



Front Range Barracudas Swim Club



COLORADO
SWIMMING

Front Range Barracudas Swim Club Newsletter

October 2010

Message from the President

At this month's board meeting we looked at how we are progressing as a club. In summary, the FRBSC continues to grow, meeting our club goals as well as individual swimmer goals. We have the largest number of swimmers in recent history and our kids are kicking their performance up a notch. Our meet attendance has been excellent and the new pool is a great facility for us to continue our growth. Thanks to all of you for your membership and your participation that makes FRBSC a great club!!

We are opening up our sponsorship opportunities! Do you know of any businesses that would like to become a FRBSC sponsor? If so, please contact Lisa Abeyta at 303-548-2755 or CUDAManager@gmail.com. Advertising on our web page and in future swim meet programs is a cost effective way to get your business in front of the community.

You may contact me directly if you have any questions or concerns CUDAPresident@gmail.com

Thank you for your continued support of the FRBSC. Kevin Mackey, FRBSC President

Coaches Corner

Head Coach Andrew

We've had just over a month worth of practicing under our belts and it's time to start showing the rest of Colorado what we've been working on and how fast we are getting. The only way we get to do this is by participating in meets around metro Denver, and in the northern part of the state as well. If you haven't done so already please log on to teamCUDAS.com and click on our meet schedule link. Find the next couple of meets that are appropriate for your swimmer (based off of group) and then circle the corresponding dates on your calendar. If we are relatively close to those meets you will be able to click on the [events] tab and obtain more information about your desired meet.

Swimming in meets is a great way to gauge progress; not only for us as a team, but for your swimmer. It is fun to see how motivated a kid can get coming off of a great meet. They will have a renewed sense of vigor and will work hard at practice to see how much they can improve at the next meet. If you have any questions about which meets would be best for your swimmer to attend, please talk to your swimmer's coach and they will help point you in the right direction. Thanks & Go CUDA!

Coach Andrew

News from BCC

Coach Tom

September Swimmers of the Month

Every month Coach Jonathan and myself will choose a boy and a girl from the Red and Silver group to be "Swimmers of the Month." The criteria is based on a couple things: practice attendance, meet attendance/performance, and overall work ethic. I am happy to announce that all swimmers who win the award this year will be receiving a Swimmer of the Month t-shirt. The real reason we like to do this as coaches is to encourage our swimmers to come to practice, compete in at least a meet a month, and recognize the kids who are working hard day in and day out. Congratulations to last months winners!

Red Group:

Girl~ Gretta Barrington

Being brand new to Red group Gretta has shown considerable determination by improving as much as she has in a short period of time. Her superb attendance and great attitude at practice are really paying off, great job Gretta!

Boy~ Isaac Rupprecht

Isaac was having a great summer when a short sting on the injured reserved ending his season a bit prematurely. He has persevered to make a great comeback as a new member of the Red team. Congratulations Isaac, and keep up the hard work.

Silver Group

Girl~ Margrit Mackey

Margrit took a little bit of time off, and came back working harder than ever. Her much improved attitude, and her consistent hard work are showing signs she is going to have a great season! Keep it up Margrit!

Boy~ Andrew Rogers
 Andrew has really stepped up to the challenge of Silver team. He has shown a new found maturity and work ethic, and is setting himself up to have a great season too! Great job Andrew.

Thanks to everyone for getting the season off to a great start. Our practice attendance has been exceptional, and I really appreciate you as parents signing your children up for the meets. We all had a blast at the Red/Black, and we took 54 10 and Unders to the Boulder meet and made a great showing. As coaches, there is no better way for us to measure where we are at as a team than to see the kids perform well in the meets. It is a true measuring stick, and minus a few disqualifications which are par for the course, the kids who swam at Boulder turned in almost unbelievable 100% best times! Great job BCC swimmers and parents, keep up the great work!

Mark your Calendar

Date	Meet
October 10	10&Under Boulder Fall Festival (South Boulder Rec)
October 15-17	FST Fall Open (Carmody Pool)
October 22	October Pizza Meet
October 24	Eaton Fall Fest Deadline
October 30	Longmont Pumpkin Meet (Centennial Pool)
November 6	Eaton Fall Fest
November 19	Team Picture Day at 5pm (VMAC)

Practice Schedule

BCC Swimmers:
 280 Lamar Street
 Broomfield

Developmental:

Monday - Thursday	5:00 – 5:45 @BCC
Tuesday/Thursday	6:30 – 7:15 @BCC
Friday	4:00 – 4:50 @BCC

Red:

Monday - Thursday	5:45 – 6:30 @BCC
Friday	4:00 – 5:00 @BCC

Silver:

Monday - Thursday	5:00 – 6:00 @BCC
Friday	5:00 – 6:30 @BCC

VMAC Swimmers:
 136th Ave and Holly
 St. Thornton

White:

Monday - Friday	4:30 – 6:15 @VMAC
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Senior:

Monday - Thursday	5:45 – 8:00 @ VMAC
Friday	4:30 – 6:45 @ VMAC
Saturday	8:00 – 10:00 @ VMAC

Elite:

Monday - Friday	4:30 – 7:00 @ VMAC
Saturday	8:00 – 10:00 @ VMAC

**Notes from the
 CUDA Treasurer**

Dues and Payment Options

Below is the dues structure (11-month billing cycle):

Developmental	\$55/month
Red	\$71/month
Silver	\$82/month
White	\$104/month
Senior	\$125/month
Elite	\$142/month

	<p>The team would like to welcome Lisa Abeyta as our new Treasurer/Business Manager. Please remove our email, cudacash@comcast.net, and add Lisa's email to your address book, cudamanager@gmail.com.</p> <p>DUES AND MEET FEE PAYMENT POLICY: All dues and meet fees are billed on the 21st of the month with payment due by the end of that month. Non-payment of all dues/fees past the 1st day of the following month will necessitate non-participation for the swimmer(s) in practice and all meets until payment is made. Late Fee: If dues are not paid by the 1st (check, CC, ACH), a \$15 late fee will be assessed and the swimmer(s) will not be allowed to practice.</p> <p>Returning swimmer(s): Thank you for completing the on line registration.</p> <p>Family Information & Demographics: Please edit any demographics that are not current in your swimmers account on the website, email address, phone numbers, etc. It is very important that all info is current and correct.</p> <p>As always, if you have questions or issues with paying your bill, please contact Lisa Abeyta, our new Treasurer/Business Manager at cudamanager@gmail.com.</p>
Board Meetings	<p>Upcoming general Board meetings are generally scheduled for the third Monday of each month, from 7:00 am-9:00 pm. This months meeting is at BCC. All Barracuda team members and parents are invited to attend and participate in the meetings. Our next meeting will be held on Monday September 20th (the third Monday) from 7:00 – 9:00 pm.</p>
Call for Officials	<p>The CUDAS want YOU!!! Want an easy way to accrue volunteer hours? Become an official for USA swimming! You will learn the technical side of the sport and help the Cudas in a huge way. Officials play a critical role in making each meet count for times; without this role, meet times can not be entered into USA swimming results. You do not need to have previous swimming experience, just the joy of seeing your child from the front row.</p> <p>For those interested, or if you would like more information, please contact: coachandrew@teamcudas.com</p>
Volunteer Policy	<p>Other than the coaching staff, we are a volunteer organization and count on our families to support the swim program. Other teams have much higher volunteer hours required. We offer many volunteer opportunities so you are able to complete your 4 hours/family/season. Volunteer hours are 4 hours/family/season-</p> <ul style="list-style-type: none"> • 4 hours for Short Course (Sept 1-Feb 15) • 4 hours for Long Course (Feb 16-Aug 5) <p>4 hours must be completed by the end of Short course (or LC), otherwise your swimmer's account will be charged \$25/hour for hours not completed. All volunteer job postings (meets, CUDA events, etc.), descriptions and job sign-up is done on the www.teamcudas.com site. This enables real-time sign-up, reporting, and volunteer hours tracking Volunteer duties include: Each volunteer (parent/guardian) is responsible for signing up for a volunteer job (done online). After the job sign up is closed (approx. 3 days before meet) if you are unable to fulfill your volunteer duties, you are responsible for finding your replacement. Your replacement needs to email the volunteer coordinator to notify her of the change prior to the day of the meet/event.</p>
Team Communications	<p>If you have not done so already, please visit the Team web site and register yourself as a CUDA parent. ALL Team communication, meet information, meet registration, and member updates, etc. is done via email. Web site: www.teamCUDAs.com.</p> <p>The Team does not sell or communicate outside of the CUDAS any personal information including email addresses.</p>
Web Page Advertisements	<p>New – We have just launched a fundraising campaign for advertising on our Web Page and you can help!!</p> <p>As Kevin mentioned in his opening letter, you can take out an advertisement that will display on our CUDA website. For more information please contact Lisa Abeyta at: CUDAManager@gmail.com</p> <p>Go to our website: www.teamcudas.com Visit the Team Sponsor Center</p> <p>You will receive full credit of the amount raised towards your fundraising commitment for the entire swim season. Be sure to visit this section whether you want to advertise, or just shop from the local businesses supporting our team.</p>