



WEEKLY SPLASH

Update for the week of **12/1/2025**

I hope everyone had a great and hopefully relaxing Thanksgiving. One of the great things about Thanksgiving are all the alumni and college swimmers who come in to train as well as the girls back from high school and getting in some great practices - I love a full pool! Attendance was great for the senior groups.

SCHEDULE CHANGES

The SCC remains closed as they work on warming up the pool temperature. There will be no practices at the SCC Monday or Tuesday.

Monday 12/1: Senior & Sr Select will practice from 3:30-4:45 at Masuk, Juniors will start 15 minutes later at 4:45 instead of 4:30 and Novice are unchanged.

Tuesday 12/2: Senior, Sr Select and Novice are canceled at the SCC.

Friday 12/5, Saturday 12/6 and Sunday 12/7 all practices are canceled due to the meet in Vermont (UVAC).

FAMILY/FRIENDS NIGHT OUT (Don't miss out!!)

Get some friends and enjoy a family night out over Christmas break. There will be no practices scheduled that night so go out and have some fun and enjoy a Bridgeport Islanders Hockey Game. Just click the link to order some tickets.

<https://www.gofevo.com/event/Rapidsswim3>

BIG SHOUT OUT

To the families, swimmers and parents who helped update our bulletin boards this fall - they look **GREAT!!**

Thank you to the Gallants, Castillos, Guilmettes and the Pedrayas for their hard work on the boards.

WHAT ARE OPEN EVENTS?

RAPIDS SWIM TEAM



I was asked this question the other day and thought some other people might have the same question. Open events are senior events where the age groups 13/14 and 15/over have been combined. They are intended for 13/over swimmers who could be 13, 17, in college or masters swimmers. They are not intended for 12/unders. A 12/under in an open session will typically not have their coaches, peers or friends with them and is not the ideal competitive environment for them. The exception to this could be a distance meet, like the one we held in November. I hope this helps everyone.



RAPIDS SWIM TEAM