

WEEKLY SPLASH

Update for the week of **4/28/2025**

I hope everyone enjoyed the weekend, what a great Banquet tonight. Huge thank you to Kathy McNeiece for organizing the banquet, Alan Woolmer for the slideshow, Colleen DiNitto and Kylie Guest for the awesome yearbook all the attendees received. Long splash this week, please stay with us until the end.

SCHEDULE CHANGES

Friday May 2nd - Juniors at the SCC are canceled due to function at the SCC.

Saturday May 3rd and Sunday May 4th - all practices are canceled due to the CAC meet.

****Any practice not listed as changed is on as normal****

WHAT TO DO IF YOU'RE SCRATCHING FROM A SWIM MEET?

1. Meet entries become final about 2 weeks prior to a meet. You are responsible for all splash fees once an entry becomes final.
2. Email your Coach, Coach Chuck and Coach Kyle on the email. Coach Kyle handles the timing assignments so if you scratch before the timing assignments come out, you will not receive one.
3. Timing assignments typically come out on Wednesday before the meet. It is YOUR responsibility to find a replacement timer. Coach Kyle includes in the timing assignments how to find a replacement.

WHAT TO DO IF YOU MISSED A MEET DEADLINE

If you missed the deadline for a meet, email Coach Chuck and let him know which meet and which day(s) you would like your swimmer to enter. Watch posted deadlines to know when a meet entry becomes final. Rapids hosted meets become final a couple of days before the meet.

*****Once these deadlines pass, families are responsible for their swimmer's splash fees.

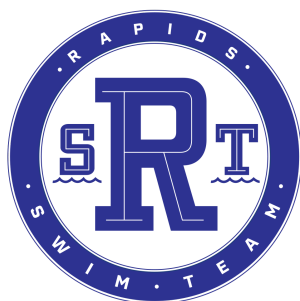
Splash fees are billed monthly and processed automatically through the website with a family's CC that is on file.*****

MEETS

WRAT, WYW 12/U & WHAT meets - final deadline: April 30th

WHAT meet in July is open for declaration - it's a short course meet.

RAPIDS SWIM TEAM



RAPIDS GREAT DUCK PENTATHLON

This meet is re-opened for swimmers to declare - final deadline is Tuesday May 6th.

IN PERSON & ONLINE SUIT FITTING

Metro will be here Thursday May 1st at the Shelton Community Center for an in person team suit order, personalized caps, equipment and limited apparel order. Here is the schedule for our groups:

Novice 5-5:45pm

Juniors 5:45-6:30pm

Seniors 6:30-7:15pm

They will wrap up around 7:30pm.

Now I know how hectic days can be and I understand some families come from other towns or have other commitments so please use these times as a guideline and if you need to come at a different time please do so. They will be in the craft room for the sale.

We will have another apparel order of more T's, sweatshirts... etc. from our local vendor out this week hopefully.

Here is the link for the online store:

<https://metroswimshop.com/pages/team-account?teamid=sheltonmon>

The online store will close May 2nd.

Any questions please send to Debbie Cosme at metroshop@aol.com

Article

The 24 Best Competition Swimming Goggles – Ranked by Performance

RAPIDS SWIM TEAM



Why the weekly Splash Matters

This newsletter is your go-to source for everything related to our team! It's designed to keep all families informed, organized, and connected while reducing the number of emails flooding your inbox.

Here's why it's important:

- **Primary Communication Hub:** The newsletter consolidates key information such as practice and meet changes, upcoming events, and team announcements.
- **Fewer Emails:** By centralizing updates here, we minimize the need for additional emails, keeping your inbox clear.
- **Notable Exceptions:** Separate emails will only be sent for urgent matters, such as:
 - Emergency updates or weather-related practice changes.
 - Meets signup and declaration deadlines The sooner a parent declares, the fewer emails you'll receive.)
 - Direct communication from a primary coach to a specific family regarding swimmer-related matters.

Please make it a habit to review the newsletter regularly to stay updated and informed. Together, we'll keep communication smooth, organized, and effective!

Thank you for being an integral part of our team and staying engaged through this newsletter!



RAPIDS SWIM TEAM