



FRONT RANGE BARRACUDAS

CHARACTER • RESPECT • INTEGRITY

August 2019

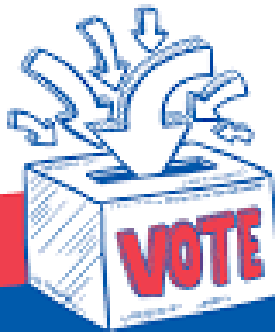
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**IT'S TIME FOR
BOARD ELECTIONS!**

**AUGUST 2019
NEWSLETTER**



As most of you know by now, swimming is an 11 month season. It's divided into short course and long course for competition purposes, but it's basically an 11 month season. While there are definitely positives to routines that this creates: going to practice after school, waking up early during the summer, developing a hard work-ethic at a young age, etc... There is also a huge positive in taking a break at the end of it to recharge for the next season. Think of it kind of like getting 8 full hours of sleep on a given night; your performance at any activity will be better the next day. That's what our August is for. It's time to relax and not worry about swimming. Hopefully that lack of routine is your routine right now. We'll have September, October, November, December January, February and March to focus on short course and April, May, June and July to train hard for long course. We're hoping your swimmer returns to VMAC or Paul Derda on the first day of practice excited to get back into the pool. We hope they're there with some excitement for the first day- after full August days of time away from the pool! See you all September 3rd!

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soon

By Coach Andrew



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What: CUDA Tryouts

When: Sunday, August 25 @ (Please arrive 15 minutes prior to your swimmers time slot)

Noon-12:30pm - 7 year-old and younger athletes

12:30-1pm - 8 & 9 year-old athletes

1-1:30pm – 10 & 11 year-old athletes

1:30-2pm – 12 year-old and older athletes

Where: Veterans Memorial Aquatic Center

Who: All potential families with swimmers interested in **Front Range Barracudas Swim Club**. Previous swim team experience is strongly recommended for swimmers 9 & Over. All swimmers, regardless of age, must be able to swim the full length of the pool.

We want you!!! Check out TEAMCUDAS.COM for more info



It is time again for Board Elections and this month we will be electing FIVE candidates. Four of the positions are two year terms and one position is a one year term. We wanted everyone to have an opportunity to meet our volunteers and each candidate has put together a brief introduction!

KATHI WEAVER: Hello Cuda families, My name is Kathi Weaver and I have a daughter on the team who is 12. We had an older daughter who is now flown the nest who used to swim. I guess you can say swimming has become a part of our family since 2010. I would like to join the board to help out where I can. My husband and I run a successful real estate business and I'm sure our background with marketing, social media, event planning, philanthropy, organizing, multi-tasking and etc. could be very useful with serving on the board. I am the type of person who likes to jump in and help when needed.

If I am able to serve on the board, I would be able to share what my experience of being a parent to 2 swimmers for about 11 years now. My daughters have been on very small swim teams to very large teams. I can share what was good and bad from both experiences. My focus would be how to communicate with the parents, coaches and athletes.

My main goal would be to help out the board, coaches and swimmers to continue to make our awesome Cuda team great. It takes a community to run a well oiled machine and I would be there to jump in where needed.

I'd be honored to serve on the board if I'm elected.

Plus, I'll make sure to make it a lot of fun too! :)

TONYA SAENZ: My name is Tonya Saenz and I am excited and interested in running for the CUDA Board. I have been a parent in the CUDA community for over 10 years, and way back in the olden days I was even a Broomfield Barracuda myself! My daughter and son were both CUDA swimmers, and I currently have a swimmer in Elite group. Over the years, I have volunteered in several roles for CUDA, most recently as a Team Chaperone for our out of state Championship meets. I am current a teacher in the Adams 12 School District, where I've taught for over 20 years. I enjoy working with the kids, coaches, and parents, and I think our CUDA kids are some of the nicest kids I've been around. I would love to be involved with the team and continue to help make CUDA the best team in Colorado.

Board Introductions, cont.

KIM BLANCHETTE: Hi! My name is Kim Blanchette. I have been a CUDA mom for many years. Both of my boys, Andrew and Chase swam years ago. Currently, my youngest, Emma Grace (8) is in the Silver group. I am a mom of 3. Andrew (10th grade), Chsae (7th grade), and Emma Grace (3rd grade). I have worked full time at Oracle in Finance for just under 19 years. I am interested in applying to be a member at large. I am great with communications and want to continue the great tradition of making everyone feel welcome and part of the best swim team out there. Thank you for your consideration!

ASHLEY AMATO: My name is Ashley Amato, and I have been involved with the Cudas for almost a year. I have 7 year old twins, Gabrielle and Olivia, who will be in the Advanced and Red group next year. I've loved seeing how they've progressed in their swimming skills over the last year, as well as their endurance, coach-ability, and dedication. I currently work as the Controller of Summit Bodyworks, a manufacturing division of Transwest. I am responsible for financial reporting, budgeting, banking, payroll, AP, and AR. I hold a Bachelor's and Master's degree in Finance, and am working toward my CMA. I am interested in the Treasurer position. I live in Westminster with my husband Jason and our two daughters. I enjoy hiking, running, skiing, and triathlon training. I look forward to joining the CUDA board and cheering on the Cudas this year!

DIANA BENNETT: As a swim mom for approximately ten years, I appreciate the challenges of competitive sports and their impact on family life. I understand the time, energy, and expense—as well as the emotional commitment—that supporting a team entails. I also recognize the importance of timely, accurate, consistent, communications among coaches, athletes, and parents. If elected to the Front Range Barracudas Board of Directors, I will make it my number one priority to ensure that all parents receive timely communication and know what to expect well in advance so they can plan travel appropriately and make arrangements to fit practices, meets, and other events into their family's schedule. As a Front Range Barracudas board member, I will also strive to ensure the success of all fundraising activities and swim meets hosted by our team. To do this, I will draw upon my vast experience as a volunteer, business owner, board member, and event coordinator: (CONT. on next page)

Board Introductions, cont.

DIANA BENNETT: (cont.)

Volunteer: As a Certified USA Swimming Official, I have volunteered to officiate at swim meets for the past three and half years. Before that, I volunteered to time races and work the concession stands. I will continue to use my volunteer spirit, my energy, and my enthusiasm to support not only my daughter's success as a swimmer but also the success of the entire team. I have also been an active at large board member for the FR CUDAS for the past year.

Business Owner: During my 12 years as a home-based business owner, I have grown my business through my strong organizational skills and customer service skills. My clients know me as a reliable, compassionate resource who motivates and inspires them toward success.

Board Member: As a previous board member for the Wright Farms neighborhood, my efforts were instrumental in getting a ballot measure approved for library funding. I canvassed neighborhoods, distributed literature, and used my persuasive skills to gain residents' support, resulting in approval of funding for the Anythink Library, which provides numerous benefits to the community.

Event Coordinator: In addition, I have served as the Wedding and Events Coordinator for Good Shepherd Presbyterian Church in Northglenn for 11+ years. Over the past five years, I have been responsible for increasing rental revenue to \$20,000/year by meeting with clients, managing the calendar, completing the lease paperwork, and ensuring that events run smoothly.

If elected, I will apply my skills in organization, business management, customer service, persuasion, and event coordination—as well as my personal knowledge of the sport of swimming—to the future success of the Front Range Barracudas. I look forward to serving my fellow swim enthusiasts as a member of the Board of Directors. Thank you for your consideration, and Go Cudas!

SHANNON HAGERMAN: My name is Shannon Hagerman and I am interested in seeking one of the At-Large positions on the CUDA Board. Over the past few weeks I've had a variety of conversations with swimmers, coaches and parents - some from Cudas and some from other teams. In each instance I've found myself thinking about how lucky we are to be part of an organization that puts great thought into doing what's best for kids. Our daughters joined Cudas two years ago and during that time, I have observed how the board and coaches have navigated a variety of challenges while remaining committed to the team's mission and key values. The dedication and focus that exists across all levels of the organization is set in motion by the Board. Throughout my own career as a school administrator, I have had a variety of experiences leading collaborative endeavors with parents and community members to make a positive impact for kids. I am eager to share my ideas and enthusiasm in a new way and believe that serving on the CUDA Board will be an exciting opportunity to help the team continue to thrive.

AUGUST BIRTHDAYS

Nathan Constantinides

Alexa Dicken

Danika Fan

Grant Gunderson

Parisa Hiranyasthiti

John-Clark Holmes

Jeremy Huang

Corwyn Knowlton

Madison Lin

Makenna Lindeman

Julieta Miranda Scott

Bridget Moran

Daisuke Nakashima

Aditya Nandyal

Haylee Nebola

Emily Neo

Kasey O'Keefe

Mallory O'Keefe

Anthony Saenz

Alivia Weaver

