



December 2021 revised 12.16.21



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1- US OPEN--> Foxtrot-3:45-4:30pm Echo-4:30-5:15pm Charlie-5:15-6:15pm Bravo-6:15-7:30pm Alpha-6:15-8:15pm	2 <u>Bravo-5:30-7:00am</u> Golf-4:30-5:15pm Delta-5:15-6:15pm Alpha-6:15-8:15pm	3 Alpha-3:30-4:45pm Echo-4:45-5:30pm Delta-5:30-6:15pm Bravo-6:15-7:15pm Charlie-7:15-8:15pm	4 Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am Future -1:30-2:30pm Future 56-2:30-3:15pm
5 OFF	6 Foxtrot-4:30-5:15pm Echo-5:15-6:00pm <u>Alpha-6:00-7:30pm</u> Bravo/Charlie:* 7:00-8:15pm at GHS	7 <u>Alpha-5:30-7:00am</u> Golf-3:45-4:30pm Delta-4:30-5:30pm Charlie-5:30-6:30pm Bravo-6:30-8:00pm	8 Foxtrot-3:45-4:30pm Echo-4:30-5:15pm Charlie-5:15-6:15pm Bravo-6:15-7:30pm Alpha-6:15-8:15pm	9-US JR NATS--> NCAP at UofM Begins--> <u>Bravo-5:30-7:00am</u> Golf-4:30-5:15pm Delta-5:15-6:15pm Alpha-6:15-8:15pm	10 Alpha-3:30-4:45pm Echo-4:45-5:30pm Delta-5:30-6:15pm Bravo-6:15-7:15pm Charlie-7:15-8:15pm	11 Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am Future -1:30-2:30pm Future 56-2:30-3:15pm
12 9-US JR NATS--> NCAP at UofM Begins-->	13 Foxtrot-4:30-5:15pm Echo-5:15-6:00pm <u>Alpha-6:00-7:30pm</u> Bravo/Charlie:* 7:00-8:15pm at GHS	14 <u>Alpha-5:30-7:00am</u> Golf-3:45-4:30pm Delta-4:30-5:30pm Charlie-5:30-6:30pm Bravo-6:30-8:00pm	15 Foxtrot-3:45-4:30pm Echo-4:30-5:15pm Charlie-5:15-6:15pm Bravo-6:15-7:30pm Alpha-6:15-8:15pm	16 <u>Bravo-5:30-7:00am</u> Golf-4:30-5:15pm Delta-5:15-6:15pm Alpha-6:15-8:15pm	17-CPAC Holiday Meet Alpha-3:30-4:45pm Echo-4:45-5:30pm Delta-5:30-6:15pm Bravo-6:15-7:15pm Charlie-7:15-8:15pm	18 CPAC Holiday Meet at Chelsea Piers Meet Info & Practices TBA Future -1:30-2:30pm Future 56-2:30-3:15pm
19 CPAC Holiday Meet at Chelsea Piers Meet Info TBA	20 CHRISTMAS PARTY SEE BELOW	21 <u>Alpha-5:30-7:00am</u> CHRISTMAS PARTY SEE BELOW	22 Foxtrot-3:45-4:30pm Echo-4:30-5:15pm Charlie-5:15-6:15pm Bravo-6:15-7:30pm Alpha-6:15-8:15pm	23 <u>ALPHA/BRAVO</u> 5:30-7:00AM No other sessions	24 OFF	25 MERRY CHRISTMAS <u>OFF</u>
26 OFF	27 <u>Combo's at YWCA!</u> FOXTROT/ECHO 5:15-6:00pm ALPHA/BRAVO: 6:00-7:30pm	28 <u>Combo's at YWCA!</u> ALPHA/BRAVO: 5:30-7:00am GOLF- 3:45-4:30pm Delta/Charlie-430-530p	29 <u>Combo's at YWCA!</u> FOXTROT/ECHO 4:30-5:15pm CHARLIE/BRAVO-515-615p ALPHA-615-7:30p	30 <u>Combo's at YWCA!</u> ALPHA/BRAVO: 5:30-7:00am Golf-4:30-5:15pm CHARLIE/DELTA-515-15p	31 OFF	JAN 1 HAPPY NEW YEAR OFF
	MON DEC. 20 AT YWCA CHRISTMAS PARTY 5:15-6:00pm - POOL PARTY ECHO & FOXTROT 6:00-6:45pm - PIZZA - ECHO & FOXTROT 6:00-6:45pm - POOL PARTY ALPHA & BRAVO 6:45-7:30pm - PIZZA - ALPHA & BRAVO NO GHS SESSIONS Dec 14-JAN 2		TUE DEC. 21 AT YWCA CHRISTMAS PARTY 5:30-7:00am - ALPHA PRACTICE 5:15-6:00pm - POOL PARTY - CHARLIE-DELTA-GOLF 6:00-6:45pm - PIZZA - CHARLIE-DELTA			



February 2022



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Golf-3:45-4:30pm Delta-4:30-5:30pm Charlie-5:30-6:30pm ONE STOP MEET AT GHS-DETAILS TBA	2 <u>Foxtrot-3:45-4:30pm</u> Grand Prix Meet #5 <u>FT,8u,13/ov 4:30-6:00p</u> 9-12's-6:00-7:30pm Alpha-6:15-8:15pm	3 <u>Bravo-5:30-7:00am</u> Golf-4:30-5:15pm Delta-5:15-6:15pm Alpha-6:15-8:15pm	4-BULLDOG INVITE Alpha-3:30-4:45pm Echo-4:45-5:30pm Delta-5:30-6:15pm Bravo-6:15-7:15pm Charlie-7:15-8:15pm	5 BULLDOG INVITE AT SCSU DETAILS TBA NEW HAVEN PRACTICES TBA Future -1:30-2:30pm Future 56-2:30-3:15pm
6 BULLDOG INVITE AT SCSU DETAILS TBA NEW HAVEN	7 Foxtrot-4:30-5:15pm Echo-5:15-6:00pm <u>Alpha-6:00-7:30pm</u> Bravo/Charlie:* 7:00-8:15pm at GHS	8 Golf-3:45-4:30pm Delta-4:30-5:30pm Charlie-5:30-6:30pm Bravo-6:30-8:00pm Alpha- 7:00-8:30p/GHS	9 Foxtrot-3:45-4:30pm Echo-4:30-5:15pm Charlie-5:15-6:15pm Bravo-6:15-7:30pm Alpha-6:15-8:15pm	10 <u>Bravo-5:30-7:00am</u> Golf-4:30-5:15pm Delta-5:15-6:15pm Alpha-6:15-8:15pm	11 Alpha-3:30-4:45pm Echo-4:45-5:30pm Delta-5:30-6:15pm Bravo-6:15-7:15pm Charlie-7:15-8:15pm	12 Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am Future -1:30-2:30pm Future 56-2:30-3:15pm
13 OFF GPS Vacation Week--> (Fall Schedule-->)	14 Foxtrot-4:30-5:15pm Echo-5:15-6:00pm <u>Alpha-6:00-7:30pm</u> Bravo/Charlie: 7:30-8:30pm	15 <u>Alpha-5:30-7:00am</u> Golf-3:45-4:30pm Delta-4:30-5:30pm Charlie-5:30-6:30pm Bravo-6:30-8:00pm	16 Foxtrot-3:45-4:30pm Echo-4:30-5:15pm Charlie-5:15-6:15pm Bravo-6:15-7:30pm Alpha-6:15-8:15pm	17 <u>Bravo-5:30-7:00am</u> Golf-4:30-5:15pm Delta-5:15-6:15pm Alpha-6:15-8:15pm	18 Alpha-3:30-4:45pm Echo-4:45-5:30pm Delta-5:30-6:15pm Bravo-6:15-7:15pm Charlie-7:15-8:15pm	19 Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am Future -1:30-2:30pm Future 56-2:30-3:15pm
20 OFF	21-President's Day Foxtrot-4:30-5:15pm Echo-5:15-6:00pm <u>Alpha-6:00-7:30pm</u> Bravo/Charlie: 7:30-8:30pm	22 Golf-3:45-4:30pm Delta-4:30-5:30pm Charlie-5:30-6:30pm Bravo-6:30-8:00pm Alpha- 7:00-8:30p/GHS	23 Foxtrot-3:45-4:30pm Echo-4:30-5:15pm Charlie-5:15-6:15pm Bravo-6:15-7:30pm Alpha-6:15-8:15pm	24 <u>Bravo-5:30-7:00am</u> Golf-4:30-5:15pm Delta-5:15-6:15pm Alpha-6:15-8:15pm	25 Alpha-3:30-4:45pm Echo-4:45-5:30pm Delta-5:30-6:15pm Bravo-6:15-7:15pm Charlie-7:15-8:15pm	26 Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am Future -1:30-2:30pm Future 56-2:30-3:15pm
27 OFF	28 Foxtrot-4:30-5:15pm Echo-5:15-6:00pm <u>Alpha-6:00-7:30pm</u> Bravo/Charlie:* 7:00-8:15pm at GHS			TENTATIVE CT SWIM REGIONAL CHAMPIONSHIPS FEB 25-27 - TBA		



January 2022



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am Future -1:30-2:30pm Future 56-2:30-3:15pm
2 OFF	3 Foxtrot-4:30-5:15pm Echo-5:15-6:00pm <u>Alpha-6:00-7:30pm</u> Bravo/Charlie:* 7:00-8:15pm at GHS	4 Golf-3:45-4:30pm Delta-4:30-5:30pm Charlie-5:30-6:30pm Bravo-6:30-8:00pm <u>Alpha- 7:00-8:30p/GHS</u>	5 Foxtrot-3:45-4:30pm Echo-4:30-5:15pm Charlie-5:15-6:15pm Bravo-6:15-7:30pm Alpha-6:15-8:15pm	6 <u>Bravo-5:30-7:00am</u> Golf-4:30-5:15pm Delta-5:15-6:15pm Alpha-6:15-8:15pm	7 Alpha-3:30-4:45pm Echo-4:45-5:30pm Delta-5:30-6:15pm Bravo-6:15-7:15pm Charlie-7:15-8:15pm	8 Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am Future -1:30-2:30pm Future 56-2:30-3:15pm
9 OFF	10 Foxtrot-4:30-5:15pm Echo-5:15-6:00pm <u>Alpha-6:00-7:30pm</u> Bravo/Charlie:* 7:00-8:15pm at GHS	11 Golf-3:45-4:30pm Delta-4:30-5:30pm Charlie-5:30-6:30pm Bravo-6:30-8:00pm <u>Alpha- 7:00-8:30p/GHS</u>	12 <u>Foxtrot-3:45-4:30pm</u> Grand Prix Meet #4 <u>FT,8u,13/ov 4:30-6:00p</u> 9-12's-6:00-7:30pm Alpha-6:15-8:15pm	13 <u>Bravo-5:30-7:00am</u> Golf-4:30-5:15pm Delta-5:15-6:15pm Alpha-6:15-8:15pm	14 Alpha-3:30-4:45pm Echo-4:45-5:30pm Delta-5:30-6:15pm Bravo-6:15-7:15pm Charlie-7:15-8:15pm	15 Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am Future -1:30-2:30pm Future 56-2:30-3:15pm
16 OFF	17 MLK DAY ALL OFF DERBY WEEK!---->	18 Golf-3:45-4:30pm CHARLIE+DELTA DERBY SWIM - 430-630P Bravo-6:30-8:00pm <u>Alpha- 7:00-8:30p/GHS</u>	19 Foxtrot-3:45-4:30pm Echo-4:30-5:15pm Charlie-5:15-6:15pm Bravo-6:15-7:30pm Alpha-6:15-8:15pm	20-No Bravo AM Golf-4:30-5:15pm Delta-5:15-6:15pm DERBY SWIM ALPHA+BRAVO Alpha-6:15-8:15pm	21 - GRYM Q MEET Alpha-3:30-4:45pm Echo-4:45-5:30pm Delta-5:30-6:15pm Bravo-6:15-7:15pm Charlie-7:15-8:15pm	22 - GRYM Q MEET No Practices A-B-C-D-E DERBY SWIMS FT+FT56 Future+ Future 56 1:30-3:15pm
23 - GRYM Q MEET OFF	24-DERBY SWIM FOXTROT--ECHO-GOLF 5:15-7:00pm <u>Alpha-6:00-7:30pm</u> Alpha/Bravo/Charlie:* 7:00-8:15pm at GHS	25 Golf-3:45-4:30pm Delta-4:30-5:30pm Charlie-5:30-6:30pm ONE STOP MEET AT GHS-DETAILS TBA	26 Foxtrot-3:45-4:30pm Echo-4:30-5:15pm Charlie-5:15-6:15pm Bravo-6:15-7:30pm Alpha-6:15-8:15pm	27 <u>Bravo-5:30-7:00am</u> Golf-4:30-5:15pm Delta-5:15-6:15pm Alpha-6:15-8:15pm	28-IMX Meet in MD Alpha-3:30-4:45pm Echo-4:45-5:30pm Delta-5:30-6:15pm Bravo-6:15-7:15pm Charlie-7:15-8:15pm	29-IMX Meet in MD Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am Future -1:30-2:30pm Future 56-2:30-3:15pm
30-IMX Meet in MD	31 Foxtrot-4:30-5:15pm Echo-5:15-6:00pm <u>Alpha-6:00-7:30pm</u> Bravo/Charlie:* 7:00-8:15pm at GHS					



March 2022



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 - NO GHS TODAY <u>Alpha-5:30-7:00am</u> Golf-3:45-4:30pm Delta-4:30-5:30pm Charlie-5:30-6:30pm Bravo-6:30-8:00pm	2 <u>Foxtrot-3:45-4:30pm</u> Grand Prix Meet #6 <u>FT,8u,13/ov 4:30-6:00p</u> 9-12's-6:00-7:30pm Alpha-6:15-8:15pm	3 <u>Bravo-5:30-7:00am</u> Golf-4:30-5:15pm Delta-5:15-6:15pm Alpha-6:15-8:15pm	4 Alpha-3:30-4:45pm Echo-4:45-5:30pm Delta-5:30-6:15pm Bravo-6:15-7:15pm Charlie-7:15-8:15pm	5 Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am Future -1:30-2:30pm Future 56-2:30-3:15pm
	7 Foxtrot-4:30-5:15pm Echo-5:15-6:00pm <u>Alpha-6:00-7:30pm</u> Bravo/Charlie:* 7:00-8:15pm at GHS	8 Golf-3:45-4:30pm Delta-4:30-5:30pm Charlie-5:30-6:30pm Bravo-6:30-8:00pm Alpha- 7:00-8:30p/GHS	9 Foxtrot-3:45-4:30pm Echo-4:30-5:15pm Charlie-5:15-6:15pm Bravo-6:15-7:30pm Alpha-6:15-8:15pm	10 <u>Bravo-5:30-7:00am</u> Golf-4:30-5:15pm Delta-5:15-6:15pm Alpha-6:15-8:15pm	11 Alpha-3:30-4:45pm Echo-4:45-5:30pm Delta-5:30-6:15pm Bravo-6:15-7:15pm Charlie-7:15-8:15pm	12 Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am Future -1:30-2:30pm Future 56-2:30-3:15pm
13	14 Foxtrot-4:30-5:15pm Echo-5:15-6:00pm <u>Alpha-6:00-7:30pm</u> Bravo/Charlie:* 7:00-8:15pm at GHS	15 Golf-3:45-4:30pm Delta-4:30-5:30pm Charlie-5:30-6:30pm Bravo-6:30-8:00pm Alpha- 7:00-8:30p/GHS	16 Foxtrot-3:45-4:30pm Echo-4:30-5:15pm Charlie-5:15-6:15pm Bravo-6:15-7:30pm Alpha-6:15-8:15pm	17 <u>Bravo-5:30-7:00am</u> Golf-4:30-5:15pm Delta-5:15-6:15pm Alpha-6:15-8:15pm	18 Alpha-3:30-4:45pm Echo-4:45-5:30pm Delta-5:30-6:15pm Bravo-6:15-7:15pm Charlie-7:15-8:15pm	19 Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am Future -1:30-2:30pm Future 56-2:30-3:15pm
20 OFF	21 Foxtrot-4:30-5:15pm Echo-5:15-6:00pm <u>Alpha-6:00-7:30pm</u> Bravo/Charlie:* 7:00-8:15pm at GHS	22 Golf-3:45-4:30pm Delta-4:30-5:30pm Charlie-5:30-6:30pm Bravo-6:30-8:00pm Alpha- 7:00-8:30p/GHS	23 Foxtrot-3:45-4:30pm Echo-4:30-5:15pm Charlie-5:15-6:15pm Bravo-6:15-7:30pm Alpha-6:15-8:15pm	24 SUNKISSED SWIM <u>CHAMPIONSHIPS</u> CHARLOTTE, NORTH CAROLINA DETAILS TBD	25 SUNKISSED SWIM <u>CHAMPIONSHIPS</u> CHARLOTTE, NORTH CAROLINA DETAILS TBD	26 SUNKISSED SWIM <u>CHAMPIONSHIPS</u> CHARLOTTE, NORTH CAROLINA DETAILS TBD
27 SUNKISSED SWIM <u>CHAMPIONSHIPS</u> CHARLOTTE, NORTH CAROLINA DETAILS TBD	28 Foxtrot-4:30-5:15pm Echo-5:15-6:00pm <u>Alpha-6:00-7:30pm</u> Bravo/Charlie: 7:30-8:30pm	29 <u>Alpha-5:30-7:00am</u> Golf-3:45-4:30pm Delta-4:30-5:30pm Charlie-5:30-6:30pm Bravo-6:30-8:00pm	30 Foxtrot-3:45-4:30pm Echo-4:30-5:15pm Charlie-5:15-6:15pm Bravo-6:15-7:30pm Alpha-6:15-8:15pm	31 <u>Bravo-5:30-7:00am</u> Golf-4:30-5:15pm Delta-5:15-6:15pm Alpha-6:15-8:15pm		
			MAR 30-APR 2 - EASTERN ZONE CHAMPIONSHIPS - SITE TBD APR 13-16 - ISCA AGE GROUP MEET ST PETERSBURG, FLA			