

Update for the week of 9/16/2024

What a **GREAT** start to the season. It was **AWESOME** seeing the veteran swimmers back in the water and so many new faces - a lot of fun. Please make sure you are familiar with our website, especially the practice schedule. It's never fun to be at the wrong pool and always check the changes listed here every week.

SCHEDULE CHANGES FOR THE WEEK

Milford Novice & Juniors will continue to practice with the Shelton/Monroe groups until the Milford YMCA opens.

Tuesday 9/17 - Masuk Juniors are canceled due to a girls home swim meet.

Sunday 9/22 - First Sunday senior practice

****Any practice not listed as changed are on as normal****

PARKAS and MESH BAGS (deadline for this store is 9/18 at noon)

Rapids Swim Team - A3 Performance

This is a quick turnaround so we can get the Parkas by the trip to Vermont in December. We were actually able to extend the deadline that was published last week. There are a few other items in this store that swimmers may find useful. Don't miss out!!!!

SUIT FITTING

Our suit fitting is scheduled for 9/26 at the SCC - stay tuned for more information. We are switching suits and the new suit will fit differently. Our rep recommends coming in to try them on.

More information about our team apparel store from Blanchettes will be coming soon.

Kingfish PINK Pentathlon - This meet is only for our senior swimmers, the deadline to declare for this meet is Monday night the 9/16. A great meet to start our season and see where we are.

NEW PARENT & SEASON KICKOFF ZOOM

Is scheduled for Tuesday 9/17 at 7:30PM - watch for the link from our team president.

MEET SCHEDULE

Our schedule is almost complete and posted. More information in the Tuesday zoom.

RAPIDS SWIM TEAM