

2019 CSI Long Course Age Group State Championship Time Standards
Colorado Mesa, Grand Junction
July 26-28, 2019

Women			10 & Under	Men		
LCM	SCM	SCY	Event	LCM	SCM	SCY
0:38.49	0:37.69	0:33.99	50 Free	0:39.69	0:38.89	0:34.99
1:26.39	1:24.79	1:16.39	100 Free	1:28.69	1:27.09	1:18.49
3:12.49	3:09.29	2:50.49	200 Free	3:23.99	3:20.79	3:00.89
0:45.19	0:44.59	0:40.19	50 Back	0:47.09	0:46.49	0:41.89
1:38.19	1:36.99	1:27.39	100 Back	1:42.89	1:41.69	1:31.59
0:52.69	0:51.69	0:46.49	50 Breast	0:55.49	0:54.49	0:49.09
1:54.89	1:52.89	1:41.69	100 Breast	2:02.89	2:00.89	1:48.89
0:44.69	0:43.99	0:39.69	50 Fly	0:47.49	0:46.79	0:42.19
1:52.69	1:51.29	1:40.19	100 Fly	2:07.89	2:06.49	1:53.89
3:36.89	3:33.69	3:12.49	200 IM	3:49.49	3:46.29	3:23.89
3:10.89	3:08.89	2:50.69	200 Med Rel	3:21.79	3:19.29	3:00.59
2:43.99	2:41.99	2:26.09	200 Fr Rel	2:47.99	2:45.99	2:31.99

12 & Under						
LCM	SCM	SCY	Event	LCM	SCM	SCY
0:32.79	0:31.99	0:28.79	50 Free	0:34.19	0:33.39	0:30.09
1:12.69	1:11.09	1:03.99	100 Free	1:15.29	1:13.69	1:06.39
2:40.49	2:37.29	2:21.69	200 Free	2:46.89	2:43.69	2:27.39
5:37.49	5:31.09	6:18.19	400/500 Free	6:08.69	6:02.29	6:53.09
0:38.49	0:37.89	0:34.09	50 Back	0:40.29	0:39.69	0:35.69
1:23.49	1:22.29	1:14.09	100 Back	1:27.49	1:26.29	1:17.69
2:57.29	2:54.89	2:37.49	200 Back	3:06.29	3:03.89	2:45.69
0:43.89	0:42.89	0:38.59	50 Breast	0:46.89	0:45.89	0:41.29
1:36.09	1:34.09	1:24.69	100 Breast	1:41.89	1:39.89	1:29.99
3:24.69	3:20.69	3:00.79	200 Breast	3:31.09	3:27.09	3:06.49
0:36.59	0:35.89	0:32.39	50 Fly	0:38.99	0:38.29	0:34.49
1:25.49	1:24.09	1:15.79	100 Fly	1:33.89	1:32.49	1:23.29
3:15.79	3:12.99	2:53.79	200 Fly	3:25.29	3:22.49	3:02.39
3:01.69	2:58.49	2:40.79	200 IM	3:11.09	3:07.89	2:49.19
6:30.19	6:23.79	5:45.69	400 IM	6:47.69	6:41.29	6:01.49
2:45.49	2:40.59	2:25.19	200 Med Rel	2:51.59	2:48.49	2:31.59
2:22.09	2:18.89	2:06.09	200 Fr Rel	2:27.29	2:23.99	2:09.99