

Update for the week of 3/3/2025

GREAT JOB Rapids at CT Regionals this weekend. With the start of March we are now fully in the home stretch of what has been a great season so far, let's keep rolling!!!!

SCHEDULE CHANGES

Thursday 3/6: There is a possibility of practice changes, I will update no later than Wednesday evening. Stay tuned.

Friday 3/7 and Saturday 3/8 - All practices canceled due to our many meets.

*** If a practice is not listed then it is on as scheduled.***

SEASON ENDING

The season will end for all swimmers on March 12th. Except for those swimmers competing at Age Groups, MIT, Zones or Sectional meets. Swimmers competing at those meets will end their season with their last meet.

SPRING/SUMMER SEASON

Be on the lookout for all the information on registering for the upcoming season. Complete information will be sent out once everything is finalized.

WHAT MEET

If you scratch, please include Coach Kyle on any emails so you are not assigned to time.

DEADLINE for the MIT meet is 3/6

SAVE THE DATE: April 27th - Rapids Banquet

SLIDESHOW PICTURES:

The slideshow is a swimmer's favorite at the banquet every year, please submit photos and video to this **Dropbox link**.



RAPIDS SWIM TEAM