



WEEKLY SPLASH

Update for the week of **12/8/2025**

What a great weekend up in Vermont, I hope everyone got a chance to see the pictures on IG of the fun and festivities. While we had some tremendous swims, the best part is watching friendships form and strengthen. I don't remember many of my swim times from when I was younger, but I remember who all my friends were and the fun times we had. In fact, I'm still friends with them today, life-long friendships formed on the pool deck! Thank you to our officials who stepped up when needed, our timers during a couple of long sessions and the volunteers who helped set up, clean up and handle all of the pizza.

SCHEDULE CHANGES

Saturday 12/13 and Sunday 12/14 all practices are canceled due to 11/over mid season trials/finals meet at Southern.

FAMILY/FRIENDS NIGHT OUT (Don't miss out!!)

Get some friends and enjoy a family night out over Christmas break. There will be no practices scheduled that night so go out and have some fun and enjoy a Bridgeport Islanders Hockey Game. Just click the link to order some tickets.

<https://www.gofevo.com/event/Rapidsswim3>

HUTCH UPDATE/TIME CHANGE

11/12 are now combined with the 13/over prelims sessions, 7:30am warm up for all 11/overs. The meet looks to be over about 12:30/12:45pm. These changes allow finals to also be moved earlier. The new finals warm up is 3:30pm with a 4:30pm start and looking to finish up about 6/6:30pm. If you are an 11/12 and need to scratch Saturday or Sunday because of this time change I need to know by 8pm on Tuesday 12/9. I can also add an 11/12 to the meet if needed. Let me know by Tuesday 12/9 at 8pm.

MEET UPDATE

- We have two deadlines fast approaching. Both the CPAC and SYS meet deadlines are in the next day or two.
- The IMX meet has been updated and I will add hotel information soon.

RAPIDS SWIM TEAM



- Our last two March meets are on the schedule. A swimmers season will typically end with their last March meet.



RAPIDS SWIM TEAM