



June 2022 Revised

053122



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<u>Long Course</u> Tuesdays at Velo for Enrolled Alpha/ Charlotte June 21-28 6:30-8:00am	1 Foxtrot-3:45-4:30pm Echo-4:30-5:15pm Charlie-5:15-6:15pm Bravo-6:15-7:30pm Alpha-6:15-8:15pm	2 <u>Bravo-5:30-7:00am</u> Delta-5:15-6:15pm Alpha-6:15-8:15pm	3 Alpha-3:30-4:45pm <u>Echo & Delta:</u> <u>4:45-5:45pm</u> Bravo & Charlie 5:45-6:45pm	4 Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am
5 MARK YOUR CALENDAR DOLPHINS RECOGNITION & AWARDS DAY SUN JUNE 5	6 Foxtrot-4:30-5:15pm Echo-5:15-6:00pm <u>Alpha-6:00-7:30pm</u> Bravo/Charlie: 7:30-8:30pm	7 Delta & Charlie: <u>4:30-5:30pm</u> Bravo-5:30-6:30pm Alpha - 6:30-8:00pm	8 Foxtrot-3:45-4:30pm Echo-4:30-5:15pm Charlie-5:15-6:15pm Bravo-6:15-7:30pm Alpha-6:15-8:15pm	9 <u>Bravo-5:30-7:00am</u> Delta-5:15-6:15pm Alpha-6:15-8:15pm	10 NO PRACTICES LONG COURSE MEET AT GREENWICH YMCA-SIGNUP REQD	11 NO PRACTICES LONG COURSE MEET AT GREENWICH YMCA-SIGNUP REQD
12-SUMMER SCHED--> BEGINS THIS WEEK--> NO PRACTICES LONG COURSE MEET AT GREENWICH YMCA-SIGNUP REQD	13 Foxtrot & Echo: <u>4:30-5:30pm</u> <u>Alpha--5:30-7:00pm</u> Bravo/Charlie: 7:00-8:00pm	14 Delta & Charlie: <u>4:30-5:30pm</u> Bravo-5:30-6:30pm Alpha - 6:30-8:00pm	15 <u>Echo/Foxtrot-430-5:15p</u> Bravo/Charlie: <u>5:15-6:15pm</u> Alpha: 6:15-8:15pm	16 <u>Bravo-5:30-7:00am</u> Delta-5:15-6:15pm Alpha-6:15-8:15pm	17 NO PRACTICES LONG COURSE MEET AT CHELSEA PIERS-SIGNUP REQ'D	18 NO PRACTICES LONG COURSE MEET AT CHELSEA PIERS-SIGNUP REQ'D
19 NO PRACTICES LONG COURSE MEET AT CHELSEA PIERS-SIGNUP REQ'D	20 Foxtrot & Echo: <u>4:30-5:30pm</u> <u>Alpha--5:30-7:00pm</u> Bravo/Charlie: 7:00-8:00pm	21 Delta & Charlie: <u>4:30-5:30pm</u> Bravo-5:30-6:30pm Alpha - 6:30-8:00pm	22 <u>Echo/Foxtrot-430-5:15p</u> Bravo/Charlie: <u>5:15-6:15pm</u> Alpha: 6:15-8:15pm	23 <u>Bravo-5:30-7:00am</u> Delta-5:15-6:15pm Alpha-6:15-8:15pm	24 Alpha-3:30-4:45pm <u>Echo & Delta:</u> <u>4:45-5:45pm</u> Bravo & Charlie 5:45-6:45pm	25 CT OPEN WATER CHAMPS DETAILS TBA LAKE QUASSY
26 <u>Long Course</u> at Velo for Enrolled Alpha/ Charlotte 7:00-8:30am	27 Foxtrot & Echo: <u>4:30-5:30pm</u> <u>Alpha--5:30-7:00pm</u> Bravo/Charlie: 7:00-8:00pm	28 Delta & Charlie: <u>4:30-5:30pm</u> Bravo-5:30-6:30pm Alpha - 6:30-8:00pm	29 <u>Echo/Foxtrot-430-5:15p</u> Bravo/Charlie: <u>5:15-6:15pm</u> Alpha: 6:15-8:15pm	30 <u>Bravo-5:30-7:00am</u> Delta-5:15-6:15pm Alpha-6:15-8:15pm		





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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Alpha-3:30-4:45pm Echo & Delta: <u>4:45-5:45pm</u> Bravo & Charlie 5:45-6:45pm	2 Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am
3 TBA	4 OFF	5 Delta & Charlie: <u>4:30-5:30pm</u> Bravo-5:30-6:30pm Alpha - 6:30-8:00pm	6 <u>Echo/Foxtrot-430-5:15p</u> Bravo/Charlie: <u>5:15-6:15pm</u> Alpha: 6:15-8:15pm	7 <u>CT SENIOR</u> CHAMPIONSHIPS DETAILS TBA {Practices TBA}	8 <u>CT SENIOR</u> CHAMPIONSHIPS DETAILS TBA	9 <u>CT SENIOR</u> CHAMPIONSHIPS DETAILS TBA
10 <u>CT SENIOR</u> CHAMPIONSHIPS DETAILS TBA	11 Foxtrot & Echo: <u>4:30-5:30pm</u> <u>Alpha--5:30-7:00pm</u> Bravo/Charlie: 7:00-8:00pm	12 Delta & Charlie: <u>4:30-5:30pm</u> Bravo-5:30-6:30pm Alpha - 6:30-8:00pm	13 <u>Echo/Foxtrot-430-5:15p</u> Bravo/Charlie: <u>5:15-6:15pm</u> Alpha: 6:15-8:15pm	14 <u>Bravo-5:30-7:00am</u> Delta-5:15-6:15pm Alpha-6:15-8:15pm	15 <u>CT REGIONAL</u> CHAMPIONSHIPS DETAILS TBA {Practices TBA}	16 <u>CT REGIONAL</u> CHAMPIONSHIPS DETAILS TBA
17 <u>CT REGIONAL</u> CHAMPIONSHIPS DETAILS TBA	18 Foxtrot & Echo: <u>4:30-5:30pm</u> <u>Alpha--5:30-7:00pm</u> Bravo/Charlie: 7:00-8:00pm	19 Delta & Charlie: <u>4:30-5:30pm</u> Bravo-5:30-6:30pm Alpha - 6:30-8:00pm	20 <u>Echo/Foxtrot-430-5:15p</u> Bravo/Charlie: <u>5:15-6:15pm</u> Alpha: 6:15-8:15pm	21 <u>CT STATE AGE GROUP</u> CHAMPIONSHIPS DETAILS TBA {Practices TBA}	22 <u>CT STATE AGE GROUP</u> CHAMPIONSHIPS DETAILS TBA	23 <u>CT STATE AGE GROUP</u> CHAMPIONSHIPS DETAILS TBA
24 <u>CT STATE AGE GROUP</u> CHAMPIONSHIPS DETAILS TBA	25 TBA	26 TBA	27 TBA	28 TBA	29 TBA	30 TBA
31 TBA			July 26-30 - USA Swimming Senior Nationals, Irvine, CA July 27-31 - NCSA Championships - Indianapolis, IN July 27-30 - USA Swimming Future Championships, Geneva, OH Aug 1-5 - USA Swimming Junior National Championship, Irvine, CA Aug 3-6 - USA Eastern Zone Age Group Championships - Site TBD			

