



WEEKLY SPLASH

Update for the week of **9/9/2025**

GREAT FIRST TWO DAYS RAPIDS. The kids were eager and ready to go. Welcome to all of our new families. This weekly update comes out usually on Sunday night. Please always take a minute to read it.

SPECIAL NOTE: I meant to send this last night but the website went down for maintenance before I could send it - sorry.

SCHEDULE CHANGES

Sunday 9/14 - No senior practice, we'll start Sundays on 9/21.

NEW PARENT REMINDER

Familiarize yourself with our website, especially the tab with the current season's information.



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RAPIDS SWIM TEAM



IMPORTANT INFO

1. In person suit fitting will be on September 19th at the SCC, there will also be an online portal for those who cannot make it.
2. Swim meets will be posted this week along with how to sign up for them.
3. USA Registration - thank you to all of our new swimmers who have already completed this. Remember for all swimmers new to USA Swimming this is mandatory and for all swimmers who have a SWIMS account, the Rapids bulk renew all of our athletes this way. So there is nothing for returning swimmers to do.

[Here is the link to the directions from our website.](#)

WHY THE WEEKLY SPLASH MATTERS

This newsletter is your go-to source for everything related to our team! It's designed to keep all families informed, organized, and connected while reducing the number of emails flooding your inbox.

Here's why it's important:

- Primary Communication Hub: The newsletter consolidates key information such as practice and meet changes, upcoming events, and team announcements.
- Fewer Emails: By centralizing updates here, we minimize the need for additional emails, keeping your inbox clear.
- Notable Exceptions: Separate emails will only be sent for urgent matters, such as:
 - Emergency updates or weather-related practice changes. Keep an eye on our social media as well.
 - Meet notes for those swimmers attending a certain meet.
 - Direct communication from a primary coach to a specific family regarding swimmer-related matters.

Please make it a habit to review the newsletter regularly to stay updated and informed. Together, we'll keep communication smooth, organized, and effective!

Thank you for being an integral part of our team and staying engaged through this newsletter!

RAPIDS SWIM TEAM



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