



## 2026 Practice Schedule - week of February 16th

### Broomfield Community Center

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	February 16	February 17	February 18	February 19	February 20	February 21	February 22
<b>Developmental 1</b>		5:00-5:45pm @ BCC		5:00-5:45pm @ BCC			
<b>Developmental 2</b>		5:45-6:30pm @ BCC		5:45-6:30pm @ BCC			
<b>Adv. Developmental 1</b>	5:00-5:45pm @ BCC		5:00-5:45pm @ BCC		5:00-5:45pm @ BCC		
<b>Adv. Developmental 2</b>	5:45-6:30pm @ BCC		5:45-6:30pm @ BCC		5:45-6:30pm @ BCC		
<b>Red Group</b>	6:30-7:30pm @ BCC	6:30-7:30pm @ BCC	6:30-7:30pm @ BCC	6:30-7:30pm @ BCC			
<b>Maroon Group</b>	6:30-7:30pm @ BCC						
<b>Silver Group</b>	6:30-7:30pm @ BCC						
<b>White Group</b>	5:00-6:30pm @ BCC						

\*All BCC workouts will be conducted at the Broomfield Community Center: 280 Spader Way, Broomfield, 80020

\*please note some practices will be held in the smaller warm pool.

### Veterans Memorial Aquatic Center

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	February 16	February 17	February 18	February 19	February 20	February 21	February 22
<b>Gray AM</b>							
<b>Gray PM</b>	6:30-8:30pm @VMAC (S)	5:00-6:30pm @ BCC	5:00-6:30pm @ BCC	6:30-8:30pm @VMAC (N)	6:30-8:30pm @VMAC (S)	1:00-3:00pm @VMAC	
<b>Gold AM</b>	5:30-6:45am @ MOB	5:30-7:00am @VMAC (M)	5:30-7:00am @VMAC (M)				
<b>Gold PM</b>	5:15-7:15pm @VMAC (M)		TBA	5:30-7:30pm @VMAC (M)	5:30-7:30pm @VMAC (M)	1:00-3:00pm@VMAC	SENIOR STATE
<b>Black 1 AM</b>	5:30-6:45am @ MOB	5:30-7:00am @VMAC (M)	5:30-7:00am @VMAC (M)			SENIOR STATE	
<b>Black 1 PM</b>	5:15-7:00pm @VMAC (S)			5:15-7:00pm @VMAC (N)	5:15-7:00pm @VMAC (S)	1:00-3:00pm@VMAC	SENIOR STATE
<b>Black 2 AM</b>		5:30-7:00am @VMAC (M)	5:30-7:00am @VMAC (M)	6:00-6:45am@MOB		SENIOR STATE	
<b>Black 2 PM</b>	5:15-7:30pm @VMAC (M)	7:00-8:00pm@MOB		5:30-7:45pm @VMAC (M)	5:30-7:45pm @VMAC (M)	1:00-3:00pm@VMAC	SENIOR STATE

\*All VMAC workouts will be held at Veterans Memorial Aquatic Center: 5310 E 136th Ave, Thornton 80241

\*Gold Group, Black 1 Group, and Black 2 Group strength workouts will be held at Crossfit Mob: 3750 E 120th Ave 80233

\*practices may conclude earlier than the allotted time at the beginning of the season.