

Welcome to New Fairfield Aquaflyers

Short Course Season
2025/2026



Welcome

Coaches

- Mimi Hyuga
- Richard Welsh
- William Kulp
- Emily Farucci
- Andrew Kulp

Jr. Coaches

- Connor Welsh
- Caroline Shade

Board of Directors

- Megan Knolker (Co-President)
- Melanie Welsh (Co-President)
- Kerynne Mino (Secretary)
- Katja Rivera (Treasurer)
- Brittany Kozlenko (Treasurer in training)
- Kristine Fredrick (Spirit Wear)
- Cleon Dawes (Timing Coordinator)
- Roxana Rotariu (Event Coordinator)

Practices

Group	Mon	Tue	Wed	Thu	Fri	Sat
Minnows	---	5:30 - 6:30 pm	---	5:30 - 6:30 pm	5:30 - 6:30 pm	---
Dolphins	5:30 - 6:30 pm	---	5:30 - 6:30 pm	---	5:30 - 6:30 pm	---
Marlins	6:00 - 7:00 pm	6:00 - 7:00 pm	6:00 - 7:00 pm	6:00 - 7:00 pm	---	---
Sharks	7:00 - 8:30 pm	7:00 - 8:30 pm	7:00 - 8:30 pm	7:00 - 8:30 pm	7:00 - 8:30 pm	7:30 - 9:30 am
Barracudas	6:30 - 8:30 pm	6:30 - 8:30 pm	6:30 - 8:30 pm	6:30 - 8:30 pm	6:30 - 8:30 pm	7:30 - 9:30 am

Practice Expectations

- Swimmers are expected to be at practice on time, ready to swim (swim suit, cap and goggles). The locker rooms are available. Good behavior is expected while in the locker rooms.
- Unsportsmanlike or inappropriate behavior is not permitted.
- No touching or moving other swimmers' belongings.
- Personal belongings must be taken home at the end of the night.

Equipment

.	Minnows	Dolphins	Marlins	Sharks	Barracudas
Team Swim Suit		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Team Swim Cap		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Practice Swim Suit	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Swim Cap	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Goggles	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Swim Fins	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Kick Boards	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Hand Paddles				<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Pull Buoy			<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Bullet Head Snorkel				<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Aquaflyer Team Uniforms & Spiritwear

Metro Swim Shop Spiritwear

Team fitting on 9/25



***** Link for online orders will be posted soon *****

Meet Schedule SC 25/26 (*Tentative*)

Date	Meet Type	Meet Location	Groups
Oct. 24-26	Prelim-Final for 13&O Timed finals for 12&U	Brookfield YMCA, Brookfield CT (RYWC)	All Groups
Nov. 8	Pentathlon	Beckerman Athletic Center, Hamden, CT (HHAC)	Barracudas, Sharks, Marlins
Nov. 22-23	AGQ	Masuk High School, Monroe, CT (RST)	All Groups
Dec. 12-14	Prelim-Final for 13&O Timed finals for 12&U	Hutchinson Natatorium, New Haven, CT (BULL)	Barracudas, Sharks, Marlins
Jan. 16-18	Prelim-Final for 13&O Timed finals for 12&U	Walsh Intermediate School (SYS) *Sleepover Meet	All Groups
Jan. 30	Distance Meet	Shelton Community Pool, CT (RST)	Barracudas, Sharks, Marlins
Feb. 6-8	AGQ	Ethel Walker Pool (OAK)	All Groups
Feb.22	10/U Trophy	Beckerman Athletic Center, Hamden, CT(HHAC)	10/under
Feb.27- Mar 1	Regional Championships	TBD	Qualifiers
Mar. 5-8	Senior Championships	TBD	Qualifiers
Mar. 12-15	Age Group Champ.	TBD	Qualifiers

First Full Team Mini Meet Wednesday, October 15.

How to sign up for a meet or mini-meet

On the website:

www.nfaqua flyer.com

sign into your account

=> UPCOMING EVENTS or
=> Meets/Events

Step by step instructions:

[How to Commit/Sign Up for a Meet/Event | SportsEngine Motion](#)

On the SE Motion APP:



1. sign into your account
2. ≡ => Events&Jobs

Step by step instructions:

[Mobile: How to Sign Up for a Meet | SportsEngine Motion](#)

Important details

1. Deadlines
2. Events: Swimmers can suggest events that they want to compete in. The coaches might encourage a different event. Trust them and challenge yourself.
3. Notes: If only available certain days, make a note when signing up. Example: “no Friday”, “Sat & Sun”, “Sat only”, “only 2 events on Sun”
4. Payment for meet: If committed for a meet, you are financially responsible at the deadline. No exceptions. The team submits the roster and sends payment. The team pays for relays.

Meet Expectations

- Sign up before deadline - not last minute.
- Be at the pool **15 min before** warm up in NFAF team suit and cap.
- Let the coaches know asap if you are running late or not coming. BAND App
- Swimmers must stay with their team as an organized group at all meets.
- Parents are expected to be available for timing.
- You represent our team at the meet - make us proud with your behavior!

Billing

- \$150 at Registration

Group	10/1/25	11/1/25	December - March monthly on the 1st
Minnows	\$275	\$250 + \$30/\$85	Accum. Meet fees
Dolphins	\$275	\$250 + \$30/\$85	Accum. Meet fees
Marlins	\$300	\$300 + \$30/\$85	Accum. Meet fees
Sharks	\$350	\$350 + \$85	Accum. Meet fees
Barracudas	\$350	\$350 + \$85	Accum. Meet fees

- Accumulated meet fees per swimmer (\$12 - \$15 per event/race) will be charged to your account after Nov. 1st for meet entries which have been submitted and have been accepted by host team.

Safe Sport

- NF Aquaflyers are part of USA swim and adhere to Safe Sport program guidelines (multi layered approach to abuse prevention) to **keep swimmers safe**.
 - Training/education, screening and background checks for all staff and board members
 - Mandatory Athlete Protection Training for adult athletes
 - Enforcement of Minor Athlete Abuse Prevention (MAAP) Policy
 - Anti Bullying Policy

Safe Sport

1. Log into USA Swimming Account
(create account for swimmer 13+)

1. Education
2. Course Catalog

4.



Athletes



Parents
/ Volunteers

Parents




**SAFESPORT
PARENT'S
GUIDE
TO MISCONDUCT
IN SPORT**

**Parents Guide to Misconduct
in Sport**
✔ Complete - Passed

This course educates parents on recognizing, responding to, and preventing abuse and misconduct in their child's

[VIEW INFO](#)

Swimmers 13+



**SAFESPORT
FOR YOUTH
ATHLETES**

**SafeSport For Youth Athletes
(13-17)**

This course covers bullying and hazing, supporting friends who have experienced sexual abuse or misconduct,

[VIEW INFO](#)



Photo release opt out

**IF YOU WISH TO OPT OUT OF YOUR SWIMMER HAVING
PHOTO TAKEN- FILL OUT OPT OUT FORM**

Events and Volunteer Opportunities

- End of the season banquet / picnic
- Overnight meet organization / social activities for swimmers
- News Reporter for meets and events to be posted on website or Town Tribune.
- Connecticut Swim Officials. For the New Fairfield Aquaflyers to secure spots at USA Swimming meets, we need certified Connecticut Swim Officials. This is a important role for the competitive swimming community and will require official training and commitment.
- Fundraising – assist with annual Swim-A-Thon, silent auction/raffles at the banquet and other fundraising activities.
- Mini-Meet - Snack Table, Raffles, Ribbons

Communication

- E-mail
- Facebook 
- Band App 



New Fairfield Aquaflyers

Scan this QR code and join!

Questions???