

ISCA EAST Coast Elite Qualifying Times 3/31/26 Age Up

9 YEAR OLD QUALIFYING TIMES

GIRLS			EVENT	BOYS		
LCM	SCM	SCY		SCY	SCM	LCM
40.89	39.79	35.99	50 Free	34.59	38.19	39.79
1:21.89	1:18.99	1:11.49	100 Free	1:09.79	1:17.09	1:20.19
2:51.99	2:46.79	2:30.99	200 Free	2:25.29	2:40.59	2:46.09
5:43.69	5:31.59	6:18.99	500/400 Free	6:09.79	5:23.59	5:36.09
49.69	47.79	43.29	50 Back	42.89	47.39	49.29
1:34.59	1:30.89	1:22.29	100 Back	1:19.59	1:27.89	1:32.29
55.49	53.79	48.69	50 Breast	47.69	52.79	54.39
1:48.39	1:43.39	1:33.59	100 Breast	1:30.59	1:40.09	1:45.49
48.09	47.19	42.69	50 Fly	41.29	45.59	46.39
1:37.99	1:35.19	1:26.09	100 Fly	1:24.39	1:33.19	1:36.19
	1:30.69	1:22.09	100 IM	1:19.69	1:28.09	
3:13.09	3:05.29	2:47.69	200 IM	2:45.89	3:03.39	3:09.39

11 YEAR OLD QUALIFYING TIMES

GIRLS			EVENT	BOYS		
LCM	SCM	SCY		SCY	SCM	LCM
34.79	33.69	30.49	50 Free	30.09	33.19	34.19
1:13.29	1:10.49	1:03.79	100 Free	1:02.49	1:08.99	1:12.09
2:38.49	2:33.49	2:18.89	200 Free	2:16.89	2:31.19	2:35.89
5:21.19	5:12.19	5:56.79	500/400 Free	5:50.59	5:06.79	5:15.69
11:22.29	10:49.39	12:22.09	1000/ 800 Free	12:17.59	10:45.39	11:05.29
40.09	38.49	34.79	50 Back	34.89	38.59	40.29
1:24.99	1:20.49	1:12.79	100 Back	1:12.09	1:19.69	1:24.09
3:01.19	2:52.19	2:35.89	200 Back	2:34.09	2:50.29	2:58.19
44.89	43.09	38.99	50 Breast	39.49	43.69	44.99
1:34.49	1:30.39	1:21.79	100 Breast	1:21.19	1:29.69	1:34.79
3:23.99	3:15.49	2:56.89	200 Breast	2:55.99	3:14.49	3:23.39
37.39	36.79	33.39	50 Fly	33.69	37.19	37.99
1:22.69	1:20.29	1:12.59	100 Fly	1:11.89	1:19.39	1:22.19
3:06.39	2:58.29	2:41.39	200 Fly	2:37.49	2:54.09	3:01.79
	1:20.49	1:12.79	100 IM	1:12.09	1:19.59	
3:01.19	2:54.99	2:38.39	200 IM	2:36.49	2:52.89	2:59.19
6:13.99	5:57.79	5:23.79	400 IM	5:15.49	5:48.59	6:06.59

13 YEAR OLD QUALIFYING TIMES

GIRLS			EVENT	BOYS		
LCM	SCM	SCY		SCY	SCM	LCM
32.59	31.59	28.59	50 Free	26.69	29.49	30.59
1:07.99	1:05.79	59.59	100 Free	55.49	1:01.29	1:04.29
2:28.19	2:23.19	2:09.59	200 Free	2:01.39	2:14.09	2:19.69
4:57.89	4:49.19	5:30.49	500/400 Free	5:13.29	4:34.09	4:42.79
19:45.59	18:57.79	19:04.59	1650/1500 Free	18:10.19	18:03.59	18:50.59
37.49	35.29	31.89	50 Back	30.39	33.59	35.39
1:16.09	1:11.99	1:05.09	100 Back	1:01.09	1:07.49	1:11.79
2:44.09	2:35.19	2:20.39	200 Back	2:13.19	2:27.19	2:35.89
42.09	40.89	36.99	50 Breast	34.69	38.39	39.39
1:25.99	1:22.59	1:14.69	100 Breast	1:09.29	1:16.59	1:19.89
3:05.49	2:57.89	2:40.99	200 Breast	2:30.29	2:46.09	2:55.29
35.29	34.79	31.49	50 Fly	29.69	32.89	33.49
1:13.79	1:11.59	1:04.79	100 Fly	1:00.59	1:06.99	1:09.09
2:45.39	2:39.99	2:24.79	200 Fly	2:15.79	2:29.99	2:35.19
2:46.19	2:40.39	2:25.09	200 IM	2:15.29	2:29.49	2:36.39
5:37.79	5:24.89	4:53.99	400 IM	4:37.19	5:06.29	5:19.59

10 YEAR OLD QUALIFYING TIMES

GIRLS			EVENT	BOYS		
LCM	SCM	SCY		SCY	SCM	LCM
36.59	35.59	32.19	50 Free	31.19	34.49	35.69
1:18.29	1:15.49	1:08.29	100 Free	1:07.19	1:14.19	1:16.79
2:51.99	2:46.79	2:30.99	200 Free	2:25.39	2:40.69	2:46.39
5:43.99	5:31.99	6:19.39	500/400 Free	6:09.99	5:23.79	5:36.59
43.59	41.89	37.99	50 Back	37.79	41.69	43.09
1:30.39	1:26.59	1:18.39	100 Back	1:16.29	1:24.39	1:28.19
48.79	47.29	42.79	50 Breast	42.09	46.49	47.89
1:43.39	1:38.49	1:29.09	100 Breast	1:27.69	1:36.89	1:41.09
41.59	40.89	36.99	50 Fly	36.09	39.79	40.59
1:32.59	1:29.49	1:20.99	100 Fly	1:19.79	1:28.09	1:30.69
	1:27.19	1:18.89	100 IM	1:16.49	1:24.59	
3:13.49	3:06.09	2:48.39	200 IM	2:45.89	3:03.39	3:09.69

12 YEAR OLD QUALIFYING TIMES

GIRLS			EVENT	BOYS		
LCM	SCM	SCY		SCY	SCM	LCM
33.39	32.39	29.39	50 Free	28.09	31.09	32.09
1:10.39	1:07.79	1:01.39	100 Free	58.79	1:04.89	1:07.49
2:33.49	2:28.29	2:14.19	200 Free	2:08.19	2:21.59	2:27.19
5:08.69	5:00.69	5:43.59	500/400 Free	5:29.99	4:48.69	4:59.49
10:46.19	10:20.59	11:49.29	1000/ 800 Free	11:34.19	10:07.39	10:30.59
38.49	36.79	33.29	50 Back	32.69	36.09	37.79
1:20.79	1:16.89	1:09.59	100 Back	1:05.99	1:12.89	1:18.09
2:50.99	2:43.49	2:27.89	200 Back	2:21.99	2:36.89	2:46.69
42.69	41.69	37.69	50 Breast	36.69	40.49	41.99
1:29.99	1:26.89	1:18.69	100 Breast	1:14.89	1:22.79	1:27.19
3:14.89	3:06.89	2:49.09	200 Breast	2:41.39	2:58.29	3:07.19
35.79	34.99	31.69	50 Fly	31.19	34.49	35.29
1:18.79	1:16.09	1:08.89	100 Fly	1:05.89	1:12.79	1:15.59
2:53.39	2:46.49	2:30.59	200 Fly	2:25.19	2:40.39	2:48.79
	1:17.39	1:10.09	100 IM	1:06.99	1:13.99	
2:53.19	2:46.99	2:31.09	200 IM	2:25.59	2:40.89	2:46.49
5:52.69	5:40.59	5:08.29	400 IM	4:56.49	5:27.69	5:44.09

14 YEAR OLD QUALIFYING TIMES

GIRLS			EVENT	BOYS		
LCM	SCM	SCY		SCY	SCM	LCM
31.99	30.99	27.99	50 Free	25.59	28.29	29.39
1:06.99	1:04.49	58.29	100 Free	53.49	59.09	1:01.69
2:17.89	2:13.59	2:00.89	200 Free	1:51.99	2:03.79	2:08.89
4:49.79	4:43.49	5:23.99	500/400 Free	5:03.29	4:25.39	4:34.99
19:17.09	18:33.09	18:39.89	1650/ 1500 Free	17:35.49	17:29.09	18:13.19
36.59	34.59	31.39	50 Back	28.89	31.89	33.89
1:13.89	1:10.09	1:03.39	100 Back	58.59	1:04.79	1:08.69
2:32.39	2:25.79	2:11.89	200 Back	2:01.99	2:14.79	2:22.99
41.09	39.89	36.09	50 Breast	33.09	36.49	37.79
1:24.19	1:20.59	1:12.89	100 Breast	1:06.19	1:13.19	1:17.19
2:53.49	2:45.89	2:30.09	200 Breast	2:17.79	2:32.19	2:40.19
34.29	34.09	30.89	50 Fly	28.39	31.39	31.99
1:11.79	1:09.79	1:03.19	100 Fly	57.89	1:03.99	1:05.99
2:34.59	2:28.79	2:14.69	200 Fly	2:03.29	2:16.19	2:21.49
2:35.09	2:29.79	2:15.59	200 IM	2:04.09	2:17.19	2:23.79
5:28.79	5:17.89	4:47.69	400 IM	4:25.39	4:53.19	5:07.49