

Update for the week of 10/28/2024

Quiet this week, short splash.

SCHEDULE CHANGES FOR THE WEEK

Milford Novice & Juniors continue to practice with the Shelton/Monroe groups until the Milford YMCA opens. Hopefully I'll have some good news this week on our Milford facility.

Thursday 10/31 - all practices are canceled for Halloween.

Saturday 11/2 - Juniors & Novice practice at Masuk are canceled for SWC Championships.

****Any practice not listed as changed are on as normal****

MEET NOTES:

- Bulldog and UVAC preliminary entries are posted. Swimmers can be added or removed without penalty until Monday 11/25.
- Rapids hosted meets are still open for sign up.
- Meets have been updated and added for January and February.
- CT Seniors, CT Age Groups and March meets still to come.

Weekly Article

Being a supportive swim parent



RAPIDS SWIM TEAM