



2026 Practice Schedule - week of February 23rd

Broomfield Community Center

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	February 23	February 24	February 25	February 26	February 27	February 28	March 1
Developmental 1		5:00-5:45pm @ BCC		5:00-5:45pm @ BCC			
Developmental 2		5:45-6:30pm @ BCC		5:45-6:30pm @ BCC			
Adv. Developmental 1	5:00-5:45pm @ BCC		5:00-5:45pm @ BCC		5:00-5:45pm @ BCC		
Adv. Developmental 2	5:45-6:30pm @ BCC		5:45-6:30pm @ BCC		5:45-6:30pm @ BCC		
Red Group	6:30-7:30pm @ BCC	6:30-7:30pm @ BCC	6:30-7:30pm @ BCC	6:30-7:30pm @ BCC			
Maroon Group	6:30-7:30pm @ BCC						
Silver Group	6:30-7:30pm @ BCC						
White Group	5:00-6:30pm @ BCC						

*All BCC workouts will be conducted at the Broomfield Community Center: 280 Spader Way, Broomfield, 80020

*please note some practices will be held in the smaller warm pool.

Veterans Memorial Aquatic Center

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	February 23	February 24	February 25	February 26	February 27	February 28	March 1
Gray AM				AG State 4:45-5:45pm@VMAC (S)		8:00-9:45am @VMAC (M)	
Gray PM	6:15-8:15pm @VMAC (N)	6:15-8:15pm @VMAC (N)	6:15-8:15pm @VMAC (S)	6:15-8:15pm @VMAC (N)	5:30-7:15pm @VMAC (S)		
Gold AM	5:30-6:45am @ MOB		5:30-6:45am @ MOB			8:00-9:45am @VMAC (M)	
Gold PM	5:30-7:30pm @VMAC (M)	5:30-7:30pm @VMAC (M)	5:30-7:30pm @VMAC (M)	5:30-7:30pm @VMAC (M)	5:30-7:15pm @VMAC (M)		
Black 1 AM	5:30-6:45am @ MOB		5:30-6:45am @ MOB			8:00-9:45am @VMAC (M)	
Black 1 PM	5:15-6:45pm @VMAC (N)	5:15-6:45pm @VMAC (N)	5:15-6:45pm @VMAC (S)	5:15-6:45pm @VMAC (N)	5:30-7:00pm @VMAC (S)		
Black 2 AM		5:30-6:45am @ MOB		5:30-6:45am @ MOB		8:00-10:00am @VMAC (S)	
Black 2 PM	5:15-7:45pm @VMAC (M)	5:30-7:45pm @VMAC (M)	5:15-7:45pm @VMAC (M)	5:30-7:45pm @VMAC (M)	5:30-7:45pm @VMAC (M)		

*All VMAC workouts will be held at Veterans Memorial Aquatic Center: 5310 E 136th Ave, Thornton 80241

*Gold Group, Black 1 Group, and Black 2 Group strength workouts will be held at Crossfit Mob: 3750 E 120th Ave 80233

*practices may conclude earlier than the allotted time at the beginning of the season.