



PARENT CODE OF CONDUCT

The purpose of this code of conduct is to establish common expectations for parent' behavior as members of ROCK Swim Team and to be used as a guide to promote a positive team environment and good sportsmanship.

Code of Conduct:

By signing this code of conduct, I agree to adhere to the following:

- ☐ I will set the right example for our children by demonstrating sportsmanship and showing respect and common courtesy at all times to the team members, coaches, competitors, officials, parents and all facilities.
- ☐ I will get involved by volunteering, cheering at meets and talking with my child and their coach about their progress in a healthy and positive manner.
- ☐ I will refrain from coaching my child before, during or after practices or meets.
- ☐ I understand that criticizing, name-calling, use of abusive language or gestures directed towards coaches, officials, volunteers and/or any participating swimmer will not be tolerated.
- ☐ I will respect the integrity and expertise of the ROCK coaches, fully supporting the team's mission and board of directors.
- ☐ I will respect the integrity of the officials.
- ☐ I will do my best to get my swimmer to practices and meets on time, and prepared.
- ☐ I will not enter any locker rooms or restrooms any USA Swimmers are using whether at practice or meets as per USA Swimming Safe Sport policies.
- ☐ I will direct my concerns first to my swimmer's training group coach; then to Head Coach Jenny Wait if further attention is warranted; then, if not satisfied, to the Castle Rock Swim Team Parent Board President.
- ☐ I acknowledge all decisions made regarding my concerns will be made in the best interest of all Castle ROCK Swimmers, Castle ROCK Swim Team as a whole and it's members.

I understand the above expectations and my failure to adhere to them may result in disciplinary action.

Parent or Legal Guardian signature

Date

Parent or Legal Guardian signature

Date