



WEEKLY SPLASH

Update for the week of **2/10/2025**

GREAT JOB this weekend Rapids!!!! We hosted a successful meet, weathered a storm and saw some great swims. Thank you to all of our volunteers for helping pull off a successful meet. Lots of information this week, including information on March Championships and another meet added to our schedule.

PARKING NOTE: Please make sure that at all of our facilities parents do not park in Handicap spaces if you do not have a handicap sticker. Families and people who have handicap stickers rely on these spaces and their proximity to a facility.

SCHEDULE CHANGES FOR THE WEEK

Wednesday 2/12: Senior practice at the SCC is canceled, the SCC is closed for Lincoln's Birthday.

***** If a practice is not listed then it is on as scheduled.*****

PRESIDENTS WEEKEND PRACTICE SCHEDULE

	Friday 2/14	Saturday 2/15	Monday 2/17
Novice	OFF	12-1PM @ Masuk	12-1PM @ Masuk
Junior	6-7:30pm @ SCC	10:30-12PM @ Masuk	10:30-12PM @ Masuk
Senior	10:30-12PM @ Masuk	9-11 @ SCC	OFF SCC is closed for Washington's Birthday

ALL MILFORD PRACTICES ARE ON A NORMAL SCHEDULE

REGIONAL CHAMPIONSHIPS ADDED TO SCHEDULE

We are adding CT Regional Championships to our meet schedule. The distance portion of this meet is on Friday the 28th and is a separate meet from the weekend meet. The location for the meet is still TBD, we will be assigned a pool probably around the 21st. The deadline to declare for this meet is 2/16. This is a hard deadline set by CT Swimming.

[Friday qualifiers](#)

[Saturday/Sunday qualifiers](#)

RAPIDS SWIM TEAM



SENIOR CHAMPIONSHIPS

Is open for athletes to sign up. Please only sign up if you have qualified for this meet. Deadline to sign up is 2/20. Athletes can sign up for the events they wish to swim. Talk to Coach Chuck with questions. Qualifiers as of 2/8 (not including our meet this weekend) [click HERE](#)

AGE GROUP CHAMPIONSHIPS

Is open for athlete sign ups. Please only sign up if you have qualified for this meet. Athletes can sign up for the events they wish to swim. Talk to your coach with questions.

The 10/U Age Group deadline is 2/23 and the 11-14 Age Group deadline is 3/3.

10/U qualifiers [click HERE](#) these do not include cuts from our meet yet.

11-14 qualifiers [click HERE](#) these do not include cuts from our meet yet.

MEET DEADLINES to be added or removed

- **WHAT** deadline is 2/20
- **MIT** deadline is 3/6



RAPIDS SWIM TEAM