Broomfield Barracudas Swim Club Newsletter

September 2009

# A message from the President

# A message from the | Welcome to the BBSC 2009-10 Short Course Swim Season !

We had a great turnout, at the August 30<sup>th</sup> Parent/Registration meeting, and would like to welcome all the new and the returning swimmers. For those of you who were unable to attend the meeting, below are some highlights of the meeting. Additional information regarding these topics are in articles below as well as on the <a href="https://www.teamcudas.com">www.teamcudas.com</a> web site.

\*Please remember, that <u>all</u> BBSC/CUDA communication is done via email (newsletters, BLASTs, new information and changes to practices/meets/events, swimmer meet registration, volunteer sign-up, swimmer dues/invoices, etc.). Most of the information is also posted on the Team web site. All swim parents/guardians are encouraged to check your email daily, or several times a week, as well as to log-on to the <a href="https://www.teamcudas.com">www.teamcudas.com</a> web site, to get the latest news. You are responsible for being up-to-date in regards to Team information, payments, etc.

#### **Current BBSC Board**

Karen Zimmerman, President; Steve Drozda, VP ^; Matt Dretzka, Treasurer, Marilyn Kerr, Secretary ^; Tex Doherty, Head Coach; Laura Peterson; & Kevin Mackey. BBSC Business Manager: Jennifer Dretzka.

^ These two Board positions expire September 1, 2009.

Board members serve 18 month terms (Sept 2009 – March 2011) and usually meet one evening a month. The Board also communicates extensively via email. If you are the parent/guardian of a current BBSC swimmer, and interested in being on the BBSC Board, please send an email to Karen Zimmerman,

<u>Karenlzimmerman@hotmail.com</u>. I will be glad to speak with you regarding the Board duties and your interest in being a Board member.

#### Coaching Staff

Tex Doherty, Head Coach; Andrew Brand; Tom Lowenthal, & Jonathan Burgess

#### Financial Update

- The club finished in the Red for FY2009: Net loss was ~\$7k, Primary Cause: Loss of ~15 swimmers reduced projected revenue
- Fees and Dues: No change for 1Q FY2010, Expect a 5% to 10% increase for 2Q FY2010 (December), Amount of change dependent upon number of new swimmers who join the team between now and mid-October 2009
- Auto-withdrawal: Now available for checking accounts (No Credit Cards at this time), Amount is billed on the 21st of each month and withdrawn on the following 1st day of the month, Contact Jennifer Dretzka, BBSC Business Manager: <u>cudacash@comcast.net</u>

Respectfully, Karen Zimmerman, BBSC President

# **Coaches Corner**

#### Welcome and Welcome Back!

### Head Coach Tex

It has been great to see the team back in the water on week 1 of the short course season. The veteran swimmers have been welcoming of all of the new swimmers – it has been a pleasure seeing Cudas learning from other Cudas. In the last week, I have seen a lot of excitement at practices, centered on swimming and become better swimmers.

New parents, your swimmers contribute to that excitement, so thanks for joining the Barracudas. I realize you will have many questions. Your coaches hope to answer many of your questions in group meetings which will take place later in September. Some of these questions are for me to answer, so feel free to email with me at <a href="mailto:coachtex@teamcudas.com">coachtex@teamcudas.com</a>, but many questions can be answered by parents who have been part of our team for awhile — I think you will find them welcoming and helpful.

We are proud of the team we have, but expect to be a better team in the coming year. Recently, the Barracudas finished 11th in the Colorado Swimming Championships (JO's), which is up from an 18th place finish in 2008. To accomplish that, we qualified more swimmers for the meet, swam lifetime best performances at a rate of near 80%, and put together some great relays. Kate Peterson came away with 2 state titles in the 50 breaststroke and the 100 freestyle!

After JO's, we had 1 swimmer travel to Hawaii to compete in the Western Zone Championships, where 900 of the top age group athletes from the western states race each year. Our Cuda representative, Abi Young, finished 5th in the 400 IM and 4th in the Zone in the 800 freestyle and the 1500 freestyle. She finished ranked higher in the Western Zone than she was recently ranked in Colorado, which is a huge jump to make!

On week two, many of your coaches will be missing from practice, as Tex, Andrew and Tom head to the American Swim Coaches Association World Clinic. For that week, those 3 hope to gain valuable education along with over 1000 of the world's swimming coaches. We expect to learn from coaches of some of the world's best swimmers and gather some new teaching and training tools -- things that will improve our coaching and our team in this season and beyond. While we are gone, we expect for the swimmers to continue to become better swimmers at BCC with the help of Coach Jonathan Burgess and Coach Chad White and at Northglenn with Coach Laura Peterson and Coach Steve Drozda. I personally want to thank these coaches who offered to step up and make our coaches' education possible. Tom, Andrew and Tex will return for week 3 fired up and ready for a great season!

~ Tex

#### **Coach Tom**

It's been great to see so many new and returning swimmers. Parents, please make it a point to attend one of the parent meetings being held by the coaching staff. During these meetings we will cover more details on selecting meets, using the website, and answering all questions that you may have. These meetings are scheduled for the 21st and 22nd of Sept and again in the 1st Monday of October.

~ Tom

# Upcoming Meets & Events

#### Mark your calendars!

Sept 18 White and Above Pizza Meet Sept 26 Evergreen Season Opener

Oct 24 CUDA Distance Day \* (Club hosted meet: volunteering opportunity)
Nov 21-22 CUDA Pentathlon \* (Club hosted meet: volunteering opportunity)

Both of the CUDA hosted meets are heavily in need to volunteers. These meets provide fund raising opportunities for the Club.

# **Volunteer Update**

Other than the coaching staff, we are a volunteer organization and count on our families to support the swim program. Other teams have much higher volunteer hours required. We offer many volunteer opportunities so you are able to complete your 4 hours/family/season.

Volunteer hours are 4 hours/family/season-

- 4 hours for Short Course (Sept 1-Feb 15)
- 4 hours for Long Course (Feb 16-Aug 5)

4 hours must be completed by the end of Short course (or LC), otherwise your swimmer's account will be charged \$25/hour for hours not completed

<u>All</u> volunteer job (meets, CUDA events, etc.) postings, descriptions and job sign-up is done on the <u>www.teamcudas.com</u> site. This enables real-time sign-up, reporting, and volunteer hours tracking

**Volunteer duties include:** Each volunteer (parent/guardian) is responsible for signing up for a volunteer job (done online). After the job sign up is closed (approx. 3 days before meet) if you are unable to fulfill your volunteer duties, you are responsible for finding your replacement. You/your replacement needs to email Wendy to notify her of the change prior to the day of the meet/event.

Notes from the CUDA Treasurer	Each volunteer is to contact the CUDA check-in person, the day of the meet/event, to fulfill their duty. Failure to check in may result in another volunteer fulfilling your duty. You will not receive credit for hours not worked. If your name is not on the volunteer sheet (printed from the online sign-ups), you will not be given credit for hours worked or not worked (no exceptions). The hours worked/reported/verified will be deducted from the 4 hours/season, as hours are completed. Failure to complete all/portion of your volunteer hours will result in a \$25/hour charge to your swimmer's account. For any questions, please email Wendy at: <a href="mailto:cudavolunteer@gmail.com">cudavolunteer@gmail.com</a> .  DUES AND MEET FEE PAYMENT POLICY: All dues and meet fees are billed on the 21st of the month with payment due by the end of that month. Non-payment of all dues/fees past the 5th day of the following month will necessitate non-participation for the swimmer(s) until payment is made.
	Returning swimmer(s): all parents need to complete the team registration form, parent code of conduct and swimmers code of conduct as soon as possible. Please pay special note to changes on the 4 <sup>th</sup> page of the team registration form. Once completed put in dues box at NGHS pool or BCC.  Family Information & Demographics: Please edit any demographics that are not current in your swimmers account on the website, email address, phone numbers, etc. It is very important that all info is current.  Checks: If you have a different last name than your child please indicate child's name on the memo of the check. Please only write one check per month for all dues, clinic and meets.
	As always, if you have questions, or issues with paying your bill, please contact either Jennifer or myself.  Matt & Jennifer Dretzka ~ Treasurer & Business Manager, BBSC ~ <a href="mailto:cudacash@comcast.net">cudacash@comcast.net</a> ~ 303-255-3232
Fund Raising	King Soopers gift cards  We will continue to sell the King Soopers gift cards. A percentage of each card purchased is credited to your swimmer's Fundraising commitment of \$50/swim season. You may contact Kellie and Scott Bratcher scottkellie@earthlink.net to arrange a time to purchase KS gift cards.  King Soopers cards can be used to purchase groceries, other gift cards, gas, KS services.  We will continue to sell Old Chicago Pizza Pals coupons starting in November.  We are also looking for new fundraising programs. Please contact Kellie & Scott, if you have ideas for fundraising programs that can support our Team and off-set Team expenses
New Parents Corner	Please contact the Coaches, if you wish to pick up a new parent/new swimmer informational pamphlet.  Some of the topics, covered in the pamphlet, include:  swim meet equipment/gear  how to prepare for a meet  feeding your hungry swimmer  how to become an active and supportive CUDA swim community member
Monthly BBSC Board Meeting	September Board Meeting will be held on Monday September 21 <sup>ist</sup> , 7-9 pm at the BCC. Please join if you would like to contribute your thoughts to running our club.
Team Communications	If you have not done so already, please visit the Team web site and register yourself as a CUDA parent. ALL Team communication, meet information, meet registration, and member updates, etc. is done via email.  Web site: <a href="https://www.teamCUDAs.com">www.teamCUDAs.com</a>
	Please contact Laura Peterson with any questions regarding registering as a CUDA parent.  The Team does not sell or communicate outside of the CUDAS any personal information including email addresses.