



May
2025 rev 043025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 STATE - 5:30-6:45am TAG 3 - 5:15-6:15pm NATIONAL - 6:15-8:15p	2 NATIONAL - 3:30-5:00pm TAG 1/2 - 5:00-6:00pm	3 NATIONAL-6:00-7:30am STATE/TAG 3-7:30-8:45am
4 NO PRACTICES	5 TAG 2 - 5:15-6:15pm TAG 3/STATE 1: 6:15-7:15pm NATIONAL/STATE 2: 7:15-8:30pm	6 TAG 1 - 4:30-5:15pm STATE - 5:15-6:15pm NATIONAL - 6:15-8:15pm	7 TAG 1 - 4:30-5:15pm TAG 2 - 5:15-6:15pm TAG 3/STATE 1: 6:15-7:15pm NAT'L/STATE 2-7:15-8:30p	8 STATE - 5:30-6:45am TAG 3 - 5:15-6:15pm NATIONAL - 6:15-8:15p	9 NATIONAL - 3:30-5:00pm TAG 1/2 - 5:00-6:00pm	10 NATIONAL-6:00-7:30am STATE/TAG 3-7:30-8:45am
11 MOTHERS DAY (VELO 7:00-8:30am)	12 TAG 2 - 5:15-6:15pm TAG 3/STATE 1: 6:15-7:15pm NATIONAL/STATE 2: 7:15-8:30pm	13 TAG 1 - 4:30-5:15pm STATE - 5:15-6:15pm NATIONAL - 6:15-8:15pm	14 TAG 1 - 4:30-5:15pm TAG 2 - 5:15-6:15pm TAG 3/STATE 1: 6:15-7:15pm NAT'L/STATE 2-7:15-8:30p	15 STATE - 5:30-6:45am TAG 3 - 5:15-6:15pm NATIONAL - 6:15-8:15p	16- No Practices GREENWICH YMCA LONG COURSE MEET SIGNUPS REQUIRED SUPER SECTIONAL Richmond, VA	17- No Practices GREENWICH YMCA LONG COURSE MEET SIGNUPS REQUIRED SUPER SECTIONAL Richmond, VA
18- No Practices GREENWICH YMCA LONG COURSE MEET SIGNUPS REQUIRED SUPER SECTIONAL Richmond, VA	19 TAG 2 - 5:15-6:15pm TAG 3/STATE 1: 6:15-7:15pm NATIONAL/STATE 2: 7:15-8:30pm	20 TAG 1 - 4:30-5:15pm STATE - 5:15-6:15pm NATIONAL - 6:15-8:15pm	21 TAG 1 - 4:30-5:15pm TAG 2 - 5:15-6:15pm TAG 3/STATE 1: 6:15-7:15pm NAT'L/STATE 2-7:15-8:30p	22 STATE - 5:30-6:45am TAG 3 - 5:15-6:15pm NATIONAL - 6:15-8:15p	23 NATIONAL - 3:30-5:00pm TAG 1/2 - 5:00-6:00pm	24 NATIONAL-6:00-7:30am STATE/TAG 3-7:30-8:45am
25 (VELO 7:00-8:30am)	26 MEMORIAL DAY ALL OFF	27 TAG 1 - 4:30-5:15pm STATE - 5:15-6:15pm NATIONAL - 6:15-8:15pm	28 TAG 1 - 4:30-5:15pm TAG 2 - 5:15-6:15pm TAG 3/STATE 1: 6:15-7:15pm NAT'L/STATE 2-7:15-8:30p	29 STATE - 5:30-6:45am TAG 3 - 5:15-6:15pm NATIONAL - 6:15-8:15p	30 NATIONAL - 3:30-5:00pm TAG 1/2 - 5:00-6:00pm	31 NATIONAL-6:00-7:30am STATE/TAG 3-7:30-8:45am



June
2025^{updated050125}



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 (VELO 7:00-8:30am)	2 <u>TAG 2 - 5:15-6:15pm</u> TAG 3/STATE 1: <u>6:15-7:15pm</u> NATIONAL/STATE 2: 7:15-8:30pm	3 TAG 1 - 4:30-5:15pm STATE - 5:15-6:15pm NATIONAL - 6:15-8:15pm	4 TAG 1 - 4:30-5:15pm <u>TAG 2 - 5:15-6:15pm</u> TAG 3/STATE 1: <u>6:15-7:15pm</u> NAT'L/STATE 2-7:15-8:30p	5 <u>DIST/STATE - 5:30-6:45am</u> TAG 3 -5:15-6:15pm NATIONAL - 6:15-8:15p	6- No Practices GREENWICH YMCA LONG COURSE MEET SIGNUPS REQUIRED	7- No Practices GREENWICH YMCA LONG COURSE MEET SIGNUPS REQUIRED
8 GREENWICH YMCA LONG COURSE MEET-AM ONLY DOLPHINS AWARDS BANQUET DETAILS TBA	9 <u>TAG 2 - 5:15-6:15pm</u> TAG 3/STATE 1: <u>6:15-7:15pm</u> NATIONAL/STATE 2: 7:15-8:30pm	10 TAG 1 - 4:30-5:15pm STATE - 5:15-6:15pm NATIONAL - 6:15-8:15pm	11 TAG 1 - 4:30-5:15pm <u>TAG 2 - 5:15-6:15pm</u> TAG 3/STATE 1: <u>6:15-7:15pm</u> NAT'L/STATE 2-7:15-8:30p	12 <u>DIST/STATE - 5:30-6:45am</u> TAG 3 -5:15-6:15pm NATIONAL - 6:15-8:15p	13 NATIONAL - 3:30-5:00pm TAG 1/2 - 5:00-6:00pm	14- No Practices EASTERN ZONE OPEN WATER CHAMPS SIGNUP NEEDED NEW JERSEY-DETAILS TBA
15 (VELO 7:00-8:30am)	16 <u>TAG 2 - 5:15-6:15pm</u> TAG 3/STATE 1: <u>6:15-7:15pm</u> NATIONAL/STATE 2: 7:15-8:30pm	17 TAG 1 - 4:30-5:15pm STATE - 5:15-6:15pm NATIONAL - 6:15-8:15pm	18 TAG 1 - 4:30-5:15pm <u>TAG 2 - 5:15-6:15pm</u> TAG 3/STATE 1: <u>6:15-7:15pm</u> NAT'L/STATE 2-7:15-8:30p	19 <u>DIST/STATE - 5:30-6:45am</u> TAG 3 -5:15-6:15pm NATIONAL - 6:15-8:15p	20 - No Practices CHELSEA PIERS LONG COURSE MEET SIGNUPS REQUIRED	21 NO PRACTICES CHELSEA PIERS LONG COURSE MEET SIGNUPS REQUIRED
22 CHELSEA PIERS LONG COURSE MEET SIGNUPS REQUIRED SUMMER SCHED BEGINS-->	23 TAG 1+2+3-5:30-6:30pm STATE-6:30-7:30pm NATIONAL-6:30-8:00pm	24 STATE+TAG 3-5:15-6:15pm NATIONAL - 6:15-7:45pm	25 TAG 1+2+3-5:30-6:30pm STATE-6:30-7:30pm NATIONAL-6:30-8:00pm	26 STATE+TAG 3-5:15-6:15pm NATIONAL - 6:15-7:45pm	27 TAG 3+STATE -4:00-5:00p NATIONAL-5:00-6:30p	28 NO PRACTICES CT OPEN WATER CHAMPS-LAKE QUASSY SIGNUPS REQUIRED
29 (VELO 7:00-8:30am)	30 TAG 1+2+3-5:30-6:30pm STATE-6:30-7:30pm NATIONAL-6:30-8:00pm					



July, 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 STATE+TAG 3-5:15-6:15pm NATIONAL - 6:15-7:45pm	2 TAG 1+2+3-5:30-6:30pm STATE-6:30-7:30pm NATIONAL-6:30-8:00pm	3 TAG 1 -5:15-6:15pm STATE - 6:15-7:15pm NATIONAL - 6:15-7:45pm	4 <u>Happy July 4th!</u> NATIONAL - 6:00-7:30am	5 NATIONAL-6:00-7:30am STATE-7:00-8:00am
6 OFF	7 TAG 1+2+3-5:30-6:30pm STATE-6:30-7:30pm NATIONAL-6:30-8:00pm	8 STATE+TAG 3-5:15-6:15pm NATIONAL - 6:15-7:45pm	9 TAG 1+2+3-5:30-6:30pm STATE-6:30-7:30pm NATIONAL-6:30-8:00pm	10 NO PRACTICES CT SR CHAMPS-ALL DAY LONG COURSE MEET QUAL ONLY AT WESLEYAN DETAILS TBA	11 NO PRACTICES CT SR CHAMPS-ALL DAY LONG COURSE MEET QUAL ONLY AT WESLEYAN DETAILS TBA	12 NO PRACTICES CT SR CHAMPS-ALL DAY LONG COURSE MEET QUAL ONLY AT WESLEYAN DETAILS TBA
13 NO PRACTICES CT SR CHAMPS-ALL DAY LONG COURSE MEET QUAL RQD AT WESLEYAN DETAILS TBA	14 TAG 1+2+3-5:30-6:30pm STATE-6:30-7:30pm NATIONAL-6:30-8:00pm	15 STATE+TAG 3-5:15-6:15pm NATIONAL - 6:15-7:45pm	16 TAG 1+2+3-5:30-6:30pm STATE-6:30-7:30pm NATIONAL-6:30-8:00pm	17 TAG 1 -5:15-6:15pm STATE - 6:15-7:15pm NATIONAL - 6:15-7:45pm	18 PRACTICES TBD CT REGIONAL CHAMPS SITE & DETAILS TBA QUAL & SIGNUP REQD	19 PRACTICES TBD CT REGIONAL CHAMPS SITE & DETAILS TBA QUAL & SIGNUP REQD
20 CT REGIONAL CHAMPS SITE & DETAILS TBA QUAL & SIGNUP REQD	21 AGE GROUP QUALIFIERS ONLY-5:30-6:30p NATIONAL-6:30-8:00pm	22 AGE GROUP QUALIFIERS ONLY-5:15-6:15p NATIONAL - 6:15-7:45pm	23-NCSA/INDY AGE GROUP QUALIFIERS ONLY-5:30-6:30p NATIONAL-6:30-8:00pm	24-NCSA/INDY NO PRACTICES CT AGE GROUP CHAMPS LONG COURSE MEET QUAL ONLY AT WESLEYAN DETAILS TBA	25-NCSA/INDY NO PRACTICES CT AGE GROUP CHAMPS LONG COURSE MEET QUAL ONLY AT WESLEYAN DETAILS TBA	26-NCSA/INDY NO PRACTICES CT AGE GROUP CHAMPS LONG COURSE MEET QUAL ONLY AT WESLEYAN DETAILS TBA
27 CT AGE GROUP CHAMPS LONG COURSE MEET QUAL RQD AT WESLEYAN DETAILS TBA	28 ZONE & NATIONAL SWIMMERS ONLY 6:00-7:30pm	29 ZONE & NATIONAL SWIMMERS ONLY 6:00-7:30pm	30 ZONE & NATIONAL SWIMMERS ONLY 6:00-7:30pm	31 ZONE & NATIONAL SWIMMERS ONLY 6:00-7:30pm	Aug 1 ZONE & NATIONAL SWIMMERS ONLY 5:00-6:30pm	Aug 2 ZONE & NATIONAL SWIMMERS ONLY 6:00-7:30am