy some quiet time with your families!

December presents itself to us as a very busy time of the year; you have your typical holiday hustle and bustle, as well as the time for our swimmers to compete in our fastest meets for the season - CSI Pioneer and Junior Nationals. Please keep in mind that this is also the time to reflect on what's most important to each of you... Take time to enjoy the season!

As a reminder - the coaches and the board members are here for you. If you have any concerns, please feel free to bring them to our attention openly and know we are here to help and get things done together! We can't address any concerns without your involvement and not knowing who to contact. Again - should you have anything for the coaches and the board to consider, best forum for this is the board meeting. We look forward to seeing you on the 8th for the next meeting.

In partnership with you,

[Vilma Hassert](#)  
Cell: (303) 859-8142

## Board Meetings

All Barracuda team members and parents are invited to attend and participate in our monthly Board meetings. Board meetings are held every second Monday of the month; next meeting is scheduled on **Monday, December 8th from 7:00 pm to 9pm at VMAC**. We look forward to seeing everyone then!

## Mark your Calendar



DATE	EVENT
December 5-7th	CSI Pioneer Invite @ DU
December 8th	CUDA/ FST Sign-up Deadline @ teamcudas.com
December 8th	Board Meeting from 7:00 PM – 9:00 PM @ VMAC
December 11-14th	Junior Nationals @ Federal Way, WA
December 14th	CUDA/ FST Dual Meet @ VMAC
December 29th	Holiday Party @ Skate City

**\*\* Dates are subject to change. Please refer to the Events section on the home page of the Teamcudas.com website for the most up-to-date information.**

## Coaches Corner

### Head Coach Andrew



With Thanksgiving just finishing up, Christmas shopping ads are on TV and decorations sprouting up everywhere. Oh, It's cold out too. It seems like summer 2015 is too far away to even pay attention to. If you've happened to purchase your new themed 2015 calendar at the book store when you went black Friday shopping, please flip to the month of June and mark off the weekend of June 19-21. That is when we will be competing in our annual summer training trips. Coach Amy and Coach Alan will take their groups north to Gillette, WY. There is a fantastic 50 meter pool up there in coal country and the drive can be done in an afternoon- less than 5 hours. Coach Tom and I will be taking our groups to Iowa City, IA to compete on the campus of Iowa University in their beautiful natatorium. Both meets look like excellent opportunities for our swimmers to race and swim fast. More information will be published as we get closer to the summer. I wanted to give you a heads up so we can have large impressive groups at each. Let me know if you have any questions.

[Coach Andrew Brand](#)

## News from BCC

### Coach Amy



### Congratulations to the following BCC Swimmers of the Month:

Red group:

Abbie Kehmeier- Abbie has a very strong work ethic. She comes to practice on a regular basis, looking for ways to improve her strokes. Abbie is at most of the meets and asks to do challenging races.

Hoku Kawasugi- Hoku always has a huge smile on his face and is so excited for practice or his races. He knows what to do and has a plan of attack on how to achieve his goals.

Silver group:

Kylie White - Kylie has come a long way. She now comes to practice asking to work on certain strokes and for me to put her in events like the 100 fly. Her ambition and positive attitude is contagious.

Lucas Williams- Lucas understands that to improve his strokes it will take time, hard work, and a lot of focus. I have seen him really start to apply himself these past months and work towards becoming a stronger more efficient swimmer.

BCC highlight- The November pizza meet had 72 swimmers attend. That is 80% of our roster, our largest pizza meet yet! Thanks to everyone who helped make it a success.

## CUDA Birthdays



December Birthdays

Madeline	Chancellor
Kylie	Dirks
Alexander	England
Owen	Feran
Wilson	He
Nandana	Kannaiyan
Michael Lee	Kastner
Andrew	Liu
Devan	McMillan
Raman	Mitsulia
Hector	Mu
Gautam	Nambiar
Marissa	Payne
Sabrina	Rachjaibun
Logan	Sainsbury
Lucas	Williams
Ian	Wilson

## Service Hours

At the beginning of the Short Course season our team implemented a new service hour policy. Several significant components have resulted in extremely diligent parents who are eager to serve at home swim meets. Thus far all of our meet job opportunities have been filled within the first day of job postings being available. This is tremendous for our team as it means that we have not had to scramble and beg for timers and other meet support prior to the start of the meets. This has also created some stress and worry for our parents as some are concerned that there will not be enough job slots available throughout the season to accommodate the required service hours for each family. The Cudas would not implement a policy knowing that there are not enough service hours offered for all of our members to fulfill their obligation. The goal for the team is to fully staff each meet without having to rely on the same families to do the lion's share of the work. Another goal is to have all jobs full prior to the day of the meet so that meet starts aren't delayed because we are up in the stands begging parents to come time.

The honor and privilege of hosting the Colorado Short Course State meet at the beginning of March is one of the factors that led to the increase in service hour obligations. In addition to this meet, our Cuda Classic in January has grown in size and our required timers for Northern Colorado Districts have increased steadily over the last few years. It is easy to understand the desire to fulfill service hour obligations early in the season, but many of our service needs come toward or at the very end of the season. As each meet passes, more and more families have fulfilled their service hour obligation and therefore will not be looking to sign up for jobs at meets. This will lessen the number of families that are signing up for jobs.

In response to parent feedback we have begun limiting the number of jobs a family can claim to two per meet. All questions and concerns are being addressed and will continue to be considered by the Board of Directors.

If you are unsure of the Cuda Service Hour Policy please review it on our website at [www.teamcudas.com](http://www.teamcudas.com).

You can also sign into your account using your login ID and password to view your service hour balance. After signing into your account go to "My Account". Click on "\$My Invoice/Payment". Click on the "Service Hours" tab which is on the far right. Thanks to all of you who are helping the Cudas host such fantastic meets!

As always, feel free to email me at [cudavolunteer@teamcudas.com](mailto:cudavolunteer@teamcudas.com) with any questions!

## Events



Come one, come all.....CUDA Holiday Party!



Mark your calendars for some good ole' fashion fun and join your fellow swimmers, families and friends for a night at **SKATE CITY, December 29, 2014 from 6-8pm**. Cost is \$6.50 per person and will be charged to your account. Cost includes entry and skate rental. Registration deadline is *Friday, December 26<sup>th</sup>*. Please note in the comments how many will be skating in your party.

It is a private party but family and friends are welcome but we will have it to ourselves so be prepared for some team/group competition and frivolity! There will be light snacks and prizes!!!!

**Skate City, 200 W. 121st Avenue, Westminster, CO. 80234**

Questions or comments can be directed to Sheila Moody, [mamclan77@gmail.com](mailto:mamclan77@gmail.com)

**Apparel**

Custom Cuda gear.....Available NOW! There are only a few weeks remaining to order your custom Cuda apparel. Our online SpiritWear store is open until December 31st. Inventory is limited so to get the best selection, shop now! To access the online store, start by signing into your account on [www.teamcudas.com](http://www.teamcudas.com). Once you are signed in you will see a red highlighted box on the left side of the page that says "Click Here To Buy Your Team Apparel - Shop Now". There are multiple t-shirt, sweatshirt, polo, tank top, pajama pants, and miscellaneous items from which to choose. The SpiritWear store is closing as of January 1st. It is unlikely that we will have this type of opportunity again. This will be our last Cuda branded apparel order for several months so take a look for unique items!

**Article of the Month**

**[One Tip for Swim Parents- Enjoy the Process](#)**

**Notes from the  
CUDA Account  
Manager**  
  
**Teri Romero**

To check the charges or credits applied to your account for the month, please login to the team website, click on "My Account", click on "My Invoice/Payment", and then go to "Your Total Projected Amount Owed".

Reminder – Please keep your AutoPay billing information up to date. If your credit card is expiring soon and you receive a new card, please make sure to update your AutoPay with your new credit card expiration date.

Teri Romero is the Account Manager. If you have any questions regarding your bill, please contact **Teri Romero** at [cudamanager@teamcudas.com](mailto:cudamanager@teamcudas.com).