



WELCOME BACK, CUDAS!!!

Message from the President

CUDA Families –

Welcome to the 2017-2018 swim season! With school back in session it is once again time to get back in the pool. I hope that you and your athletes got a much needed rest and break away from the pools and that you all are excited to be heading back!

You all have received an email from election buddy with an opportunity to have your vote heard in the election of new board members. A big thank you to each of you that has stepped forward with a willingness to serve the team. The election closes soon, so please do not wait to vote! Our annual meeting is September 11th @ VMAC from 6:30- 7:00 PM. Come join us! The board meeting will immediately follow @ 7:00 PM where our new officers will be elected into their positions. I wanted to thank all of you for all you do to help make this team great. September 11th will be the date that a new President of the board will be elected and my term will officially end. I appreciate each and every one of you that worked with me to get 'er done! We have an amazing club and an amazing group of dedicated parents. I look forward to the future of our club. Thank you again for each of you that supported the club, the coaches or myself this past year.

I am excited to join you all at the stands and cheer on the CUDAS! I look forward to seeing all of you at the pool.... Go CUDAS!

Jodi Walters

303-775-0235

president@teamcudas.com

Coaches' Corner | Head Coach Andrew



September is fall on the calendar, but it's like Spring in the swim world. Everything feels new and fresh. Swimmers have had a month off and hopefully are anxious to start working towards short course goals. It gives our excited coaching staff a chance to do some spring cleaning with swimmer's techniques and build a strong foundation for the the upcoming short course and even long course seasons. It's also a great starting point for our new swimmers. Now, how can you, as a parent, make sure you're ready to go with all pertinent information? Please pay attention to teamcudas.com as the season gets underway. We will be posting group meeting dates and time for respective groups. These meetings with the coaches provide a perfect opportunity for the coach to explain team policies, group expectations and slew of other important things. Think of them as a back to school night.

[Coach Andrew Brand](#)

Informational Article of the Month



Please click on the link below to check out Coach Andrew's recommended article for the month:

[Changing Techniques](#)

Account Up to Date?

Please be sure to check your account invoices monthly. To do this, please login to the team website and click on "My Account" tab located on the left of the page. Then click on "My Invoice/Payment" tab also on the left side of the page. From there you can check balances, make a payment, and see your service hour balance.

Remember if you have any questions about your account, please email cudamanager@teamcudas.com.

Mark your Calendar



Date	Event
Sept. 5	First Day of Short Course Practice @BCC and VMAC
Sept 11	Annual Meeting 6:30-7:00pm @ VMAC
Sept 11	September Board Meeting 7:00-9:00pm @ VMAC
Sept 16	Broomfield Days Parade @ Broomfield Commons

Coaches' Corner | Coach Lauren

Welcome to Cudas old and new! We hope this summer was both restful and adventure-filled, and that your swimmers are looking forward to all the good times awaiting them this short course season. There is indeed plenty to be excited about! I am beyond thrilled and incredibly thankful to be entering my fourth season with the Cudas as the head site coach at BCC and cannot wait to work alongside the outstanding Coach Eric Adams to continue our tradition of fun and fast swimming.

Though we do like going fast, this team also prides itself on developing young people who possess discipline, good sportsmanship, and strength of character. We love to recognize kids for these kinds of achievements, which is why I will select two swimmers each month from the Red and Silver Groups (one male and one female generally) to be named "BCC Swimmers of the Month". These designated athletes will be awarded a special t-shirt and be recognized in the monthly newsletter for the whole team to see.

Let's have another great season, team!

September Birthdays



Karlie Chandra	Yada Jaraschatrkaew	Sophia Swanson
Jessica Chhour	Ryle Jones	Christopher Waller
Linda Chi	Abigail Philipsen	Allison Zin
Makayla Davis	Addison Shaffer	

Fundraising



The Cudas have a few easy methods to earn money that gets credited to your account. Some families earn hundreds of dollars every season.

Pizza Palz cards from Old Chicago's

1. Purchase a Pizza Palz card from the Cudas for \$11.
2. Use the card to purchase a pizza at Old Chicago's Restaurant for up to \$25.
3. Earn a \$5 rebate for each card you purchase.
4. We have a limited inventory of cards available.

ShopWithScrip

1. Sign up for [ShopWithScrip](#). Watch this [video](#) for an explanation of the Scrip program.
2. Sign up for [PrestoPay](#). Here is a [video](#) explanation of PrestoPay.
3. Order gift cards from over [750 stores](#), including clothing stores, restaurants and online businesses. Scrip can be ordered three ways.
 - Gift cards
 - Reloading existing cards

King Soopers cards

1. Purchase a King Soopers card from the Cudas for \$25.
2. Reload the card at the store while you are shopping.
3. Earn a 5% rebate on all reloads you do at King Soopers.

Got Questions? BCC Families can contact Andrea at bccscripsales@teamcudas.com. VMAC families can contact Joy at vmacscripsales@teamcudas.com.

- Virtual gift cards you purchase and use from your phone. Learn more about ScripNOW [here](#).

Board Meetings



All Barracuda team members and parents are invited to attend and participate in our monthly Board meetings. They are held the second Monday of every month. The next meeting is scheduled on Monday, September 11, 2017 from 7:00 pm to 9:00 pm at Veterans Memorial Aquatic Center (VMAC). Please join us for the Annual Meeting as well, just prior to the Board Meeting, 6:30-7:00 pm September 11 at VMAC. We look forward to seeing everyone then!

Officials Corner



Become an official - huge benefits

The start of short course season is usually when we start bringing new officials on-board.

If you are interested in learning what it takes to be an official and the huge benefits that come with it, please email Rich Wilson - webadmin@teamcudas.com.

Becoming an active CUDA official has the following benefits:

- No fundraising commitments
- No service hour requirements
- Officiating expenses covered*
- You help to educate the swimmers
- You become actively involved in the club
- You help raise the visibility of the club

* We'll pay for background check, registration fee and custom officials shirt.

Website Updates



The following changes were made to the CUDA website:

- Added Board meeting minutes for July [News | Board Meeting Minutes *]
- Added August newsletter [News | Newsletters]

* Need to be logged in.