



July
2022 REV072422



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Alpha-3:30-4:45pm Echo & Delta: 4:45-5:45pm Bravo & Charlie 5:45-6:45pm	2 Alpha-6:00-7:15am Bravo-7:15-8:15am Delta-8:15-9:00am
3 TBA	4 OFF	5 Delta & Charlie: 4:30-5:30pm Bravo-5:30-6:30pm Alpha - 6:30-8:00pm	6 <u>Echo/Foxtrot-430-5:15p</u> Bravo/Charlie: 5:15-6:15pm Alpha: 6:15-8:15pm	7 CT SENIOR CHAMPIONSHIPS DETAILS TBA {Practices TBA}	8 CT SENIOR CHAMPIONSHIPS DETAILS TBA	9 CT SENIOR CHAMPIONSHIPS DETAILS TBA
10 CT SENIOR CHAMPIONSHIPS DETAILS TBA	11 Foxtrot & Echo: 4:30-5:30pm <u>Alpha--5:30-7:00pm</u> Bravo/Charlie: 7:00-8:00pm	12 Delta & Charlie: 4:30-5:30pm Bravo-5:30-6:30pm Alpha - 6:30-8:00pm	13 <u>Echo/Foxtrot-430-5:15p</u> Bravo/Charlie: 5:15-6:15pm Alpha: 6:15-8:15pm	14 <u>Bravo-5:30-7:00am</u> Delta-5:15-6:15pm Alpha-6:15-8:15pm	15 CT REGIONAL CHAMPIONSHIPS DETAILS TBA {Practices TBA}	16 CT REGIONAL CHAMPIONSHIPS DETAILS TBA
17 CT REGIONAL CHAMPIONSHIPS DETAILS TBA	18 Foxtrot & Echo: 4:30-5:30pm <u>Alpha--5:30-7:00pm</u> Bravo/Charlie: 7:00-8:00pm	19 Delta & Charlie: 4:30-5:30pm Bravo-5:30-6:30pm Alpha - 6:30-8:00pm	20 <u>Echo/Foxtrot-430-5:15p</u> Bravo/Charlie: 5:15-6:15pm Alpha: 6:15-8:15pm	21 CT STATE AGE GROUP CHAMPIONSHIPS DETAILS TBA {Practices TBA}	22 CT STATE AGE GROUP CHAMPIONSHIPS DETAILS TBA	23 CT STATE AGE GROUP CHAMPIONSHIPS DETAILS TBA
24 CT STATE AGE GROUP CHAMPIONSHIPS DETAILS TBA	25 Zone, NCSA, College Only - 5:30-7:00pm	26 Zone, NCSA, College Only - 5:30-7:00pm	27 Zone + College Only 5:15-6:45pm NSCA JR NATS INDIANAPOLIS, IND	28 Zone + College Only 5:15-6:45pm NSCA JR NATS INDIANAPOLIS, IND	29 Zone + College Only 5:15-6:15pm NSCA JR NATS INDIANAPOLIS, IND	30 <u>OFF</u> NSCA JR NATS INDIANAPOLIS, IND
31 OFF NSCA JR NATS INDIANAPOLIS, IND	Aug 1 Zone + College Only 5:30-7:00pm	Aug 2 Zone + College Only 5:30-7:00pm	July 26-30 - USA Swimming Senior Nationals, Irvine, CA July 27-31 - NCSA Championships - Indianapolis, IN July 27-30 - USA Swimming Future Championships, Geneva, OH Aug 1-5 - USA Swimming Junior National Championship, Irvine, CA Aug 3-6 - USA Eastern Zone Age Group Championships - Site TBD			





August 2022



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
July 31 OFF NSCA JR NATS INDIANAPOLIS, IND	1 Zone + College Only 5:30-7:00pm	2 Zone + College Only 5:30-7:00pm	3 USA Eastern Zone Champs Ithaca, NY ALL OFF	4 USA Eastern Zone Champs Ithaca, NY ALL OFF	5 USA Eastern Zone Champs Ithaca, NY ALL OFF	6 USA Eastern Zone Champs Ithaca, NY ALL OFF
7 OFF	8 Instant 22-23 Evals Swimmers 8/u-530-6:00p Swimmers 9/ov-6:00-6:30p	9 Instant 22-23 Evals Swimmers 8/u-530-6:00p Swimmers 9/ov-6:00-6:30p	10 Instant 22-23 Evals Swimmers 8/u-530-6:00p Swimmers 9/ov-6:00-6:30p	11 <u>OFF</u>	12 <u>OFF</u>	13 <u>OFF</u>
14 OFF	15 Instant 22-23 Evals Swimmers 8/u-530-6:00p Swimmers 9/ov-6:00-6:30p	16 Instant 22-23 Evals Swimmers 8/u-530-6:00p Swimmers 9/ov-6:00-6:30p	17 Instant 22-23 Evals Swimmers 8/u-530-6:00p Swimmers 9/ov-6:00-6:30p	18 <u>OFF</u>	19 <u>OFF</u>	20 <u>OFF</u>
21 OFF	22 <u>OFF</u>	23 <u>OFF</u>	24 <u>OFF</u>	25 <u>OFF</u>	26 <u>OFF</u>	27 <u>OFF</u>
28 OFF	29 Open Evaluations Ages 10-u: 5:15-6:15pm Ages 11-ov-6:15-7:15pm	30 Open Evaluations Ages 10-u: 5:15-6:15pm Ages 11-ov-6:15-7:15pm	31 Open Evaluations Ages 10-u: 5:15-6:15pm Ages 11-ov-6:15-7:15pm	Sept 1 Open Evaluations Ages 10-u: 5:15-6:15pm Ages 11-ov-6:15-7:15pm	Sept 2 Open Evaluations Ages 10-u: 5:15-6:15pm Ages 11-ov-6:15-7:15pm	Sept 3 <u>OFF</u>
Sept 4 OFF	Sept 5 Labor Day OFF	Sept 6 22-23 STARTS! TAG 1 - 4:30-5:15PM STATE - 5:15-6:15pm NATIONAL - 6:15-8:15PM				



September 2022



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	AUG 29 OPEN EVALUATIONS: 10-unders: 5:15-6:15pm 11-overs-6:15-7:15pm	AUG 30 OPEN EVALUATIONS: 10-unders: 5:15-6:15pm 11-overs-6:15-7:15pm	AUG 31 OPEN EVALUATIONS: 10-unders: 5:15-6:15pm 11-overs-6:15-7:15pm	1 OPEN EVALUATIONS: 10-unders: 5:15-6:15pm 11-overs-6:15-7:15pm	2 OPEN EVALUATIONS: 11-overs: 4:00-5:00pm 10-unders-5:00-6:00pm	3 OFF
4 OFF	5 LABOR DAY ALL OFF	6 TAG 1 - 4:30-5:15pm STATE - 5:15-6:15pm NATIONAL - 6:15-8:15pm	7 TAG 1 - 4:30-5:15pm TAG 2 - 5:15-6:15pm TAG 3/STATE 1: 6:15-7:15pm NAT'L/STATE 2-7:15-8:30p	8 STATE - 5:30-6:45am TAG 3 - 5:15-6:15pm NATIONAL - 6:15-8:15p	9 NATIONAL - 3:30-5:00pm TAG 1 - 5:00-6:00pm TAG 2 - 6:00-7:00pm	10 NATIONAL - 5:30-7:00am STATE - 7:00-8:15am TAG 3 - 8:15-9:00am FUTURE -1:30-2:30pm FUTURE 56-2:30-3:15pm
11 OFF	12 TAG 2 - 5:15-6:15pm TAG 3/STATE 1: 6:15-7:15pm NATIONAL/STATE 2: 7:15-8:30pm	13 TAG 1 - 4:30-5:15pm STATE - 5:15-6:15pm NATIONAL - 6:15-8:15pm	14 TAG 1 - 4:30-5:15pm TAG 2 - 5:15-6:15pm TAG 3/STATE 1: 6:15-7:15pm NAT'L/STATE 2-7:15-8:30p	15 STATE - 5:30-6:45am TAG 3 - 5:15-6:15pm NATIONAL - 6:15-8:15p	16 NATIONAL - 3:30-5:00pm TAG 1 - 5:00-6:00pm TAG 2 - 6:00-7:00pm	17 NATIONAL - 5:30-7:00am STATE - 7:00-8:15am TAG 3 - 8:15-9:00am FUTURE -1:30-2:30pm FUTURE 56-2:30-3:15pm
18 OFF	19 TAG 2 - 5:15-6:15pm TAG 3/STATE 1: 6:15-7:15pm NATIONAL/STATE 2: 7:15-8:30pm	20 TAG 1 - 4:30-5:15pm STATE - 5:15-6:15pm NATIONAL - 6:15-8:15pm	21 TAG 1 - 4:30-5:15pm TAG 2 - 5:15-6:15pm TAG 3/STATE 1: 6:15-7:15pm NAT'L/STATE 2-7:15-8:30p	22 STATE - 5:30-6:45am TAG 3 - 5:15-6:15pm NATIONAL - 6:15-8:15p	23 NATIONAL - 3:30-5:00pm TAG 1 - 5:00-6:00pm TAG 2 - 6:00-7:00pm	24 NATIONAL - 5:30-7:00am STATE - 7:00-8:15am TAG 3 - 8:15-9:00am FUTURE -1:30-2:30pm FUTURE 56-2:30-3:15pm
25 OFF	26 TAG 2 - 5:15-6:15pm TAG 3/STATE 1: 6:15-7:15pm NATIONAL/STATE 2: 7:15-8:30pm	27 TAG 1 - 4:30-5:15pm STATE - 5:15-6:15pm NATIONAL - 6:15-8:15pm	28 TAG 1 - 4:30-5:15pm TAG 2 - 5:15-6:15pm TAG 3/STATE 1: 6:15-7:15pm NAT'L/STATE 2-7:15-8:30p	29 STATE - 5:30-6:45am TAG 3 - 5:15-6:15pm NATIONAL - 6:15-8:15p	30 NATIONAL - 3:30-5:00pm TAG 1 - 5:00-6:00pm TAG 2 - 6:00-7:00pm	SATURDAY DRYLAND STARTS SEPT 17th NATIONAL-7:15-8:00am STATE 8:15-9:00am