



FRONT RANGE BARRACUDAS

CHARACTER • RESPECT • INTEGRITY

Long Course 2019, July

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JULY 2019 NEWSLETTER

One of the best recurring emails I receive throughout the year start with a first sentence similar to:

"Our neighbors/friends swim for Cuda and we want to get our kid involved too. How to I join?"

It's awesome for two reasons! It validation that you appreciate the hard work that the coaches and board put into this team and what we're doing to put our young athletes in the best position to succeed is working. And you're proud to talk to your neighbors and friends about our team. It also is very exciting because it means we have new interest in Cuda and can possibly add some excited young future swimmer(s) to our roster. We do accept new swimmers year round, but our August tryout is by far our biggest infusion of new swimmers annually.

Many of you probably had your first experience with Cuda at an August tryout in past years. We're winding down the end of our long course season, but always with an eye towards the future. We've already got our August 25th tryout on the calendar and have an event page up on teamcudas.com. You'll see a flier below as well. Please feel free to share with any neighbors or friends that might be interested in getting their kid to join our team.



By Coach Andrew

<https://swimswam.com/why-is-my-swimmer-not-being-moved-up-a-group/>



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What: CUDA Tryouts

When: Sunday, August 25 @ (Please arrive 15 minutes prior to your swimmers time slot)

Noon-12:30pm - 7 year-old and younger athletes

12:30-1pm - 8 & 9 year-old athletes

1-1:30pm – 10 & 11 year-old athletes

1:30-2pm – 12 year-old and older athletes

Where: Veterans Memorial Aquatic Center

Who: All potential families with swimmers interested in **Front Range Barracudas Swim Club**. Previous swim team experience is strongly recommended for swimmers 9 & Over. All swimmers, regardless of age, must be able to swim the full length of the pool.

We want you!!! Check out TEAMCUDAS.COM for more info



Once again, a group of parents will be putting together goodybags for our athletes who are competing at State. We are bound to have some first-time qualifiers at this season's championships, so it'll be fun to see their happy faces upon receipt of their special bags. This will be our 6th time around with this project, and we are ready to roll!

The collection and distribution of these bags and their fun contents is completely a voluntary effort put on by the parents of Cuda athletes and is not sponsored by funds from the club, so if you'd like to make a donation (either monetary for purchasing goodies or an actual item), please contact Diana Bennett 303-929-3628. She is heading up this cause this season and would happily welcome your contributions of snacks, drinks, or other small items to make our athletes feel proud and fueled for success.

Some of the great items included in the past were granola bars, fruit snacks, energy chews, Goldfish crackers, trail mix, Swedish fish, small plastic toy fish, small stuffed animal fish, coupon for entry to PDRC, juice boxes, chocolate milk, Gatorade, and more! Donations will be accepted starting NOW until the deadline, which will be July 15th. While the deadline is still a few weeks away, it is always very helpful to have your contributions sooner rather than later to help production go smoothly. Bags will be handed out at the state breakfast on July 17th.

If you would like to sign up to donate an item, please choose from the following list.

Items can be dropped off at the Effland front porch (2972 East 148th Place Thornton CO 80602, specifically The Haven at York Street), or arrangements can be made to meet at VMAC. You can also place items on the shelf at the VMAC in a box in the meeting room marked State Goody Bags. If you are going to do this I just need a heads up. I can be reached by text 303-929-3628. If you make a delivery, please text Melissa 720-312-2721 ASAP to let her know. Items can be left anywhere, anytime on the front porch. For more information on items needed and how you can get them to the right place, you can reach Diana by emailing mrsjuiceplus@gmail.com or texting 303-929-3628. Let's make this another successful collection for our speedy swimmers!

SIGN UP HERE -

<https://www.signupgenius.com/go/5080e49aea92b0-long>

Thanks everyone!!

BOARD MEMBER AND OTHER LEAD VOLUNTEER POSITIONS OPENING UP!

The CUDA annual election is just around the corner. You are all aware it takes a lot of committed individuals to make this team the great environment that it is. We have several positions that are rolling off of their term, including our treasurer who is term limited and cannot run again. If you are interested in running for a position on the CUDA board, please send an email to secretary@teamcudas.com with your name and a small paragraph on why you want to run the board. We will publish those bios in the August Newsletter. Please know that we have changed the treasurer position to both provide some additional cross checks to ensure the finances of the club are safe but also to make this volunteer job more reasonable to be completed by one individual that is a volunteer. We are seeking additional members in addition to an individual interested in being the treasurer. Voting will take place by electronic ballot. An email will be sent to the primary email address on your CUDA account. Voting will take place in late August.

We are also looking for individuals that might not want to be a board member, but are interested in offering to fulfill their volunteer hours in a more regular role by assuming one of our key lead roles. Please send an email to president@teamcudas.com for more information as to how your talents could match up with team needs!

Go Cudas!

JULY BIRTHDAYS

Bella Baldschun
Lily Chavira
Zoey Chavira
Adelaide Donahue
Shannon Feran
Delaney Granger
Grace Higgins
Jeffrey Li
Alexander Martinez
Nathan McCracken
Ishita Mehta
Lauren Paddock
Laya Palutla
Caitlin Panicker
Sophia Romero
Gabrielle Schwartz
Malia Steel
Madelyn Szabo
Samuel White
Kiana Woodd

