

Update for the week of 12/9/2024

Thank you to everyone who attended tonight's meeting. It was a great turnout with some great dialogue. Anyone who missed it should be on the lookout for a follow up from our team President.

SCHEDULE CHANGES FOR THE WEEK

Saturday 12/14 and Sunday 12/15 all practices are canceled due to the Bulldog Invitational.

BULLDOG MEET

All sessions are being combined into a morning session, exact times are still coming so be on the lookout for exact times but it will be early for all swimmers.

SANTA CLASSIC

Girls session times remain the same. Boys are moved a little later. Boys warm ups are now 1pm. This will allow for less overlap of the sessions, allowing spectators easier access to parking and the facility.

SPECIAL MEET NOTE

I send out meet notes for **EVERY** meet, usually on Wednesday, sometimes Thursday if I get the information late from the host team. If you do not receive meet notes from me you are probably not entered in the meet. Please reach out and don't just show up at a meet.

No article this week instead one of my favorite quotes:

What to do with a mistake: recognize it, admit it, learn from it, forget it.

Dean Smith



RAPIDS SWIM TEAM