



BECKERMAN ATHLETIC CENTER

225 Skiff Street, Hamden CT

MASTERS SWIMMING AT HAMDEN HALL AQUATIC CLUB

Team Practice Starts: Wednesday, September 4, 2024 - July 25, 2025

Practice times may be canceled, adjusted, or changed depending on Hamden Hall Country Day Schools and Hamden Hall Aquatic Clubs Swim Meet Schedule and Beckerman Athletic Center master schedule.

FEE STRUCTURE

- Fees **DO NOT** include the required USMS Membership
- Fees **DO NOT** include meet entry fees
- Hamden Hall faculty receive a 20% discount
- Fees will **NOT** be prorated if a swimmer chooses to attend fewer practices per week or less time per practice
- Fees are non-refundable
- **Fees must be paid in full by 1st of each month**

COACHES

Martha Phelan
Jen Lyman
Todd Rainey

MASTERS SWIMMING

The Masters Swim Team at Hamden Hall is the perfect place to come and practice if you're a novice or an elite swimmer. These coached practices are designed to enhance your swimming skills, improve your efficiency, and increase your overall fitness level. Competitions are offered but are optional. Masters swimming is made up of novice swimmers, triathletes, and former college champions. Dive in and join a group of swimmers that share some of the same passions that you have for the sport of swimming.

Team Practices: 2-3 days per week

Days/Time:

Monday -Wednesday-Friday
from 5:30am-8:30am

Cost:

2 times per week - \$75 per month
3 times per week-\$95 per month
Drop-In Fee - \$15 per swim

INFORMATION

For questions, contact:

Jen Lyman

jlyman@hamdenhall.org

Please note the following months we have weekend conflicts:

November 28, 2024
December 22, 2024
December 23-26, 2024
January 1, 2025
February 17, 2025
May 26, 2025
July 4, 2025

