



May 2023 revised



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OFF	1 <u>TAG 2 - 5:15-6:15pm</u> TAG 3/STATE 1: <u>6:15-7:15pm</u> NATIONAL/STATE 2: 7:15-8:30pm	2 TAG 1 - 4:30-5:15pm STATE - 5:15-6:15pm NATIONAL - 6:15-8:15pm	3 TAG 1 - 4:30-5:15pm <u>TAG 2 - 5:15-6:15pm</u> TAG 3/STATE 1: <u>6:15-7:15pm</u> NAT'L/STATE 2-7:15-8:30p	4 <u>STATE - 5:30-6:45am</u> TAG 3 - 5:15-6:15pm NATIONAL - 6:15-8:15p	5 NAT/STATE- 3:30-5:00pm TAG 1 - 5:00-6:00pm TAG 2/3- 6:00-7:00pm (Special Combo) {GRYM Distance Meet}	6 Greenwich YMCA Long Course Meet No practices
7 Greenwich YMCA Long Course Meet No practices	8 <u>TAG 2 - 5:15-6:15pm</u> TAG 3/STATE 1: <u>6:15-7:15pm</u> NATIONAL/STATE 2: 7:15-8:30pm	9 TAG 1 - 4:30-5:15pm STATE - 5:15-6:15pm NATIONAL - 6:15-8:15pm	10 TAG 1 - 4:30-5:15pm <u>TAG 2 - 5:15-6:15pm</u> TAG 3/STATE 1: <u>6:15-7:15pm</u> NAT'L/STATE 2-7:15-8:30p	11 <u>STATE - 5:30-6:45am</u> TAG 3 - 5:15-6:15pm NATIONAL - 6:15-8:15p	12 NATIONAL - 3:30-5:00pm TAG 1 - 5:00-6:00pm TAG 2 - 6:00-7:00pm	13 NATIONAL - 5:30-7:00am STATE - 7:00-8:15am TAG 3 - 8:15-9:00am
14 Happy Mothers Day! <u>STATE/NATIONAL</u> at VELO 7:00-8:30am	15 <u>TAG 2 - 5:15-6:15pm</u> TAG 3/STATE 1: <u>6:15-7:15pm</u> NATIONAL/STATE 2: 7:15-8:30pm	16 TAG 1 - 4:30-5:15pm STATE - 5:15-6:15pm NATIONAL - 6:15-8:15pm	17 TAG 1 - 4:30-5:15pm <u>TAG 2 - 5:15-6:15pm</u> TAG 3/STATE 1: <u>6:15-7:15pm</u> NAT'L/STATE 2-7:15-8:30p	18 <u>STATE - 5:30-6:45am</u> TAG 3 - 5:15-6:15pm NATIONAL - 6:15-8:15p	19 NAT/STATE- 3:30-5:00pm TAG 1 - 5:00-6:00pm TAG 2/3- 6:00-7:00pm (Special Combo) {Velo Distance Meet}	20 Norwalk-Zeus Long Course Meet at Velo No Practices
21 Norwalk-Zeus Long Course Meet at Velo No Practices	22 <u>TAG 2 - 5:15-6:15pm</u> TAG 3/STATE 1: <u>6:15-7:15pm</u> NATIONAL/STATE 2: 7:15-8:30pm	23 TAG 1 - 4:30-5:15pm STATE - 5:15-6:15pm NATIONAL - 6:15-8:15pm	24 TAG 1 - 4:30-5:15pm <u>TAG 2 - 5:15-6:15pm</u> TAG 3/STATE 1: <u>6:15-7:15pm</u> NAT'L/STATE 2-7:15-8:30p	25 <u>STATE - 5:30-6:45am</u> TAG 3 - 5:15-6:15pm NATIONAL - 6:15-8:15p	26 NATIONAL - 3:30-5:00pm TAG 1 - 5:00-6:00pm TAG 2 - 6:00-7:00pm	27 NATIONAL - 5:30-7:00am STATE - 7:00-8:15am TAG 3 - 8:15-9:00am
28 OFF	29 MEMORIAL DAY OFF	30 TAG 1 - 4:30-5:15pm STATE - 5:15-6:15pm NATIONAL - 6:15-8:15pm	31 TAG 1 - 4:30-5:15pm <u>TAG 2 - 5:15-6:15pm</u> TAG 3/STATE 1: <u>6:15-7:15pm</u> NAT'L/STATE 2-7:15-8:30p			



June 2023 revised



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 <u>STATE - 5:30-6:45am</u> TAG 3 - 5:15-6:15pm NATIONAL - 6:15-8:15p	2 NAT/STATE- 3:30-5:00pm TAG 1 - 5:00-6:00pm TAG 2/3- 6:00-7:00pm (Special Combo) Wilton YM Dist Meet	3 NATIONAL - 5:30-7:00am STATE - 7:00-8:15am TAG 3 - 8:15-9:00am
4 <u>STATE/NATIONAL</u> at VELO-7:00-8:30a DOLPHINS RECOGNITION DAY 1:00-3:00PM AT YWCA	5 <u>TAG 2 - 5:15-6:15pm</u> TAG 3/STATE 1: <u>6:15-7:15pm</u> NATIONAL/STATE 2: 7:15-8:30pm	6 TAG 1 - 4:30-5:15pm STATE - 5:15-6:15pm NATIONAL - 6:15-8:15pm	7 TAG 1 - 4:30-5:15pm <u>TAG 2 - 5:15-6:15pm</u> TAG 3/STATE 1: <u>6:15-7:15pm</u> NAT'L/STATE 2-7:15-8:30p	8 <u>STATE - 5:30-6:45am</u> TAG 3 - 5:15-6:15pm NATIONAL - 6:15-8:15p	9 NO PRACTICES GREENWICH YMCA LONG COURSE MEET	10 NO PRACTICES GREENWICH YMCA LONG COURSE MEET
11 NO PRACTICES GREENWICH YMCA LONG COURSE MEET	12 <u>TAG 2 - 5:15-6:15pm</u> TAG 3/STATE 1: <u>6:15-7:15pm</u> NATIONAL/STATE 2: 7:15-8:30pm	13 TAG 1 - 4:30-5:15pm STATE - 5:15-6:15pm NATIONAL - 6:15-8:15pm	14 TAG 1 - 4:30-5:15pm <u>TAG 2 - 5:15-6:15pm</u> TAG 3/STATE 1: <u>6:15-7:15pm</u> NAT'L/STATE 2-7:15-8:30p	15 <u>STATE - 5:30-6:45am</u> TAG 3 - 5:15-6:15pm NATIONAL - 6:15-8:15p WESLEYAN GRIT DISTANCE MEET	16 NAT/STATE- 3:30-5:00pm TAG 1 - 5:00-6:00pm TAG 2/3- 6:00-7:00pm WESLEYAN GRIT LONG COURSE MEET	17 NO PRACTICES WESLEYAN GRIT LONG COURSE MEET EASTERN ZONE OPEN WATER NJ
18 NO PRACTICES WESLEYAN GRIT LONG COURSE MEET EASTERN ZONE OPEN WATER NJ	19-SUMMER START TAG 2+3-5:30-6:30pm STATE-6:30-7:30pm NATIONAL-6:30-8:30pm	20 TAG 1 -5:15-6:15pm STATE - 6:15-7:15pm NATIONAL - 6:15-8:15pm	21 TAG 2+3-5:30-6:30pm STATE-6:30-7:30pm NATIONAL-6:30-8:30pm	22 TAG 1 -5:15-6:15pm STATE - 6:15-7:15pm NATIONAL - 6:15-8:15pm	23 NO PRACTICES CHELSEA PIERS LONG COURSE MEET	24 NO PRACTICES CT OPEN WATER CHAMPS/LAKE QUASSY CHELSEA PIERS LONG COURSE MEET
25 <u>STATE/NATIONAL</u> at VELO-7:00-8:30a CHELSEA PIERS LONG COURSE MEET	26 TAG 2+3-5:30-6:30pm STATE-6:30-7:30pm NATIONAL-6:30-8:30pm	27 TAG 1 -5:15-6:15pm STATE - 6:15-7:15pm NATIONAL - 6:15-8:15pm	28 TAG 2+3-5:30-6:30pm STATE-6:30-7:30pm NATIONAL-6:30-8:30pm	29 TAG 1 -5:15-6:15pm STATE - 6:15-7:15pm NATIONAL - 6:15-8:15pm	30 TBA	



July 2023 revised



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 TAG 2+3-5:30-6:30pm STATE-6:30-7:30pm NATIONAL-6:30-8:30pm	4 TAG 1 -5:15-6:15pm STATE - 6:15-7:15pm NATIONAL - 6:15-8:15pm	5 TAG 2+3-5:30-6:30pm STATE-6:30-7:30pm NATIONAL-6:30-8:30pm	6 <u>CT SR CHAMPS</u> TAG 1 -5:15-6:15pm STATE - 6:15-7:15pm NATIONAL - 6:15-8:15pm	7 CT SR CHAMPS ALL DAY WESLEYAN No Practices	8 CT SR CHAMPS ALL DAY WESLEYAN No Practices
9 CT SR CHAMPS ALL DAY WESLEYAN No Practices	10 TAG 2+3-5:30-6:30pm STATE-6:30-7:30pm NATIONAL-6:30-8:30pm	11 TAG 1 -5:15-6:15pm STATE - 6:15-7:15pm NATIONAL - 6:15-8:15pm	12 TAG 2+3-5:30-6:30pm STATE-6:30-7:30pm NATIONAL-6:30-8:30pm	13 TAG 1 -5:15-6:15pm STATE - 6:15-7:15pm NATIONAL - 6:15-8:15pm	14 CT REGIONAL CHAMPS SITE& DETAILS TBA PRACTICE TBA	15 CT REGIONAL CHAMPS SITE& DETAILS TBA PRACTICE TBA
16 CT REGIONAL CHAMPS SITE & DETAILS TBA	17 TAG 2+3-5:30-6:30pm STATE-6:30-7:30pm NATIONAL-6:30-8:30pm	18 TAG 1 -5:15-6:15pm STATE - 6:15-7:15pm NATIONAL - 6:15-8:15pm	19 TAG 2+3-5:30-6:30pm STATE-6:30-7:30pm NATIONAL-6:30-8:30pm	20 CT AGE GROUP CHAMPS ALL DAY WESLEYAN Practices TBD	21 CT AGE GROUP CHAMPS ALL DAY WESLEYAN Practices TBD	22 CT AGE GROUP CHAMPS ALL DAY WESLEYAN Practices TBD
23 CT AGE GROUP CHAMPS ALL DAY WESLEYAN	24 ZONE, NCSA NATIONAL SWIMMERS ONLY 6:00-7:30pm	25 ZONE, NCSA NATIONAL SWIMMERS ONLY 6:00-7:30pm	26 ZONE, NCSA NATIONAL SWIMMERS ONLY 6:00-7:30pm	27 NCSA CHAMPS INDIANAPOLIS PRACTICES TBA	28 NCSA CHAMPS INDIANAPOLIS PRACTICES TBA	29 NCSA CHAMPS INDIANAPOLIS PRACTICES TBA
30 NCSA CHAMPS INDIANAPOLIS	31 ZONE, NCSA NATIONAL SWIMMERS ONLY 6:00-7:30pm	AUGUST 1 ZONE, NCSA NATIONAL SWIMMERS ONLY 6:00-7:30pm	2 ZONE, NCSA NATIONAL SWIMMERS ONLY 6:00-7:30pm	3 ZONE CHAMPS VIRGINIA	4 ZONE CHAMPS VIRGINIA	5 ZONE CHAMPS VIRGINIA