

Update for the week of 4/14/2025

**GREAT** first week, it was fantastic to see so many new faces and see all of our returning swimmers. Some of the younger swimmers look so much bigger/older to me after only a couple of weeks. I know a lot of people are away and some of our schools are on spring break but we are running a normal practice schedule this week except for the changes listed below.

## **SCHEDULE CHANGES**

**Friday 4/18** - all practices canceled for Good Friday **Sunday 4/20**: No senior practice - Happy Easter

\*\*\*\*Any practice not listed as changed is on as normal\*\*\*\*

## **NEW PARENT INFORMATION**

Please familiarize yourself with our website, especially the tab with the current season's information. For example our practice schedule can be found <u>HERE</u> under that tab. For scheduling purposes, we will not typically have weekend practices when we have meets.

## SATURDAY PRACTICES

	April 19th	April 26th
Novice	9-10 @ SCC	10-11 @ McCann
Juniors	10-11:30 @ McCann	9-10:30 @ SCC
Seniors	10-12 @ Masuk	10-12 @ Masuk

**SATURDAYS** will be on a rotational basis between our facilities allowing our swimmers and coaches from different facilities to combine, socialize, and align our practices together.



RAPIDS SWIM TEAM