



# WEEKLY SPLASH

Update for the week of **11/11/2024**

The kids swam great and looked like they had a lot of fun and sometimes that's the bottom line. With the Masuk pool issues, computer and scoreboard issues, the meet was still a success. Thank you to one of the state's best meet management staff, group of officials and parent volunteers for their hard work yesterday at the meet. Not one of our easier meets to run for various reasons but like I said, the bottom line is the kids swam fast and seemed to have a blast.

## SCHEDULE CHANGES FOR THE WEEK

**Probably** just don't know how/when yet - stay tuned to social media and check email on Monday for a Masuk pool update. Swimmers in Milford you're good to go this week.

## HOSTING A MEET BENEFITS - 2 BIG ones

1. A huge way to raise funds, keeping our fees the lowest in the area.
2. We can add/remove swimmers easily and without penalty unlike when we attend other teams meets where we get tied into an entry 10-14 days out from the meet. We all live very busy lives and having that flexibility is tremendous.

## PARENT RESPONSIBILITIES

With hosting and even attending meets parents do have responsibilities.

1. We need more officials - certification is not difficult and competitive swimming experience is not needed. Some parents think this is a huge time commitment but it does not need to be. Click [here](#) to view some of the incentives and benefits of being an official with the Rapids. Reach out if interested in finding out more.
2. When you are assigned a position to work and yes at home meets we do require a larger amount of volunteers, it is your responsibility to fill that position or find a replacement. When you scratch, just do not show up or fail to fulfill your work assignment then you are placing other families, coaches and the meet in general in a disadvantageous position. A **HUGE** thank you to the parents who stepped up yesterday to help out when asked. Yesterday we had a few families who did not fulfill their work assignment and did not find a replacement. This almost delayed the start of the meet and is not acceptable. When Coach Kyle sends out the assignments, he always includes how to find a replacement. We will work with any family who approaches us but to just not show up or find a replacement cannot happen.

# RAPIDS SWIM TEAM



### DID YOU KNOW

1. Meet Results once approved by CT Swimming & USA Swimming can be found on our website - in the news section.
2. Weekly Splashes are also posted under the news section of our website.

### MEET NOTES:

- The **Bulldog** preliminary entry is posted. Swimmers can be added or removed without penalty until Monday 11/25.
- Rapids hosted meets are still open for sign up.
- **Santa Classic** is no longer taking new swimmers, sorry if you missed the deadline. The deadline to be removed from the meet without penalty is 11/25.
- I can still add swimmers to the **UVAC** meet until 11/25 but at this point they will not receive free t-shirts.
- Preliminary declaration for the **SYS Winter Classic** in January is today - this is a great meet for all ages.

### Weekly Article

### Recovery Nutrition



# RAPIDS SWIM TEAM